

VI Gorzowski Bieg Wielkanocny

Wyniki OPEN Gorzów Wielkopolski 2019-04-13



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|---------------------|------------------------|----------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 1. | 188 | Łangowski Mateusz | Chroościk | Ivolt Team | 1976 | M40 | gen. | 1. | 0:09:25 | 0:18:20 | 03:40 | 0:18:20 |
| 2. | 77 | Pikuła Sebastian | Gorzów Wielkopolski | | 1982 | M30 | gen. | 2. | 0:09:24 | 0:18:25 | 03:41 | 0:18:24 |
| 3. | 269 | Bek Jakub | Barlinek | | 1990 | M20 | gen. | 3. | 0:09:24 | 0:18:51 | 03:46 | 0:18:49 |
| 4. | 266 | Helak Karol | Krzyż Wlkp | | 1973 | M40 | 1 | 4. | 0:09:28 | 0:18:58 | 03:47 | 0:18:58 |
| 5. | 170 | Paplicki Michał | Gorzów Wlkp | DZIKIE DZIKI GORZÓW | 1982 | M30 | 1 | 5. | 0:09:24 | 0:19:03 | 03:48 | 0:19:03 |
| 6. | 126 | Janiec Wojciech | Gorzów Wielkopolski | | 2001 | M20 | 1 | 6. | 0:09:45 | 0:19:14 | 03:50 | 0:19:13 |
| 7. | 181 | Szymanski Wojciech | Kłodawa | | 1980 | M30 | 2 | 7. | 0:09:30 | 0:19:14 | 03:50 | 0:19:13 |
| 8. | 89 | Przybysz Rafał | GORZÓW | | 1969 | M50+ | 1 | 8. | 0:09:43 | 0:19:36 | 03:55 | 0:19:36 |
| 9. | 87 | Sajdłowski Dariusz | Strzelce Krajeńskie | | 1975 | M40 | 2 | 9. | 0:09:31 | 0:19:41 | 03:56 | 0:19:39 |
| 10. | 211 | Piczak Łukasz | Przynotecko | FSD RUN DREZDENKO | 1992 | M20 | 2 | 10. | 0:09:38 | 0:19:44 | 03:56 | 0:19:43 |
| 11. | 177 | Dzięcioł Dawid | Barlinek | BBL BARLINEK | 2002 | M20 | 3 | 11. | 0:09:59 | 0:20:02 | 04:00 | 0:20:01 |
| 12. | 31 | Bartosik Przemysław | Barlinek | HRmax Barlinek | 1976 | M40 | 3 | 12. | 0:09:58 | 0:20:07 | 04:01 | 0:20:05 |
| 13. | 149 | Karski Paweł | Chwałęcice | | 1978 | M40 | 4 | 13. | 0:09:58 | 0:20:11 | 04:02 | 0:20:11 |
| 14. | 112 | Prüfer Paweł | Kosieczyn | | 1972 | M40 | 5 | 14. | 0:09:52 | 0:20:11 | 04:02 | 0:20:06 |
| 15. | 61 | Sawicki Bartosz | Gorzów Wielkopolski | DZIKIE DZIKI GORZÓW | 1991 | M20 | 4 | 15. | 0:10:00 | 0:20:14 | 04:02 | 0:20:13 |
| 16. | 252 | Zabagło Leszek | Gorzów Wlkp | BBL Gorzów | 1966 | M50+ | 2 | 16. | 0:10:02 | 0:20:24 | 04:04 | 0:20:24 |
| 17. | 187 | Zaleski Tomasz | M. Gorzów Wielkopolski | | 1987 | M30 | 3 | 17. | 0:09:59 | 0:20:38 | 04:07 | 0:20:38 |
| 18. | 108 | Smycz Grzegorz | Kostrzyn nad Odrą | Smyki biegają | 1980 | M30 | 4 | 18. | 0:10:13 | 0:20:43 | 04:08 | 0:20:41 |
| 19. | 274 | Olinuk Artur | Osno Lubuskie | | 1998 | M20 | 5 | 19. | 0:09:47 | 0:21:08 | 04:13 | 0:21:08 |
| 20. | 20 | Żywicki Czesław | Rzepin | Team Kopeć/Rzepin | 1969 | M50+ | 3 | 20. | 0:10:23 | 0:21:18 | 04:15 | 0:21:16 |
| 21. | 101 | Skatecki Przemysław | Gorzów Wielkopolski | Wierzbicki Running Project | 1983 | M30 | 5 | 21. | 0:10:38 | 0:21:24 | 04:16 | 0:21:22 |
| 22. | 139 | Balcerzak Sławomir | Ośno Lubuskke | | 1975 | M40 | 6 | 22. | 0:10:26 | 0:21:38 | 04:19 | 0:21:36 |
| 23. | 93 | Jackowski Daniel | Międzyrzecz | Maszynka team | 1989 | M30 | 6 | 23. | 0:10:33 | 0:21:41 | 04:20 | 0:21:37 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|-----------------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 24. | 268 | Nowak Jakub | Bronowice | | 2003 | M20 | 6 | 24. | 0:11:11 | 0:21:44 | 04:20 | 0:21:38 |
| 25. | 194 | Kwiatkowski Łukasz | Gorzów Wielkopolski | | 1984 | M30 | 7 | 25. | 0:10:34 | 0:21:53 | 04:22 | 0:21:49 |
| 26. | 220 | Woźniak Daniel | Gorzów Wlkp. | | 1978 | M40 | 7 | 26. | 0:11:03 | 0:21:56 | 04:23 | 0:21:54 |
| 27. | 176 | Dzięcioł Piotr | Barlinek | BBL BARLINEK | 1971 | M40 | 8 | 27. | 0:10:50 | 0:21:59 | 04:23 | 0:21:57 |
| 28. | 138 | Stachnik Sabina | Barlinek | BBL BARLINEK | 1975 | K40 | gen. | 1. | 0:11:05 | 0:22:08 | 04:25 | 0:22:06 |
| 29. | 212 | Piczak Mateusz | Przynotecko | FSD RUN DREZDENKO | 1999 | M20 | 7 | 28. | 0:11:11 | 0:22:13 | 04:26 | 0:22:06 |
| 30. | 209 | Fieńko Katarzyna | Pełczyce | KaDarki | 1989 | K30 | gen. | 2. | 0:11:07 | 0:22:30 | 04:30 | 0:22:30 |
