

# VIII OSTRÓDZKI PÓLMARATON ŚW. JERZEGO

Wyniki OPEN Ostróda 09/06/2019



| Msc open | Nr start | Nazwisko i imię       | Miejscowość     | Klub   | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto    |
|----------|----------|-----------------------|-----------------|--|--------|-----|---------|---------|--------------|--------------|---------------|
| 1.       | 415      | Głogowski Adam        | Gdynia          | UKS EKONOMIK MARATOŃCZYK LĘBORK / ATC CARGO            | 1993   | M20 | gen.    | 1       | 1:13:12      | 03:28        | 1:13:12 (1.)  |
| 2.       | 424      | Zyborowicz Bartłomiej | Gdańsk          | KUJAWSCY RUNNERS                                       | 1998   | M20 | gen.    | 2       | 1:14:32      | 03:31        | 1:14:31 (2.)  |
| 3.       | 452      | Kaliski Sławomir      | Olsztyn         | KS AZS UWM Olsztyn                                     | 1988   | M30 | gen.    | 3       | 1:14:50      | 03:32        | 1:14:49 (3.)  |
| 4.       | 25       | Sulewski Krzysztof    | Barczewo        | BSB BARCZEWO BIEGA/ TEAM DARCYŃSKI                     | 1985   | M30 | 1       | 4       | 1:15:15      | 03:34        | 1:15:15 (4.)  |
| 5.       | 438      | Mikielski Daniel      | Olsztynek       |  | 1990   | M20 | 1       | 5       | 1:16:32      | 03:37        | 1:16:32 (5.)  |
| 6.       | 308      | Punpur Marcin         | Ostroda         |  | 1980   | M30 | 2       | 6       | 1:17:24      | 03:40        | 1:17:23 (6.)  |
| 7.       | 450      | Błaut Damian          | Ostróda         | KP PSP Ostróda   | 1995   | M20 | 2       | 7       | 1:18:00      | 03:41        | 1:17:59 (7.)  |
| 8.       | 428      | Guzmann Mateusz       | Grudziądz       |  | 1997   | M20 | 3       | 8       | 1:19:26      | 03:45        | 1:19:26 (8.)  |
| 9.       | 5        | Tur Marcin            | MALBORK         | Grupa Malbork/Biegaj z Bartkiem                        | 1983   | M30 | 3       | 9       | 1:19:29      | 03:46        | 1:19:26 (9.)  |
| 10.      | 45       | Menziński Przemysław  | Barczewo        | BSB Barczewo Biega                                     | 1987   | M30 | 4       | 10      | 1:19:52      | 03:47        | 1:19:50 (10.) |
| 11.      | 183      | Tadejewski Paweł      | Ostróda         | UMKS Orkan   | 1979   | M40 | 1       | 11      | 1:20:06      | 03:47        | 1:20:05 (11.) |
| 12.      | 129      | Klonowski Marcin      | Sztum           | LKS Zantyr Sztum                                       | 1989   | M30 | 5       | 12      | 1:20:09      | 03:47        | 1:20:07 (12.) |
| 13.      | 402      | Laskowski Jarosław    | Małe Bałówki    | Kurzętnik Biega  | 1982   | M30 | 6       | 13      | 1:20:34      | 03:49        | 1:20:27 (13.) |
| 14.      | 18       | Adamusiak Sławomir    | Ława            | ŁAWA BIEGA   | 1976   | M40 | 2       | 14      | 1:20:35      | 03:49        | 1:20:30 (14.) |
| 15.      | 253      | Krasnodębski Maciej   | Grudziądz       |  | 1985   | M30 | 7       | 15      | 1:20:39      | 03:49        | 1:20:38 (15.) |
| 16.      | 179      | Kasprowicz Marcin     | Działdowo       | Rozbiegane Działdowo                                   | 1979   | M40 | 3       | 16      | 1:20:54      | 03:50        | 1:20:51 (16.) |
| 17.      | 124      | Chętnik Rafał         | Sztum           |  | 1977   | M40 | 4       | 17      | 1:21:02      | 03:50        | 1:21:00 (17.) |
| 18.      | 189      | Oliński Wojciech      | Malbork         | gardzielewski team/active malbork                      | 1969   | M50 | 1       | 18      | 1:21:07      | 03:50        | 1:21:05 (18.) |
| 19.      | 426      | Zienkiewicz Piotr     | Młynary         | UKS Gimpas Pasłek                                      | 1974   | M40 | 5       | 19      | 1:21:40      | 03:52        | 1:21:38 (19.) |
| 20.      | 193      | Golmanowski Krzysztof | Sugajenko 19    | Kurzętnik Biega  | 1978   | M40 | 6       | 20      | 1:22:04      | 03:53        | 1:21:58 (20.) |
| 21.      | 270      | Drażba Dominik        | Elk             | Team Kopeć   | 1987   | M30 | 8       | 21      | 1:22:09      | 03:53        | 1:22:07 (21.) |
| 22.      | 35       | Ziółkowski Mariusz    | Świecie         | PACKMAN TEAM   | 1983   | M30 | 9       | 22      | 1:22:12      | 03:53        | 1:22:08 (22.) |
| 23.      | 236      | GÓRSKI RADOSŁAW       | LUBAWA          | Vege Runners   | 1976   | M40 | 7       | 23      | 1:22:37      | 03:55        | 1:22:36 (23.) |
| 24.      | 197      | Chmielewski Krzysztof | Ostróda Kajkowo |  | 1979   | M40 | 8       | 24      | 1:23:17      | 03:56        | 1:23:13 (24.) |