| 31. | 210 | Fieńko Dariusz | Pełczyce | | 1985 | M30 | 8 | 29. | 0:11:16 | 0:22:36 | 04:31 | 0:22:35 |
| 32. | 235 | Świątkowska Joanna | Gorzów Wlkp. | BBL GORZÓW WLKP. | 1985 | K30 | gen. | 3. | 0:11:00 | 0:22:38 | 04:31 | 0:22:37 |
| 33. | 273 | Cycoń Magdalena | Gorzów Wlkp | | 1988 | K30 | 1 | 4. | 0:11:30 | 0:22:40 | 04:32 | 0:22:36 |
| 34. | 224 | Wojciechowski Robert | Strzelce Krajeńskie | | 1989 | M30 | 9 | 30. | 0:11:27 | 0:22:47 | 04:33 | 0:22:38 |
| 35. | 44 | kwaśnik mariusz | gorzów wlkp. | | 1978 | M40 | 9 | 31. | 0:11:54 | 0:22:48 | 04:33 | 0:22:43 |
| 36. | 48 | Wojtysiak Adam | Gorzów Wlkp. | Mistrzowskie Rowery Lech Piasecki | 1969 | M50+ | 4 | 32. | 0:11:31 | 0:22:58 | 04:35 | 0:22:47 |
| 37. | 228 | CINKA Maciej | Gorzów Wielkopolski | | 1986 | M30 | 10 | 33. | 0:11:24 | 0:23:00 | 04:35 | 0:22:48 |
| 38. | 175 | Walentyłowicz Monika | Gorzów Wlkp. | Gorzowskie Bieganie Czwartkowe | 1981 | K30 | 2 | 5. | 0:11:06 | 0:23:11 | 04:38 | 0:23:10 |
| 39. | 207 | Działek Czesław | Stare Polichno | DZIKIE DZIKI GORZÓW | 1975 | M40 | 10 | 34. | 0:11:31 | 0:23:11 | 04:38 | 0:23:01 |
| 40. | 128 | Kalicki Rafał | Gorzów Wielkopolski | BBL Gorzów Wlkp | 1974 | M40 | 11 | 35. | 0:11:26 | 0:23:11 | 04:38 | 0:23:05 |
| 41. | 3 | Żminkowski JAROSŁAW | Gorzów wlkp. | Zawarcie | 1969 | M50+ | 5 | 36. | 0:11:28 | 0:23:13 | 04:38 | 0:23:07 |
| 42. | 259 | Wpali Mariusz | Międzyrzecz | | 1983 | M30 | 11 | 37. | 0:12:01 | 0:23:15 | 04:38 | 0:23:00 |
| 43. | 34 | Kohler Marcel | Gorzow Wlkp | | 2001 | M20 | 8 | 38. | 0:11:25 | 0:23:17 | 04:39 | 0:23:14 |
| 44. | 64 | Ciepliński Radosław | Osiedle Poznańskie | | 1974 | M40 | 12 | 39. | 0:11:41 | 0:23:21 | 04:40 | 0:23:13 |
| 45. | 116 | Tomasz Dariusz | Barlinek | BBL BARLINEK | 1962 | M50+ | 6 | 40. | 0:11:37 | 0:23:22 | 04:40 | 0:23:19 |
| 46. | 183 | Kunik Iwona | Gorzów Wielkopolski | DZIKIE DZIKI GORZÓW | 1987 | K30 | 3 | 6. | 0:11:31 | 0:23:26 | 04:41 | 0:23:25 |
| 47. | 184 | Kunik Artur | Gorzów Wlkp. | | 1976 | M40 | 13 | 41. | 0:11:30 | 0:23:26 | 04:41 | 0:23:26 |
| 48. | 92 | Radys Paulina | Międzyrzecz | Paulinka -maszynka team | 1990 | K20 | 1 | 7. | 0:11:38 | 0:23:27 | 04:41 | 0:23:24 |
| 49. | 242 | Szewczyk Łukasz | Zbąszynek | | 1986 | M30 | 12 | 42. | 0:11:30 | 0:23:36 | 04:43 | 0:23:32 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|------------------------|---------------------|-----------------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 50. | 66 | Smycz Mariusz | Kostrzyn nad Odrą | | 1981 | M30 | 13 | 43. | 0:11:38 | 0:23:38 | 04:43 | 0:23:35 |
| 51. | 52 | Baran Patryk | Witnica | Rozbiegajmy Witnicę | 1994 | M20 | 9 | 44. | 0:11:49 | 0:23:43 | 04:44 | 0:23:36 |
| 52. | 189 | Skowron Mateusz | Gorzów Wielkopolski | | 1997 | M20 | 10 | 45. | 0:11:29 | 0:23:45 | 04:45 | 0:23:42 |
| 53. | 202 | Kaczmarek Jan | Mieszkowice | Kaczmarek Team | 1947 | M50+ | 7 | 46. | 0:11:51 | 0:23:46 | 04:45 | 0:23:43 |
| 54. | 185 | Napieralski Krzysztof | Gorzów Wielkopolski | | 1982 | M30 | 14 | 47. | 0:11:39 | 0:23:46 | 04:45 | 0:23:45 |
| 55. | 239 | Markiewicz Mariusz | Karnin | | 1975 | M40 | 14 | 48. | 0:11:39 | 0:23:50 | 04:46 | 0:23:48 |
| 56. | 191 | Dettoma Małgorzata | GORZÓW | Mistrzowskie Rowery Lech Piasecki | 1983 | K30 | 4 | 8. | 0:11:46 | 0:23:56 | 04:47 | 0:23:55 |
| 57. | 129 | BILAS JAROSŁAW | BARLINEK | BBL BARLINEK | 1974 | M40 | 15 | 49. | 0:11:56 | 0:24:02 | 04:48 | 0:23:52 |
| 58. | 226 | Rosiński Marcin | Sulęcín | Biegające Roski | 1979 | M40 | 16 | 50. | 0:11:50 | 0:24:03 | 04:48 | 0:23:49 |
| 59. | 50 | JELENIOWSKA BARBARA | GORZÓW WLKP. | | 1981 | K30 | 5 | 9. | 0:11:47 | 0:24:04 | 04:48 | 0:24:03 |
| 60. | 47 | Bartosz Marcin | Barlinek | KRAJ-ZEGA BARLINEK | 1977 | M40 | 17 | 51. | 0:12:04 | 0:24:06 | 04:49 | 0:24:02 |
| 61. | 162 | Czerniawski Lech | Gorzów Wielkopolski | Biegamy na wszelki wypadek | 1989 | M30 | 15 | 52. | 0:11:57 | 0:24:09 | 04:49 | 0:24:06 |
| 62. | 147 | Kozłowska Dagmara | Kostrzyn nad Odrą | WF Kostrzyn | 1991 | K20 | 2 | 10. | 0:11:33 | 0:24:11 | 04:50 | 0:24:11 |
| 63. | 62 | Żmija Liliana | Zwierzyn | FSD SPORT Strzelce Krajeńskie | 1990 | K20 | 3 | 11. | 0:12:00 | 0:24:16 | 04:51 | 0:24:10 |
| 64. | 39 | Nowak Karolina | Rychnów | | 1984 | K30 | 6 | 12. | 0:12:02 | 0:24:17 | 04:51 | 0:24:13 |
| 65. | 243 | Ćwirko-Gross Agnieszka | Kłodawa | DZIKIE DZIKI GORZÓW | 1977 | K40 | 1 | 13. | 0:12:03 | 0:24:19 | 04:51 | 0:24:11 |
| 66. | 193 | Padjasek Jakub | Barlinek | | 2007 | M20 | 11 | 53. | 0:12:02 | 0:24:21 | 04:52 | 0:24:19 |
| 67. | 159 | Nowak Anna | Gorzow Wielkopolski | | 1987 | K30 | 7 | 14. | 0:12:15 | 0:24:28 | 04:53 | 0:24:20 |
| 68. | 45 | Myszczynski Jakub | Skwierzyna | | 1993 | M20 | 12 | 54. | 0:11:51 | 0:24:32 | 04:54 | 0:24:22 |
| 69. | 179 | Augustyniak Bartosz | Gorzów Wlkp. | Wierzbiński Running Project | 1992 | M20 | 13 | 55. | 0:12:09 | 0:24:32 | 04:54 | 0:24:28 |
| 70. | 51 | Masewicz Grzegorz | Gorzów Wlkp. | KB Zofanna Gorzów Wlkp. | 1980 | M30 | 16 | 56. | 0:12:00 | 0:24:33 | 04:54 | 0:24:33 |
| 71. | 54 | Klaus Rafał | Gorzów Wlkp. | | 1962 | M50+ | 8 | 57. | 0:11:57 | 0:24:35 | 04:55 | 0:24:31 |
| 72. | 56 | Górnjak Tomasz | Strzelce Krajeńskie | | 1973 | M40 | 18 | 58. | 0:12:09 | 0:24:38 | 04:55 | 0:24:34 |
| 73. | 27 | Górecki Filip | Gorzów Wlkp. | | 1986 | M30 | 17 | 59. | 0:12:08 | 0:24:40 | 04:56 | 0:24:35 |
| 74. | 103 | Szmytkiewicz Krzysztof | Gorzów Wlkp. | KS Team Baryła Gorzów | 1983 | M30 | 18 | 60. | 0:12:05 | 0:24:40 | 04:56 | 0:24:39 |
| 75. | 33 | Lisowski Tadeusz | Gorzow Wlkp | | 1961 | M50+ | 9 | 61. | 0:12:03 | 0:24:41 | 04:56 | 0:24:39 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|-----------------------|---------------------|---|--------|------|---------|---------|---------|----------------|--------------|------------|
| 76. | 102 | Szmytkiewicz Debora | Gorzów Wlkp. | KS Team Baryła Gorzów | 2007 | K20 | 4 | 15. | 0:12:05 | 0:24:41 | 04:56 | 0:24:39 |
| 77. | 169 | Paplicka Katarzyna | Gorzow Wlkp | DZIKIE DZIKI GORZÓW | 1982 | K30 | 8 | 16. | 0:12:03 | 0:24:50 | 04:58 | 0:24:42 |
| 78. | 172 | Skowron Kuba | Gorzow Wlkp | | 2005 | M20 | 14 | 62. | 0:11:31 | 0:24:56 | 04:59 | 0:24:53 |
| 79. | 84 | Byczek-Pawlak Izabela | Kostrzyn nad Odrą | | 1981 | K30 | 9 | 17. | 0:12:34 | 0:25:00 | 05:00 | 0:24:56 |
| 80. | 123 | Turczyk Marcin | Pełczyce | | 1984 | M30 | 19 | 63. | 0:12:12 | 0:25:06 | 05:01 | 0:25:06 |
| 81. | 217 | Łentek Wiesław | Barlinek | | 1963 | M50+ | 10 | 64. | 0:12:04 | 0:25:11 | 05:02 | 0:25:05 |
| 82. | 40 | Łukomska MARIOLA | Barlinek | | 1981 | K30 | 10 | 18. | 0:12:21 | 0:25:13 | 05:02 | 0:25:06 |
| 83. | 178 | Sacharczuk Andrzej | Drezdenko | | 1969 | M50+ | 11 | 65. | 0:12:34 | 0:25:14 | 05:02 | 0:25:10 |
| 84. | 90 | Adamiok Piotr | Barlinek | BBL BARLINEK | 1962 | M50+ | 12 | 66. | 0:12:40 | 0:25:17 | 05:03 | 0:25:07 |
| 85. | 265 | Dolling Jorg | Niedrgorschurf | | 1960 | M50+ | 13 | 67. | 0:12:26 | 0:25:18 | 05:03 | 0:25:15 |
| 86. | 15 | Jałowski Marcin | Gorzów Wielkopolski | Biegam Bo Lubię - Gorzów Wielkopolski i | 1983 | M30 | 20 | 68. | 0:12:18 | 0:25:18 | 05:03 | 0:25:15 |
| 87. | 46 | Dupla Karol | Barlinek | KRAJ-ZEGA BARLINEK | 1979 | M40 | 19 | 69. | 0:12:37 | 0:25:25 | 05:05 | 0:25:05 |
| 88. | 42 | Gniewczyński-Owczarek | Strzelce Krajeńskie | Zmęczeni na Starcie Dobiegniew | 1981 | M30 | 21 | 70. | 0:13:11 | 0:25:27 | 05:05 | 0:25:14 |
| 89. | 78 | BRZYKCY Zbigniew | skwierzyna | | 1958 | M50+ | 14 | 71. | 0:12:14 | 0:25:29 | 05:05 | 0:25:27 |
| 90. | 267 | Urbaniak Marzena | Strzelce Krajeńskie | | 2003 | K20 | 5 | 19. | 0:12:21 | 0:25:32 | 05:06 | 0:25:25 |
| 91. | 113 | Cierach Tobiasz | Szczecin | | 1987 | M30 | 22 | 72. | 0:12:29 | 0:25:36 | 05:07 | 0:25:27 |