| 25.      | 231      | Chybczyński Wojciech  | STARE MARZY     | JANOSIKI   | 1977   | M40 | 9       | 25      | 1:23:36      | 03:57        | 1:23:33 (25.) |
| 26.      | 273      | Sikorski Krystian     | Bartoszyce      | RANT BARTOSZYCE/ 20 Bartoszycka Brygada Zmechanizowana | 1992   | M20 | 4       | 26      | 1:23:49      | 03:58        | 1:23:47 (26.) |
| 27.      | 186      | From Piotr            | Grupa           |  | 1983   | M30 | 10      | 27      | 1:24:00      | 03:58        | 1:23:55 (27.) |
| 28.      | 373      | Nojman Rafał          | Dobre Miasto    | są wolniejsi   | 1984   | M30 | 11      | 28      | 1:24:02      | 03:59        | 1:23:58 (28.) |
| 29.      | 319      | Osiński Ryszard       | Malbork         | Active Malbork/Biegowa Rodzinka                        | 1965   | M50 | 2       | 29      | 1:24:20      | 03:59        | 1:24:20 (29.) |



| Msc open | Nr start | Nazwisko i imię               | Miejscowość      | Klub                                  | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto    |
|----------|----------|-------------------------------|------------------|---------------------------------------|--------|-----|---------|---------|----------------|--------------|---------------|
| 30.      | 2        | Przybyła Adrian               | Łława            | Team Kopec                            | 1991   | M20 | 5       | 30      | <b>1:24:25</b> | 04:00        | 1:24:23 (30.) |
| 31.      | 326      | Gąszczyk Krzysztof            | Ostróda          |                                       | 1982   | M30 | 12      | 31      | <b>1:24:34</b> | 04:00        | 1:24:32 (31.) |
| 32.      | 128      | KORWIEL RAFAŁ                 | OSTRÓDA          | ZEGARKISPORTOWE.PL                    | 1984   | M30 | 13      | 32      | <b>1:24:42</b> | 04:00        | 1:24:39 (32.) |
| 33.      | 237      | POBŁOCKA-GŁOGOWSKA            | Lębork           | UKS Ekonomik Maratończyk Lębork       | 1994   | K20 | gen.    | 1       | <b>1:24:45</b> | 04:01        | 1:24:45 (33.) |
| 34.      | 425      | Chybczynski Dominik           | Gdansk           | Judo team mifune                      | 1997   | M20 | 6       | 33      | <b>1:25:08</b> | 04:02        | 1:25:03 (34.) |
| 35.      | 400      | JANUSZEWSKI KAROL             | OLSZTYN          | 4 WARMINSKO - MAZURSKA BRYGADA OBRONY | 1983   | M30 | 14      | 34      | <b>1:25:20</b> | 04:02        | 1:25:18 (35.) |
| 36.      | 279      | Biernacki Sebastian           | GDAŃSK           | Aktywuj się w maratonie Gdańsk        | 1986   | M30 | 15      | 35      | <b>1:26:03</b> | 04:04        | 1:25:57 (36.) |
| 37.      | 315      | Jakacki Sylwester             | Bartoszyce       | Bartoszycka Grupa Biegowa Endorfiny   | 1984   | M30 | 16      | 36      | <b>1:26:06</b> | 04:04        | 1:26:03 (37.) |
| 38.      | 68       | Baranowska-Trzasko Aleksandra | Gdynia           | KUJAWSCY RUNNERS                      | 1979   | K40 | gen.    | 2       | <b>1:26:13</b> | 04:05        | 1:26:12 (38.) |
| 39.      | 299      | Ronowski Mateusz              | Grudziądz        | Mat Kin Run                           | 1990   | M20 | 7       | 37      | <b>1:26:18</b> | 04:05        | 1:26:14 (39.) |
| 40.      | 16       | Karolewski Krzysztof          | Olsztyn          | Kriss Coaching                        | 1982   | M30 | 17      | 38      | <b>1:26:35</b> | 04:06        | 1:26:31 (40.) |
| 41.      | 378      | Wdowiak Wojciech              | Olsztyn          |                                       | 1973   | M40 | 10      | 39      | <b>1:26:59</b> | 04:07        | 1:26:56 (41.) |
| 42.      | 269      | Belka Przemysław              | Łława            | ŁŁAWA BIEGA                           | 1990   | M20 | 8       | 40      | <b>1:27:08</b> | 04:07        | 1:27:05 (42.) |
| 43.      | 174      | SZULC KRZYSZTOF               | Skórzewo         | Drużyna Gabi                          | 1983   | M30 | 18      | 41      | <b>1:27:33</b> | 04:09        | 1:27:28 (43.) |
| 44.      | 235      | Kotlenga Przemysław           | Łława            | S4H                                   | 1980   | M30 | 19      | 42      | <b>1:27:37</b> | 04:09        | 1:27:36 (45.) |
| 45.      | 376      | Schmidt Robert                | Ostróda          | Ostróda Runners                       | 1970   | M40 | 11      | 43      | <b>1:27:38</b> | 04:09        | 1:27:33 (44.) |