| 92. | 150 | Bracik Jarosław | Gorzów Wielkopolski | | 1978 | M40 | 20 | 73. | 0:12:28 | 0:25:42 | 05:08 | 0:25:39 |
| 93. | 58 | Gaweł Mikołaj | Barlinek | | 1965 | M50+ | 15 | 74. | 0:12:40 | 0:25:44 | 05:08 | 0:25:26 |
| 94. | 152 | Bobińska Maria | Barlinek | | 1971 | K40 | 2 | 20. | 0:12:43 | 0:25:47 | 05:09 | 0:25:40 |
| 95. | 8 | Pietrzak Krzysztof | Gorzów Wielkopolski | BiegamBoLubię - Gorzów | 1987 | M30 | 23 | 75. | 0:12:36 | 0:25:49 | 05:09 | 0:25:41 |
| 96. | 255 | Mutusiek Marta | Gorzów Wlkp | | 1985 | K30 | 11 | 21. | 0:13:03 | 0:25:52 | 05:10 | 0:25:46 |
| 97. | 261 | Laskowski Wiktor | Gorzów Wlkp | | 2006 | M20 | 15 | 76. | 0:12:33 | 0:25:52 | 05:10 | 0:25:40 |
| 98. | 195 | Wesołowski Karol | Santocko | BBL Gorzów | 1980 | M30 | 24 | 77. | 0:13:17 | 0:25:52 | 05:10 | 0:25:42 |
| 99. | 21 | Marzec Karolina | Deszczno | DZIKIE DZIKI GORZÓW | 1979 | K40 | 3 | 22. | 0:12:42 | 0:25:54 | 05:10 | 0:25:52 |
| 100. | 36 | Okonek Kazimierz | Gorzów Wlkp. | | 1949 | M50+ | 16 | 78. | 0:12:38 | 0:25:56 | 05:11 | 0:25:44 |
| 101. | 98 | Małodobry Krzysztof | Barlinek | | 1966 | M50+ | 17 | 79. | 0:12:49 | 0:25:58 | 05:11 | 0:25:52 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|------------------------|---------------------|------------------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 102. | 29 | Kantarski Marcin | Gorzów Wielkopolski | | 1977 | M40 | 21 | 80. | 0:13:04 | 0:26:03 | 05:12 | 0:25:54 |
| 103. | 192 | Padjasek Sławomir | Barlinek | | 1976 | M40 | 22 | 81. | 0:12:44 | 0:26:10 | 05:14 | 0:26:09 |
| 104. | 236 | Czupczyński Łukasz | Gorzów Wielkopolski | | 1984 | M30 | 25 | 82. | 0:12:52 | 0:26:20 | 05:16 | 0:26:02 |
| 105. | 6 | Pituła Waldemar | Gorzów Wielkopolski | | 1975 | M40 | 23 | 83. | 0:13:41 | 0:26:25 | 05:17 | 0:26:24 |
| 106. | 1 | Rzepecki Patryk | Gorzów Wlkp | | 1980 | M30 | 26 | 84. | 0:13:11 | 0:26:28 | 05:17 | 0:26:23 |
| 107. | 151 | Bracik Justyna | Gorzów Wielkopolski | | 1982 | K30 | 12 | 23. | 0:12:28 | 0:26:30 | 05:18 | 0:26:28 |
| 108. | 65 | Saniuk Patrycja | Gorzów Wielkopolski | | 1985 | K30 | 13 | 24. | 0:13:41 | 0:26:35 | 05:19 | 0:26:33 |
| 109. | 37 | Wojtyś Przemysław | Gorzów Wielkopolski | Biegam Zbieram Pomagam - ENEA Team | 1982 | M30 | 27 | 85. | 0:13:05 | 0:26:38 | 05:19 | 0:26:26 |
| 110. | 72 | Łojkowska Paulina | Gorzów Wielkopolski | KDK Fitness | 1984 | K30 | 14 | 25. | 0:13:07 | 0:26:45 | 05:21 | 0:26:37 |
| 111. | 271 | Mądry Bartłomiej | Gorzów Wlkp | | 1978 | M40 | 24 | 86. | 0:13:33 | 0:26:47 | 05:21 | 0:26:38 |
| 112. | 125 | Świerzko Artur | Gorzów Wielkopolski | BBL Gorzów | 1975 | M40 | 25 | 87. | 0:13:34 | 0:26:47 | 05:21 | 0:26:38 |
| 113. | 131 | Pełech Krzysztof | Gorzów | | 1979 | M40 | 26 | 88. | 0:13:36 | 0:26:47 | 05:21 | 0:26:41 |
| 114. | 135 | Kupisz Joanna | Gorzów Wielkopolski | Running Princess | 1982 | K30 | 15 | 26. | 0:13:37 | 0:26:48 | 05:21 | 0:26:42 |
| 115. | 143 | Andruszków Marek | Skwierzyna | KM PSP Gorzów Wlkp. | 1986 | M30 | 28 | 89. | 0:13:31 | 0:26:48 | 05:21 | 0:26:36 |
| 116. | 23 | Bukowski Przemysław | Gorzów Wielkopolski | | 1981 | M30 | 29 | 90. | 0:12:23 | 0:26:49 | 05:21 | 0:26:46 |
| 117. | 216 | Łentek Bożena | Barlinek | | 1962 | K50+ | 1 | 27. | 0:13:22 | 0:26:50 | 05:22 | 0:26:44 |
| 118. | 171 | Kolej Monika | Gorzów Wlkp | DZIKIE DZIKI GORZÓW | 1976 | M40 | 27 | 91. | 0:13:18 | 0:26:52 | 05:22 | 0:26:51 |
| 119. | 270 | Śliwińska Urszula | Gorzów Wlkp | | 1981 | K30 | 16 | 28. | 0:12:55 | 0:26:53 | 05:22 | 0:26:40 |
| 120. | 141 | Sitek Piotr | Gorzów Wlkp. | | 1978 | M40 | 28 | 92. | 0:13:26 | 0:26:58 | 05:23 | 0:26:50 |
| 121. | 180 | Augustyniak Małgorzata | Gorzów Wlkp. | Wierzbicki Running Project | 1994 | K20 | 6 | 29. | 0:13:42 | 0:27:01 | 05:24 | 0:26:56 |
| 122. | 253 | Gawron Maja | Gorzów Wlkp | | 1994 | K20 | 7 | 30. | 0:12:38 | 0:27:01 | 05:24 | 0:26:54 |
| 123. | 244 | Bartczak Justyna | Trzcinna | Total Fitness | 1979 | K40 | 4 | 31. | 0:13:24 | 0:27:26 | 05:29 | 0:27:20 |
| 124. | 214 | CHOJNACKI TOMASZ | NOWINY WIELKIE | | 1981 | M30 | 30 | 93. | 0:13:39 | 0:27:27 | 05:29 | 0:27:22 |
| 125. | 213 | CHOJNACKA IWONA | NOWINY WIELKIE | | 1984 | K30 | 17 | 32. | 0:13:38 | 0:27:27 | 05:29 | 0:27:21 |
| 126. | 160 | Najdora Paweł | Gorzów Wlkp. | Rowerowy Gorzów | 1992 | M20 | 16 | 94. | 0:13:28 | 0:27:34 | 05:30 | 0:27:20 |
| 127. | 119 | Kozłowski Tomasz | Jenin | | 1982 | M30 | 31 | 95. | 0:14:08 | 0:27:41 | 05:32 | 0:27:26 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|-------------|-------------|-----------------------|------------------------|-----------------------------------|-----------|-----|------------|------------|---------|----------------|-----------------|---------------|
| 128. | 199 | Gandecka Beata | Międzyrzecz | zalatane.mcz | 1974 | K40 | 5 | 33. | 0:13:34 | 0:27:44 | 05:32 | 0:27:33 |
| 129. | 73 | Olejniczak Robert | Gorzów Wielkopolski | OLO-MED | 1978 | M40 | 29 | 96. | 0:14:19 | 0:27:47 | 05:33 | 0:27:38 |
| 130. | 81 | FIGURA EWA | GORZÓW WLKP. | | 2007 | K20 | 8 | 34. | 0:14:19 | 0:27:47 | 05:33 | 0:27:38 |
| 131. | 80 | FIGURA TOMASZ | GORZÓW WLKP. | | 1979 | M40 | 30 | 97. | 0:14:19 | 0:27:48 | 05:33 | 0:27:39 |
| 132. | 124 | Turczyk Marta | Pelczyce | | 1987 | K30 | 18 | 35. | 0:13:39 | 0:27:52 | 05:34 | 0:27:52 |
| 133. | 109 | Szkwarek Anna | Gorzów Wielkopolski | | 1976 | K40 | 6 | 36. | 0:13:57 | 0:27:54 | 05:34 | 0:27:46 |
| 134. | 57 | Gaweł Magdalena | Barlinek | BBL BARLINEK | 1977 | K40 | 7 | 37. | 0:14:07 | 0:27:55 | 05:35 | 0:27:45 |
| 135. | 156 | Łażewska Sylwia | Chwałęcice | | 1976 | K40 | 8 | 38. | 0:13:57 | 0:27:59 | 05:35 | 0:27:51 |
| 136. | 186 | Zaleska Monika | M. Gorzów Wielkopolski | | 1987 | K30 | 19 | 39. | 0:14:06 | 0:28:00 | 05:36 | 0:27:50 |
| 137. | 30 | BARTOSIK OLIWIER | BARLINEK | BBL BARLINEK | 2004 | M20 | 17 | 98. | 0:13:57 | 0:28:04 | 05:36 | 0:27:55 |
| 138. | 79 | Zwoliński Jarosław | Gorzów Wielkopolski | KOZARYN ACTIVE TRUCKERS | 1971 | M40 | 31 | 99. | 0:13:40 | 0:28:05 | 05:37 | 0:28:01 |
| 139. | 229 | Wiśniewski Tomasz | Gorzów Wielkopolski | KOZARYN ACTIVE TRUCKERS | 1976 | M40 | 32 | 100. | 0:13:41 | 0:28:06 | 05:37 | 0:28:03 |
| 140. | 219 | Gałązka Jarosław | Deszczno | | 1975 | M40 | 33 | 101. | 0:14:08 | 0:28:07 | 05:37 | 0:27:52 |
| 141. | 88 | Sadowski Radosław | Gorzów Wlkp. | KOZARYN ACTIVE TRUCKERS | 1976 | M40 | 34 | 102. | 0:13:41 | 0:28:10 | 05:38 | 0:28:06 |
| 142. | 12 | Turek Piotr | Gorzów | | 1979 | M40 | 35 | 103. | 0:13:40 | 0:28:11 | 05:38 | 0:28:06 |
| 143. | 222 | Masłowski Marcin | GORZÓW WLKP | parkrun Gorzów | 1976 | M40 | 36 | 104. | 0:14:06 | 0:28:14 | 05:38 | 0:28:08 |
| 144. | 263 | Kołączyńska Katarzyna | Gorzów Wlkp | | 1996 | K20 | 9 | 40. | 0:13:59 | 0:28:17 | 05:39 | 0:28:10 |
| 145. | 234 | LUTOSTAŃSKI ADAM | BOBOWICKO | | 1988 | M30 | 32 | 105. | 0:13:52 | 0:28:19 | 05:39 | 0:28:03 |
| 146. | 223 | Masłowska Magdalena | GORZÓW WLKP | Kawy Świata Gorzów | 1975 | K40 | 9 | 41. | 0:14:06 | 0:28:20 | 05:40 | 0:28:15 |
| 147. | 71 | Korczyc Grzegorz | Gorzów Wielkopolski | | 1982 | M30 | 33 | 106. | 0:14:06 | 0:28:25 | 05:41 | 0:28:17 |
| 148. | 38 | Krzyżański Daniel | Wolsztyn | | 1979 | M40 | 37 | 107. | 0:13:52 | 0:28:36 | 05:43 | 0:28:23 |
| 149. | 18 | Delijewska Ewa | Gorzów Wlkp. | | 1982 | K30 | 20 | 42. | 0:14:00 | 0:28:37 | 05:43 | 0:28:24 |
| 150. | 13 | Hlib Magdalena | Gorzów Wlkp. | | 1987 | K30 | 21 | 43. | 0:14:00 | 0:28:37 | 05:43 | 0:28:25 |
| 151. | 133 | Señ Leszek | Gorzów Wlkp. | Mistrzowskie Rowery Lech Piasecki | 1981 | M30 | 34 | 108. | 0:14:13 | 0:28:39 | 05:43 | 0:28:29 |
| 152. | 107 | Bagińska Ewelina | Górzycza | | 1989 | K30 | 22 | 44. | 0:13:47 | 0:28:44 | 05:44 | 0:28:29 |