| 46.      | 81       | Dawidowski Roman              | Puck             |                                       | 1967   | M50 | 3       | 44      | <b>1:28:22</b> | 04:11        | 1:28:18 (46.) |
| 47.      | 464      | Czorniej Adam                 | Warszawa         | OŚKA WARSZAWA                         | 1981   | M30 | 20      | 45      | <b>1:28:26</b> | 04:11        | 1:28:23 (47.) |
| 48.      | 296      | Olewniczak Piotr              | ŻUKOWO           | Drużyna św. Mikołaja                  | 1997   | M20 | 9       | 46      | <b>1:28:32</b> | 04:11        | 1:28:29 (48.) |
| 49.      | 456      | Warcaba Waldemar              | Ostróda          | onemanclub                            | 1969   | M50 | 4       | 47      | <b>1:28:39</b> | 04:12        | 1:28:37 (50.) |
| 50.      | 257      | Satkiewicz Piotr              | Pasłęk           | Rozbiegany Pasłęk                     | 1993   | M20 | 10      | 48      | <b>1:28:49</b> | 04:12        | 1:28:35 (49.) |
| 51.      | 383      | Felka Szymon                  | Ostróda          | Ostróda Runners                       | 1986   | M30 | 21      | 49      | <b>1:28:57</b> | 04:12        | 1:28:51 (52.) |
| 52.      | 161      | Staszkiwicz Piotr             | Gdynia           | JUDO TEAM MIFUNE GDAŃSK               | 1972   | M40 | 12      | 50      | <b>1:28:58</b> | 04:13        | 1:28:55 (53.) |
| 53.      | 103      | Konecki Marcin                | Olsztyn          | Konecki Team                          | 1990   | M20 | 11      | 51      | <b>1:29:03</b> | 04:13        | 1:28:50 (51.) |
| 54.      | 335      | Orłowski Tomasz               | Morąg            | Finisz Morąg                          | 1986   | M30 | 22      | 52      | <b>1:29:09</b> | 04:13        | 1:29:06 (56.) |
| 55.      | 440      | Ruczyński Mirosław            | Łława            | Team Kopec                            | 1978   | M40 | 13      | 53      | <b>1:29:11</b> | 04:13        | 1:29:03 (55.) |
| 56.      | 445      | Sędziński Marcin              | Olsztyn          |                                       | 1992   | M20 | 12      | 54      | <b>1:29:16</b> | 04:13        | 1:29:02 (54.) |
| 57.      | 228      | Cyrkler Rafał                 | Ostróda          |                                       | 1976   | M40 | 14      | 55      | <b>1:29:16</b> | 04:13        | 1:29:11 (57.) |
| 58.      | 3        | Kościk Jakub                  | Warszawa         |                                       | 1985   | M30 | 23      | 56      | <b>1:29:20</b> | 04:14        | 1:29:17 (58.) |
| 59.      | 181      | Jędrzejczak Dariusz           | 86-300 GRUDZIĄDZ |                                       | 1969   | M50 | 5       | 57      | <b>1:29:50</b> | 04:15        | 1:29:43 (59.) |
| 60.      | 40       | Ruciński Marek                | Gdynia           | VEL-DĄBRÓWNO                          | 1968   | M50 | 6       | 58      | <b>1:29:52</b> | 04:15        | 1:29:47 (60.) |
| 61.      | 397      | Chybczyński Paweł             | Gdańsk           | JUDO TEAM MIFUNE GDAŃSK               | 1973   | M40 | 15      | 59      | <b>1:30:20</b> | 04:16        | 1:30:15 (61.) |
| 62.      | 59       | Ogrodowski Jarosław           | Borówiec         |                                       | 1964   | M50 | 7       | 60      | <b>1:30:21</b> | 04:16        | 1:30:16 (62.) |



| Msc open | Nr start | Nazwisko i imię       | Miejscowość          | Klub                                     | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto    |
|----------|----------|-----------------------|----------------------|--|--------|-----|---------|---------|----------------|--------------|---------------|
| 63.      | 67       | Trzasko Bogusław      | Gdynia               | KUJAWSCY RUNNERS                         | 1976   | M40 | 16      | 61      | <b>1:30:25</b> | 04:17        | 1:30:25 (64.) |
| 64.      | 157      | Gomulski Marcin       | Morań                | Finisz Morań                             | 1988   | M30 | 24      | 62      | <b>1:30:31</b> | 04:17        | 1:30:19 (63.) |
| 65.      | 342      | Strumnik Sebastian    | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór                     | 1984   | M30 | 25      | 63      | <b>1:30:53</b> | 04:18        | 1:30:52 (65.) |
| 66.      | 277      | Klimowski Przemysław  | Elbląg               | ETT                                      | 1977   | M40 | 17      | 64      | <b>1:31:09</b> | 04:19        | 1:31:01 (66.) |