| 153. | 49 | Ordon Izabela | Gorzów Wlkp | | 1978 | K40 | 10 | 45. | 0:14:08 | 0:29:04 | 05:48 | 0:28:59 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|-------------|-------------|------------------------|---------------------|--------------------------|-----------|------|------------|------------|---------|----------------|-----------------|---------------|
| 154. | 142 | Mazur Ania | Gorzów Wielkopolski | | 1994 | K20 | 10 | 46. | 0:14:01 | 0:29:07 | 05:49 | 0:29:04 |
| 155. | 122 | Smolik Marian | Gorzów Wlkp | Weterynaria - Manhattan | 1955 | M50+ | 18 | 109. | 0:14:06 | 0:29:09 | 05:49 | 0:29:01 |
| 156. | 74 | Lemieszek Mikołaj | Gorzów Wlkp. | | 2003 | M20 | 18 | 110. | 0:14:23 | 0:29:10 | 05:50 | 0:29:05 |
| 157. | 148 | Kruszakin Mariusz | Krzeszyce | | 1991 | M20 | 19 | 111. | 0:13:51 | 0:29:18 | 05:51 | 0:29:00 |
| 158. | 238 | Nauman Mariola | Gorzów Wlkp. | | 1976 | K40 | 11 | 47. | 0:14:21 | 0:29:23 | 05:52 | 0:29:15 |
| 159. | 95 | Cwojdziński Filip | Gorzów Wlkp | Puszkina Biega | 2000 | M20 | 20 | 112. | 0:13:49 | 0:29:29 | 05:53 | 0:29:23 |
| 160. | 272 | Plutowska Natalia | Nowiny Wielkie | | 2000 | K20 | 11 | 48. | 0:13:29 | 0:29:32 | 05:54 | 0:29:20 |
| 161. | 127 | Bilas Agnieszka | Barlinek | BBL BARLINEK | 1973 | K40 | 12 | 49. | 0:14:28 | 0:29:37 | 05:55 | 0:29:28 |
| 162. | 240 | WILK PAWEŁ | NOWINY WIELKIE | | 1979 | M40 | 38 | 113. | 0:14:17 | 0:29:40 | 05:56 | 0:29:35 |
| 163. | 67 | Dudziak Łukasz | Gorzów Wielkopolski | | 1981 | M30 | 35 | 114. | 0:14:01 | 0:29:54 | 05:58 | 0:29:38 |
| 164. | 204 | Kusińska Alicja | Stare Polichno | Polichno Team | 1975 | K40 | 13 | 50. | 0:14:51 | 0:29:55 | 05:59 | 0:29:46 |
| 165. | 262 | Baczyński Tomasz | Gorzów Wlkp | | 1986 | M30 | 36 | 115. | 0:14:58 | 0:30:05 | 06:01 | 0:29:51 |
| 166. | 86 | Sajdłowska Aldona | Strzelce Krajeńskie | | 1979 | K40 | 14 | 51. | 0:14:55 | 0:30:18 | 06:03 | 0:30:08 |
| 167. | 26 | Mikołajczyk Marta | Gorzów | | 1985 | K30 | 23 | 52. | 0:14:59 | 0:30:22 | 06:04 | 0:30:14 |
| 168. | 215 | Łyczko Justyna | Gorzów Wielkopolski | brak klubu | 1982 | K30 | 24 | 53. | 0:15:14 | 0:30:24 | 06:04 | 0:30:21 |
| 169. | 168 | Rut Artur | Gorzów Wielkopolski | Nie lubię ale biegam :-) | 1976 | M40 | 39 | 116. | 0:15:10 | 0:30:47 | 06:09 | 0:30:30 |
| 170. | 4 | Cedro Anna | Gorzów Wlkp | KW PSP Gorzów Wlkp. | 1975 | K40 | 15 | 54. | 0:15:00 | 0:30:56 | 06:11 | 0:30:45 |
| 171. | 258 | Frankowska Karolina | Gorzów Wlkp | | 1984 | K30 | 25 | 55. | 0:15:00 | 0:30:57 | 06:11 | 0:30:46 |
| 172. | 115 | Owczarz Krystyna | Barlinek | | 1971 | K40 | 16 | 56. | 0:15:09 | 0:30:58 | 06:11 | 0:30:50 |
| 173. | 111 | Piszczysłowa Bernadeta | Gorzów Wielkopolski | | 1971 | K40 | 17 | 57. | 0:15:14 | 0:30:58 | 06:11 | 0:30:49 |
| 174. | 251 | Smolak Anna | Gorzów Wlkp | | 1997 | K20 | 12 | 58. | 0:15:15 | 0:30:58 | 06:11 | 0:30:45 |
| 175. | 9 | Młynarczyk Sylwia | Gorzów Wielkopolski | | 1982 | K30 | 26 | 59. | 0:15:15 | 0:30:58 | 06:11 | 0:30:45 |
| 176. | 76 | Gilewski Lucjan | Skwierzyna | | 1960 | M50+ | 19 | 117. | 0:15:10 | 0:31:01 | 06:12 | 0:30:50 |
| 177. | 120 | Kozłowska Marzena | Jenin | | 1983 | K30 | 27 | 60. | 0:15:28 | 0:31:03 | 06:12 | 0:30:54 |
| 178. | 134 | Pranica Daniel | Gorzów Wielkopolski | | 1990 | M20 | 21 | 118. | 0:16:08 | 0:31:08 | 06:13 | 0:30:57 |
| 179. | 218 | Jońca-Kulpa MARIOLA | BARLINEK | | 1980 | K30 | 28 | 61. | 0:15:09 | 0:31:14 | 06:14 | 0:31:06 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|------------------------|---------------------|-----------------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 180. | 100 | Przelazły Julia | Gorzów Wielkopolski | AZS AJP GORZÓW WLKP. | 2006 | K20 | 13 | 62. | 0:15:55 | 0:31:15 | 06:15 | 0:31:03 |
| 181. | 99 | Przelazły Sylwester | Gorzów Wielkopolski | Wierzbicki Running Project | 1980 | M30 | 37 | 119. | 0:09:58 | 0:31:15 | 06:15 | 0:31:14 |
| 182. | 155 | Waszak Małgorzata | Gorzów Wielkopolski | | 1973 | K40 | 18 | 63. | 0:15:04 | 0:31:18 | 06:15 | 0:31:14 |
| 183. | 225 | Krzemińska Anna | Szczecin | | 1975 | K40 | 19 | 64. | 0:14:57 | 0:31:25 | 06:17 | 0:31:17 |
| 184. | 82 | Szudra Adam | Międzyrzecz | | 1985 | M30 | 38 | 120. | 0:15:53 | 0:31:36 | 06:19 | 0:31:21 |
| 185. | 153 | Timoszyk Emma | Karnin | | 2007 | K20 | 14 | 65. | 0:15:29 | 0:31:46 | 06:21 | 0:31:45 |
| 186. | 132 | Señ Jolanta | Gorzów Wlkp. | Mistrzowskie Rowery Lech Piasecki | 1982 | K30 | 29 | 66. | 0:15:26 | 0:31:48 | 06:21 | 0:31:37 |
| 187. | 190 | Szczepanik Alicja | Gorzów Wlkp. | | 2006 | K20 | 15 | 67. | 0:15:29 | 0:31:53 | 06:22 | 0:31:52 |
| 188. | 257 | Uchański Jakub | Gorzów Wlkp | | 2008 | M20 | 22 | 121. | 0:15:27 | 0:31:55 | 06:23 | 0:31:45 |
| 189. | 256 | Uchański Jacek | Gorzów Wlkp | | 1976 | M40 | 40 | 122. | 0:15:27 | 0:31:55 | 06:23 | 0:31:45 |
| 190. | 154 | Czerwińska Agnieszka | Karnin | | 1972 | K40 | 20 | 68. | 0:15:08 | 0:31:59 | 06:23 | 0:31:57 |
| 191. | 68 | Ślązak Dominika | Gorzów Wielkopolski | | 1988 | K30 | 30 | 69. | 0:15:53 | 0:32:00 | 06:24 | 0:31:49 |
| 192. | 164 | Ogryczak Grażyna | Gorzów Wlkp. | | 1985 | K30 | 31 | 70. | 0:15:29 | 0:32:05 | 06:25 | 0:31:57 |
| 193. | 69 | Ślązak Anna | Gorzów Wielkopolski | | 1965 | K50+ | 2 | 71. | 0:15:54 | 0:32:19 | 06:27 | 0:32:07 |
| 194. | 254 | Janowicz Katarzyna | Szczecin | | 1982 | K30 | 32 | 72. | 0:15:42 | 0:32:27 | 06:29 | 0:32:20 |
| 195. | 5 | Brzycki Łukasz | Dębostrow | Seat Team | 1987 | M30 | 39 | 123. | 0:15:42 | 0:32:27 | 06:29 | 0:32:20 |
| 196. | 182 | Rybińska Anna | Jenin | | 1987 | K30 | 33 | 73. | 0:16:42 | 0:32:35 | 06:31 | 0:32:26 |
| 197. | 146 | Jaroszevska Aleksandra | Międzyrzecz | Zalotane Międzyrzecz | 1996 | K20 | 16 | 74. | 0:16:25 | 0:32:47 | 06:33 | 0:32:33 |
| 198. | 75 | Michalak Magdalena | Dobiegniew | Zmęczeni na Starcie Dobiegniew | 1984 | K30 | 34 | 75. | 0:16:21 | 0:32:53 | 06:34 | 0:32:41 |
| 199. | 237 | Nauman Dorota | Gorzów wlkp | | 2005 | K20 | 17 | 76. | 0:15:33 | 0:32:55 | 06:35 | 0:32:47 |
| 200. | 11 | Seredyński Grzegorz | Gorzów Wlkp. | parkrun Gorzów Wielkopolski | 1982 | M30 | 40 | 124. | 0:16:12 | 0:33:00 | 06:36 | 0:32:49 |
| 201. | 10 | Seredyńska Magdalena | Gorzów Wlkp. | parkrun Gorzów Wielkopolski | 1982 | K30 | 35 | 77. | 0:16:11 | 0:33:00 | 06:36 | 0:32:49 |
| 202. | 174 | Zieliński Dawid | Gorzów Wielkopolski | IMC PRO TEAM | 1991 | M20 | 23 | 125. | 0:16:32 | 0:33:02 | 06:36 | 0:32:41 |
| 203. | 230 | Kotwicki Damian | Deszczno | | 1974 | M40 | 41 | 126. | 0:16:33 | 0:33:13 | 06:38 | 0:32:59 |
| 204. | 91 | Nowaczyk Piotr | Gorzów Wlkp. | | 1994 | M20 | 24 | 127. | 0:15:37 | 0:33:20 | 06:40 | 0:33:07 |
| 205. | 117 | Ziamba Grzegorz | Gorzów Wielkopolski | | 1989 | M30 | 41 | 128. | 0:16:25 | 0:33:31 | 06:42 | 0:33:17 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|------------------------|---------------------|--------------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 206. | 118 | Kaźmierczak Joanna | Gorzów Wielkopolski | | 1992 | K20 | 18 | 78. | 0:16:26 | 0:33:31 | 06:42 | 0:33:18 |
| 207. | 32 | Lisowska Romana | Gorzow wlkp | | 1961 | K50+ | 3 | 79. | 0:16:36 | 0:33:38 | 06:43 | 0:33:35 |
| 208. | 227 | Kocjan Agnieszka | Ulim | | 1995 | K20 | 19 | 80. | 0:16:01 | 0:33:38 | 06:43 | 0:33:33 |
| 209. | 221 | Krzywak Anna | Gorzów Wlkp. | | 1979 | K40 | 21 | 81. | 0:16:37 | 0:34:17 | 06:51 | 0:34:01 |
| 210. | 14 | Cichosz Tomasz | Gorzów Wielkopolski | | 1968 | M50+ | 20 | 129. | 0:16:14 | 0:34:24 | 06:52 | 0:34:20 |
| 211. | 63 | Mrozowicz Agnieszka | Gorzów Wielkopolski | | 1990 | K20 | 20 | 82. | 0:16:29 | 0:34:27 | 06:53 | 0:34:10 |
| 212. | 110 | Skiba Eugeniusz | Gorzów Wlkp. | | 1946 | M50+ | 21 | 130. | 0:16:45 | 0:34:40 | 06:56 | 0:34:25 |
| 213. | 201 | Ratajczak Katarzyna | Gorzów Wielkopolski | | 1985 | K30 | 36 | 83. | 0:17:00 | 0:34:44 | 06:56 | 0:34:39 |
| 214. | 203 | Morawska Magdalena | Gorzów Wlkp. | | 1985 | K30 | 37 | 84. | 0:17:00 | 0:34:44 | 06:56 | 0:34:39 |