| 67.      | 230      | Rygielski Arkadiusz   | Sławno               | Klub Biegacza mówi                       | 1988   | M30 | 26      | 65      | <b>1:31:19</b> | 04:19        | 1:31:17 (67.) |
| 68.      | 72       | Kostański Adam        | Brodnica             | Brodnica Biega                           | 1986   | M30 | 27      | 66      | <b>1:31:38</b> | 04:20        | 1:31:34 (68.) |
| 69.      | 293      | Jurołajc Tomasz       | Lipowina             | 43błp w Braniewie                        | 1970   | M40 | 18      | 67      | <b>1:31:40</b> | 04:20        | 1:31:38 (69.) |
| 70.      | 403      | WRONKA NORBERT        | ŁUKTA                |  | 1972   | M40 | 19      | 68      | <b>1:31:56</b> | 04:21        | 1:31:44 (70.) |
| 71.      | 185      | Decyk Maciej          | Olsztyn              | Team Kopeć                               | 1976   | M40 | 20      | 69      | <b>1:31:59</b> | 04:21        | 1:31:53 (71.) |
| 72.      | 135      | Nowakowski Wojciech   | Malbork              | GRUPA MALBORK                            | 1978   | M40 | 21      | 70      | <b>1:32:05</b> | 04:21        | 1:31:58 (72.) |
| 73.      | 214      | Pierwanicki Krzysztof | Ostróda              | 20BZ                                     | 1982   | M30 | 28      | 71      | <b>1:32:07</b> | 04:22        | 1:32:06 (73.) |
| 74.      | 420      | Dymek Adrian          | Ostróda              | Najmowicz Triathlon                      | 1989   | M30 | 29      | 72      | <b>1:32:28</b> | 04:23        | 1:32:23 (74.) |
| 75.      | 95       | GOSIEWSKI CEZARIUSZ   | OSTRÓDA              |  | 1976   | M40 | 22      | 73      | <b>1:32:38</b> | 04:23        | 1:32:28 (75.) |
| 76.      | 106      | Pawlak Mariusz        | Działdowo            |  | 1973   | M40 | 23      | 74      | <b>1:32:44</b> | 04:23        | 1:32:40 (76.) |
| 77.      | 303      | Szum Michał           | Ostróda              | Biegnę Po Swoje / Just Join IT           | 1994   | M20 | 13      | 75      | <b>1:32:58</b> | 04:24        | 1:32:52 (77.) |
| 78.      | 158      | Mazurkiewicz Mateusz  | Łława                |  | 1984   | M30 | 30      | 76      | <b>1:33:09</b> | 04:24        | 1:32:53 (78.) |
| 79.      | 262      | Lompert Andrzej       | Elbląg               |  | 1977   | M40 | 24      | 77      | <b>1:33:10</b> | 04:25        | 1:33:01 (79.) |
| 80.      | 421      | Jachimowicz Bartosz   | Gdańsk               | KUJAWSCY RUNNERS                         | 1984   | M30 | 31      | 78      | <b>1:33:20</b> | 04:25        | 1:33:18 (81.) |
| 81.      | 258      | Tuwalska Małgorzata   | Gdańsk               | LKS Zantyr Sztum                         | 1979   | K40 | gen.    | 3       | <b>1:33:22</b> | 04:25        | 1:33:22 (82.) |
| 82.      | 1        | Krupowicz Marcin      | Gdańsk               | Charytatywny Pakiet WOŚP nr 1 koszulka L | 1982   | M30 | 32      | 79      | <b>1:33:25</b> | 04:25        | 1:33:14 (80.) |
| 83.      | 297      | Goniszewski Bartosz   | Lubawa               | Najmowicz Triathlon                      | 1988   | M30 | 33      | 80      | <b>1:33:38</b> | 04:26        | 1:33:30 (84.) |
| 84.      | 371      | Lisek Ewa             | Nidzica              | Nidzica Biega                            | 1980   | K30 | 1       | 4       | <b>1:33:47</b> | 04:26        | 1:33:40 (85.) |
| 85.      | 275      | Dobrowolski Kamil     | Malbork              | 22 Baza Lotnictwa Taktycznego            | 1988   | M30 | 34      | 81      | <b>1:33:49</b> | 04:26        | 1:33:25 (83.) |
| 86.      | 76       | Osicki Dawid          | Lubawa               |  | 1995   | M20 | 14      | 82      | <b>1:34:01</b> | 04:27        | 1:33:48 (86.) |
| 87.      | 339      | Paszko Kamil          | Florczaki            | Finisz Morań                             | 1990   | M20 | 15      | 83      | <b>1:34:04</b> | 04:27        | 1:33:51 (87.) |
| 88.      | 246      | Bałdyga Piotr         | Ostróda              | Ostróda Runners                          | 1973   | M40 | 25      | 84      | <b>1:34:14</b> | 04:28        | 1:34:09 (88.) |
| 89.      | 156      | Kawiak Jacek          | Ostróda              |  | 1976   | M40 | 26      | 85      | <b>1:34:32</b> | 04:28        | 1:34:26 (89.) |
| 90.      | 374      | Piechocka Katarzyna   | Ostróda              | Ostróda Runners                          | 1975   | K40 | 1       | 5       | <b>1:34:55</b> | 04:29        | 1:34:48 (90.) |
| 91.      | 195      | Bielski Piotr         | Radomno              | Radomno Biega                            | 1974   | M40 | 27      | 86      | <b>1:35:14</b> | 04:30        | 1:34:58 (91.) |
| 92.      | 412      | Stręciwilk Tomasz     | Grudziądz            | Wtorkowy Trening                         | 1980   | M30 | 35      | 87      | <b>1:35:31</b> | 04:31        | 1:35:22 (92.) |
| 93.      | 372      | Michalak Krzysztof    | Ostróda              | Ostróda Runners                          | 1981   | M30 | 36      | 88      | <b>1:35:35</b> | 04:31        | 1:35:29 (93.) |
| 94.      | 86       | Piotrowski Wojciech   | Orneta               |  | 1980   | M30 | 37      | 89      | <b>1:35:59</b> | 04:33        | 1:35:48 (94.) |
| 95.      | 140      | Wolski Piotr          | GRUDZIĄDZ            | Łubudubu                                 | 1983   | M30 | 38      | 90      | <b>1:36:30</b> | 04:34        | 1:36:23 (98.) |

| Msc open | Nr start | Nazwisko i imię      | Miejscowość         | Klub                                      | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|----------------------|---------------------|---|--------|-----|---------|---------|----------------|--------------|----------------|
| 96.      | 356      | Siankowski Sławomir  | Wilnowo             |   | 1977   | M40 | 28      | 91      | <b>1:36:30</b> | 04:34        | 1:36:15 (96.)  |
| 97.      | 298      | Smólkowski Marcin    | Rumia               | LEXUS TRÓJMIASTO TEAM                     | 1984   | M30 | 39      | 92      | <b>1:36:30</b> | 04:34        | 1:36:11 (95.)  |
| 98.      | 212      | Chmielewski Bartosz  | Rypin               |   | 1989   | M30 | 40      | 93      | <b>1:36:31</b> | 04:34        | 1:36:18 (97.)  |
| 99.      | 364      | Bączek Jerzy         | LUBAWA              | luzak                                     | 1972   | M40 | 29      | 94      | <b>1:36:39</b> | 04:34        | 1:36:25 (99.)  |
| 100.     | 381      | mieczkowski tomasz   | Pasłęk              |   | 1978   | M40 | 30      | 95      | <b>1:36:40</b> | 04:34        | 1:36:33 (100.) |
| 101.     | 429      | Wrażeń Justyna       | Olsztyn             |   | 1988   | K30 | 2       | 6       | <b>1:36:54</b> | 04:35        | 1:36:49 (101.) |
| 102.     | 89       | Gromelski Paweł      | Warszawa            | KS Staszewscy                             | 1986   | M30 | 41      | 96      | <b>1:36:54</b> | 04:35        | 1:36:50 (102.) |
| 103.     | 217      | Chabowski Tomasz     | Sztum               | sztum biega                               | 1968   | M50 | 8       | 97      | <b>1:37:06</b> | 04:36        | 1:36:59 (105.) |
| 104.     | 113      | Bartoszyński Dominik | Rypin               | Basket Rypin                              | 1987   | M30 | 42      | 98      | <b>1:37:07</b> | 04:36        | 1:36:55 (104.) |
| 105.     | 232      | Żytowiecki Dawid     | Rypin               |   | 1982   | M30 | 43      | 99      | <b>1:37:07</b> | 04:36        | 1:36:54 (103.) |
| 106.     | 312      | Bojarowski Piotr     | Dąbrówno            |   | 1967   | M50 | 9       | 100     | <b>1:37:11</b> | 04:36        | 1:37:05 (107.) |
| 107.     | 357      | Bazak Cezary         | Bydgoszcz           | Centrum Doktryn i Szkolenia Sił Zbrojnych | 1966   | M50 | 10      | 101     | <b>1:37:13</b> | 04:36        | 1:37:05 (106.) |
| 108.     | 439      | piskórz paweł        | Ostróda             | Gregorek team ostróda                     | 1982   | M30 | 44      | 102     | <b>1:37:17</b> | 04:36        | 1:37:08 (108.) |
| 109.     | 256      | Marnik Janusz        | Pasłęk              | Rozbiegany Pasłęk                         | 1977   | M40 | 31      | 103     | <b>1:37:26</b> | 04:37        | 1:37:12 (109.) |
| 110.     | 261      | Olszewski Roman      | Elbląg              | Elbażant                                  | 1973   | M40 | 32      | 104     | <b>1:37:31</b> | 04:37        | 1:37:21 (110.) |
| 111.     | 200      | wojas aneta          | Grudziadz           |   | 1985   | K30 | 3       | 7       | <b>1:37:44</b> | 04:37        | 1:37:22 (111.) |
| 112.     | 91       | WAWRZONKOWSKA ANNA   | Gąbinek             |   | 1982   | K30 | 4       | 8       | <b>1:37:46</b> | 04:38        | 1:37:44 (114.) |
| 113.     | 42       | Cieslewski Piotr     | Mława               |   | 1982   | M30 | 45      | 105     | <b>1:37:51</b> | 04:38        | 1:37:33 (112.) |
| 114.     | 264      | kapteina robert      | gronowo górne       |   | 1973   | M40 | 33      | 106     | <b>1:37:52</b> | 04:38        | 1:37:44 (113.) |
| 115.     | 346      | Kaim Kamil           | Olsztyn             |   | 1977   | M40 | 34      | 107     | <b>1:38:09</b> | 04:39        | 1:37:51 (115.) |