| 215. | 130 | Kowalewska Sylwia | Strzelce Krajeńskie | Zmęczeni na Starcie Dobiegniew | 1973 | K40 | 22 | 85. | 0:16:52 | 0:34:58 | 06:59 | 0:34:46 |
| 216. | 140 | KAŁUŻNA Magdalena | GORZÓW | | 1979 | K40 | 23 | 86. | 0:16:41 | 0:35:05 | 07:01 | 0:35:03 |
| 217. | 196 | Oporska Aneta | Gorzów Wlkp | | 1994 | K20 | 21 | 87. | 0:17:28 | 0:35:16 | 07:03 | 0:34:59 |
| 218. | 200 | Kowalczyk Agnieszka | Gorzów Wlkp. | | 1980 | K30 | 38 | 88. | 0:17:28 | 0:35:16 | 07:03 | 0:34:59 |
| 219. | 28 | Kantarska Celina | Gorzów Wielkopolski | | 1982 | K30 | 39 | 89. | 0:17:09 | 0:35:18 | 07:03 | 0:35:08 |
| 220. | 22 | Przybysz-Koryzna Marta | Gorzów Wlkp. | | 1982 | K30 | 40 | 90. | 0:17:10 | 0:35:18 | 07:03 | 0:35:09 |
| 221. | 55 | Adamski Adam | Gorzów Wielkopolski | | 1979 | M40 | 42 | 131. | 0:16:58 | 0:35:19 | 07:03 | 0:35:05 |
| 222. | 260 | Laskowski Sebastian | Gorzów Wlkp | | 1978 | M40 | 43 | 132. | 0:16:33 | 0:35:21 | 07:04 | 0:35:08 |
| 223. | 264 | Schamp Peter | Berlin | | 1939 | M50+ | 22 | 133. | 0:17:44 | 0:35:26 | 07:05 | 0:35:21 |
| 224. | 43 | Sokołowska Anna | Gorzów Wlkp. | parkrun Gorzów Wielkopolski | 1974 | K40 | 24 | 91. | 0:17:53 | 0:36:17 | 07:15 | 0:36:02 |
| 225. | 104 | Witkowska Ania | Gorzów Wlkp | parkrun Gorzów Wielkopolski | 1981 | K30 | 41 | 92. | 0:17:54 | 0:36:17 | 07:15 | 0:36:03 |
| 226. | 105 | Brodowska Krystyna | Gorzów Wielkopolski | parkrun Gorzów Wielkopolski | 1957 | K50+ | 4 | 93. | 0:17:53 | 0:36:17 | 07:15 | 0:36:02 |
| 227. | 206 | Bilińska Hanna | Gorzów Wielkopolski | Polichno Team | 2006 | K20 | 22 | 94. | 0:17:23 | 0:36:31 | 07:18 | 0:36:17 |
| 228. | 205 | Kusińska Katarzyna | Gorzów Wielkopolski | Polichno Team | 2007 | K20 | 23 | 95. | 0:17:24 | 0:36:32 | 07:18 | 0:36:18 |
| 229. | 16 | Masłowski Tadeusz | Bobrowko | Bobrowko biega! | 1962 | M50+ | 23 | 134. | 0:17:45 | 0:36:46 | 07:21 | 0:36:32 |
| 230. | 145 | Jaroszewska Sylwia | Międzyrzecz | Zalätane Międzyrzecz | 1972 | K40 | 25 | 96. | 0:18:17 | 0:37:05 | 07:25 | 0:36:51 |
| 231. | 114 | Cierach Kamila | Gorzów Wlkp. | | 1982 | K30 | 42 | 97. | 0:17:53 | 0:38:11 | 07:38 | 0:38:01 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK | Wynik | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|-------------------------------|--------|------|---------|---------|---------|----------------|--------------|------------|
| 232. | 231 | Gierczak Paulina | Glinik | Deszczno Lejdis | 1978 | K40 | 26 | 98. | 0:18:48 | 0:38:23 | 07:40 | 0:38:12 |
| 233. | 165 | Antonowicz Katarzyna | Drezdenko | | 1975 | K40 | 27 | 99. | 0:18:33 | 0:38:36 | 07:43 | 0:38:30 |
| 234. | 197 | SKIERŚ ALBERT | ZIELONA GÓRA | ZAMACH W SMOLEŃSKU RAZY | 1970 | M40 | 44 | 135. | 0:18:51 | 0:39:21 | 07:52 | 0:39:04 |
| 235. | 208 | Działek Mateusz | Stare Polichno | Gorzowski Bieganie Czwartkowe | 2004 | M20 | 25 | 136. | 0:18:45 | 0:39:58 | 07:59 | 0:39:48 |
| 236. | 157 | Rzeczyńska Anna | Gorzów Wielkopolski | BBL GORZÓW WLKP. | 1974 | K40 | 28 | 100. | 0:18:34 | 0:40:26 | 08:05 | 0:40:13 |
| 237. | 158 | Rzeczyńska Wiktoria | Gorzów Wlkp. | | 2006 | K20 | 24 | 101. | 0:18:34 | 0:40:26 | 08:05 | 0:40:13 |
| 238. | 136 | Danielak Ewelina | Gorzów Wielkopolski | | 1983 | K30 | 43 | 102. | 0:20:11 | 0:41:07 | 08:13 | 0:41:00 |
| 239. | 137 | Kacprzak Małgorzata | Gorzów Wielkopolski | | 1958 | K50+ | 5 | 103. | 0:20:14 | 0:41:07 | 08:13 | 0:41:00 |
| 240. | 167 | Kżyzaniak Karolina | Skwierzyna | | 1981 | K30 | 44 | 104. | 0:21:21 | 0:42:41 | 08:32 | 0:42:25 |
| 241. | 161 | Urbanek Lidia | Skwierzyna | | 1976 | K40 | 29 | 105. | 0:21:21 | 0:42:41 | 08:32 | 0:42:25 |
| 242. | 163 | Bożyk Łukasz | SKWIERZYNA | | 1986 | M30 | 42 | 137. | 0:21:19 | 0:42:43 | 08:32 | 0:42:25 |
| 243. | 198 | Witkowska Gosia | Gorzów Wlkp | | 1977 | K40 | 30 | 106. | 0:21:54 | 0:44:29 | 08:53 | 0:44:28 |

Liczba zawodników: 243