| 116.     | 320      | Kozłów Wojciech      | Gdańsk              | LKS Zantyr Sztum                          | 1960   | M50 | 11      | 108     | <b>1:38:12</b> | 04:39        | 1:38:05 (116.) |
| 117.     | 44       | Matuszczak Marcin    | Ostróda             | Rumcajsss Team                            | 1986   | M30 | 46      | 109     | <b>1:38:21</b> | 04:39        | 1:38:17 (117.) |
| 118.     | 164      | Bielewicz Maciej     | Dobre Miasto        |   | 2000   | M20 | 16      | 110     | <b>1:38:48</b> | 04:41        | 1:38:35 (118.) |
| 119.     | 6        | Jakubczyk Dariusz    | Malbork             | Nyborg-Mawent                             | 1978   | M40 | 35      | 111     | <b>1:38:53</b> | 04:41        | 1:38:45 (119.) |
| 120.     | 57       | Kaczyński Kamil      | Morąg               | Finisz Morąg                              | 1977   | M40 | 36      | 112     | <b>1:39:00</b> | 04:41        | 1:38:47 (120.) |
| 121.     | 427      | Sadowska Kasia       | Ostróda             |   | 1989   | K30 | 5       | 9       | <b>1:39:07</b> | 04:41        | 1:38:48 (121.) |
| 122.     | 104      | Barnaś Agata         | Malbork             | GRUPA MALBORK                             | 1984   | K30 | 6       | 10      | <b>1:39:07</b> | 04:41        | 1:39:01 (124.) |
| 123.     | 105      | Barnaś Krzysztof     | Malbork             | GRUPA MALBORK                             | 1981   | M30 | 47      | 113     | <b>1:39:07</b> | 04:41        | 1:39:00 (122.) |
| 124.     | 65       | FRANKIEWICZ MACIEJ   | MALBORK             | GRUPA MALBORK                             | 1977   | M40 | 37      | 114     | <b>1:39:08</b> | 04:41        | 1:39:02 (125.) |
| 125.     | 166      | Wilamowski Jacek     | Lidzbark Warmiński  | Team Kopeć                                | 1968   | M50 | 12      | 115     | <b>1:39:11</b> | 04:42        | 1:39:01 (123.) |
| 126.     | 24       | Górka Wojciech       | Elbląg              | GUJAN TEAM                                | 1994   | M20 | 17      | 116     | <b>1:39:21</b> | 04:42        | 1:39:17 (127.) |
| 127.     | 435      | Deputat Joanna       | Elbląg              |   | 1976   | K40 | 2       | 11      | <b>1:39:22</b> | 04:42        | 1:39:14 (126.) |
| 128.     | 385      | Żyła Justyna         | Wałdowo Szlacheckie | lub wybierz z listy                       | 1977   | K40 | 3       | 12      | <b>1:39:29</b> | 04:42        | 1:39:18 (128.) |



| Msc open | Nr start | Nazwisko i imię         | Miejscowość      | Klub                               | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|-------------------------|------------------|------------------------------------|--------|-----|---------|---------|----------------|--------------|----------------|
| 129.     | 338      | niewiadomski aleksander | gdańsk           | Olo Team                           | 1982   | M30 | 48      | 117     | <b>1:39:32</b> | 04:43        | 1:39:24 (130.) |
| 130.     | 316      | Pietrzak Kamil          | Gdynia           | Biegowa Rodzinka                   | 1985   | M30 | 49      | 118     | <b>1:39:35</b> | 04:43        | 1:39:19 (129.) |
| 131.     | 39       | Markowski Tomasz        | Grudziądz        |                                    | 1972   | M40 | 38      | 119     | <b>1:39:37</b> | 04:43        | 1:39:25 (132.) |
| 132.     | 49       | Kwiatkowski Adam        | Grudziądz        |                                    | 1995   | M20 | 18      | 120     | <b>1:39:38</b> | 04:43        | 1:39:32 (133.) |
| 133.     | 294      | Rajkowski Walter        | Gdańsk           |                                    | 1981   | M30 | 50      | 121     | <b>1:39:39</b> | 04:43        | 1:39:35 (134.) |
| 134.     | 227      | Woźniewski Leszek       | Nowe Miasto      |                                    | 1980   | M30 | 51      | 122     | <b>1:39:43</b> | 04:43        | 1:39:24 (131.) |
| 135.     | 32       | Włodarczyk Mariusz      | Olsztyn          | Hotel Krasicki MTB Olsztyn team    | 1978   | M40 | 39      | 123     | <b>1:39:58</b> | 04:44        | 1:39:41 (135.) |
| 136.     | 363      | Nieściór Jan            | Jonkowo          | Młynago / Kąpiący się zimą Olsztyn | 1968   | M50 | 13      | 124     | <b>1:40:01</b> | 04:44        | 1:39:50 (137.) |
| 137.     | 323      | Gadomski Marcin         | Gdańsk           |                                    | 1981   | M30 | 52      | 125     | <b>1:40:03</b> | 04:44        | 1:39:47 (136.) |
| 138.     | 211      | Kujawa Paweł            | Biskupiec        | Biskupiec Biega                    | 1983   | M30 | 53      | 126     | <b>1:40:11</b> | 04:44        | 1:40:00 (138.) |
| 139.     | 176      | Ewert Mariusz           | Ostróda          | Ostróda Runners                    | 1982   | M30 | 54      | 127     | <b>1:40:14</b> | 04:45        | 1:40:03 (139.) |
| 140.     | 118      | Boniewski Lech          | Glinojeck        | Gimnazjum nr 1                     | 1958   | M60 | 1       | 128     | <b>1:40:25</b> | 04:45        | 1:40:16 (140.) |
| 141.     | 51       | GAŁUSZKA DOROTA         | Grudziądz        | Wtorkowy Trening                   | 1979   | K40 | 4       | 13      | <b>1:40:33</b> | 04:45        | 1:40:23 (141.) |
| 142.     | 276      | Klimowska Anetta        | Elbląg           | ETT                                | 1979   | K40 | 5       | 14      | <b>1:40:50</b> | 04:46        | 1:40:42 (142.) |
| 143.     | 434      | Ferdyc Marcin           | Górowo Iławeckie |                                    | 1995   | M20 | 19      | 129     | <b>1:40:54</b> | 04:46        | 1:40:47 (145.) |
| 144.     | 405      | Stachórko Krzysztof     | Pasłęk           | Rozbiegany Pasłęk                  | 1975   | M40 | 40      | 130     | <b>1:41:03</b> | 04:47        | 1:40:48 (147.) |
| 145.     | 267      | Wierzbowski Krzysztof   | Nowe Grodziczno  |                                    | 1982   | M30 | 55      | 131     | <b>1:41:08</b> | 04:47        | 1:40:46 (144.) |
| 146.     | 79       | Mumot Dariusz           | Radzymin         | Radzymin Run Team                  | 1972   | M40 | 41      | 132     | <b>1:41:11</b> | 04:47        | 1:41:01 (149.) |
| 147.     | 229      | Grubich Damian          | Grudziądz        | PARKRUN GRUDZIĄDZ                  | 1975   | M40 | 42      | 133     | <b>1:41:17</b> | 04:48        | 1:40:45 (143.) |
| 148.     | 210      | Graczyk Kamil           | Grudziądz        |                                    | 1985   | M30 | 56      | 134     | <b>1:41:18</b> | 04:48        | 1:41:00 (148.) |
| 149.     | 245      | Niewdzięczny Jerzy      | Olsztyn          | są wolniejsi                       | 1972   | M40 | 43      | 135     | <b>1:41:19</b> | 04:48        | 1:40:48 (146.) |
| 150.     | 83       | podlewski tomasz        | OLSZTYN          |                                    | 1978   | M40 | 44      | 136     | <b>1:41:22</b> | 04:48        | 1:41:13 (151.) |
| 151.     | 244      | Sójka Paweł             | Warszawa         |                                    | 1958   | M60 | 2       | 137     | <b>1:41:25</b> | 04:48        | 1:41:06 (150.) |
| 152.     | 436      | Wojcieszkiwicz Piotr    | Wyszków          |                                    | 1980   | M30 | 57      | 138     | <b>1:41:33</b> | 04:48        | 1:41:20 (152.) |
| 153.     | 281      | URBAŃSKI MARCIN         | GRUDZIĄDZ        | Akademia Biegania Grudziądz        | 1976   | M40 | 45      | 139     | <b>1:41:34</b> | 04:48        | 1:41:24 (153.) |
| 154.     | 418      | Bielec Michał           | Wąbrzeźno        | Reflex-biega                       | 1974   | M40 | 46      | 140     | <b>1:41:39</b> | 04:49        | 1:41:29 (155.) |
| 155.     | 254      | Kamiński Michał         | Gdańsk           | LPP TEAM                           | 1979   | M40 | 47      | 141     | <b>1:41:44</b> | 04:49        | 1:41:28 (154.) |
| 156.     | 144      | Kłaczyński Mariusz      | Grudziądz        | # Biegacze                         | 1979   | M40 | 48      | 142     | <b>1:41:47</b> | 04:49        | 1:41:44 (157.) |
| 157.     | 213      | Lewicki Jacek           | Zalewo           |                                    | 1968   | M50 | 14      | 143     | <b>1:41:49</b> | 04:49        | 1:41:44 (158.) |
| 158.     | 146      | Sierdzińska Beata       | Iława            | IŁAWA BIEGA                        | 1972   | K40 | 6       | 15      | <b>1:41:55</b> | 04:49        | 1:41:36 (156.) |
| 159.     | 460      | Wasilewski Mirosław     | Iława            | Orka Masters Iława                 | 1974   | M40 | 49      | 144     | <b>1:42:46</b> | 04:52        | 1:42:21 (159.) |
| 160.     | 120      | Kowalski Krzysztof      | Kieźliny         | TATA BIEGOISTA                     | 1983   | M30 | 58      | 145     | <b>1:42:58</b> | 04:52        | 1:42:43 (160.) |
| 161.     | 248      | Pronobis Beata          | Barczewo         | BSB Barczewo Biega                 | 1970   | K40 | 7       | 16      | <b>1:43:01</b> | 04:52        | 1:42:59 (167.) |





| Msc open | Nr start | Nazwisko i imię       | Miejscowość | Klub                                | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|-----------------------|-------------|-------------------------------------|--------|-----|---------|---------|----------------|--------------|----------------|
| 162.     | 33       | PAWŁOWSKI MARIUSZ     | OLSZTYN     |                                     | 1979   | M40 | 50      | 146     | <b>1:43:06</b> | 04:53        | 1:42:51 (164.) |
| 163.     | 410      | Prella Przemysław     | Szafranki   | Ostróda Runners                     | 1982   | M30 | 59      | 147     | <b>1:43:06</b> | 04:53        | 1:42:47 (162.) |
| 164.     | 202      | Puszkiewicz Daniel    | Olsztyn     | wkurw_team                          | 1988   | M30 | 60      | 148     | <b>1:43:08</b> | 04:53        | 1:43:02 (168.) |
| 165.     | 54       | Klein Marcin          | Nowe Miasto | Kurzętnik Biega                     | 1983   | M30 | 61      | 149     | <b>1:43:11</b> | 04:53        | 1:42:46 (161.) |
| 166.     | 218      | Skiba Piotr           | Olsztyn     |                                     | 1974   | M40 | 51      | 150     | <b>1:43:15</b> | 04:53        | 1:42:57 (166.) |
| 167.     | 36       | Rajkowski Leszek      | Łława       |                                     | 1978   | M40 | 52      | 151     | <b>1:43:20</b> | 04:53        | 1:43:08 (169.) |
| 168.     | 260      | Kasprowicz Wioletta   | Działdowo   | Rozbiegane Działdowo                | 1991   | K20 | 1       | 17      | <b>1:43:21</b> | 04:53        | 1:43:11 (170.) |
| 169.     | 287      | Borowski Paweł        | Ostróda     |                                     | 1978   | M40 | 53      | 152     | <b>1:43:25</b> | 04:54        | 1:42:48 (163.) |
| 170.     | 290      | Wasitowicz Natalia    | Gdańsk      |                                     | 1987   | K30 | 7       | 18      | <b>1:43:28</b> | 04:54        | 1:43:17 (172.) |
| 171.     | 417      | Mejka Dagmara         | Łława       |                                     | 1992   | K20 | 2       | 19      | <b>1:43:29</b> | 04:54        | 1:42:55 (165.) |
| 172.     | 107      | Kosin Marcin          | Barczewo    | BSB Barczewo Biega/wkurw_team       | 1983   | M30 | 62      | 153     | <b>1:43:30</b> | 04:54        | 1:43:16 (171.) |
| 173.     | 369      | Komornicki Krzysztof  | Ostróda     | Ostróda Runners                     | 1979   | M40 | 54      | 154     | <b>1:43:44</b> | 04:55        | 1:43:34 (173.) |
| 174.     | 384      | Fieodorow Piotr       | PERTH       | Perth Road Runners                  | 1972   | M40 | 55      | 155     | <b>1:43:54</b> | 04:55        | 1:43:36 (174.) |
| 175.     | 131      | Klach Andrzej         | Kieźliny    | Mont Blanc Team                     | 1978   | M40 | 56      | 156     | <b>1:43:55</b> | 04:55        | 1:43:43 (175.) |
| 176.     | 422      | Krawiec Adam          | Ostróda     | Ostróda Runners                     | 1975   | M40 | 57      | 157     | <b>1:44:00</b> | 04:55        | 1:43:55 (177.) |
| 177.     | 153      | Mroczkowski Tomasz    | Malbork     | GRUPA MALBORK                       | 1981   | M30 | 63      | 158     | <b>1:44:02</b> | 04:55        | 1:43:56 (178.) |
| 178.     | 71       | Woźniak Patryk        | Elbląg      |                                     | 1991   | M20 | 20      | 159     | <b>1:44:12</b> | 04:56        | 1:44:02 (180.) |
| 179.     | 209      | Stępka Paweł          | Ostróda     |                                     | 1985   | M30 | 64      | 160     | <b>1:44:14</b> | 04:56        | 1:43:49 (176.) |
| 180.     | 328      | Kotfica Krystian      | Bartoszyce  | Bartoszycka Grupa Biegowa Endorfiny | 1987   | M30 | 65      | 161     | <b>1:44:18</b> | 04:56        | 1:43:57 (179.) |
| 181.     | 92       | Skorupski Rafał       | Ostróda     |                                     | 1975   | M40 | 58      | 162     | <b>1:44:27</b> | 04:57        | 1:44:11 (182.) |
| 182.     | 377      | Symko Jarosław        | Olsztyn     | Dobra Energia MPEC Olsztyn          | 1972   | M40 | 59      | 163     | <b>1:44:31</b> | 04:57        | 1:44:16 (183.) |
| 183.     | 132      | Tekliński Dawid       | Grudziądz   | Wtorkowy Trening                    | 1983   | M30 | 66      | 164     | <b>1:44:32</b> | 04:57        | 1:44:17 (184.) |
| 184.     | 177      | Sosnowski Adam        | Ostróda     | Ostróda Runners                     | 1985   | M30 | 67      | 165     | <b>1:44:33</b> | 04:57        | 1:44:22 (187.) |
| 185.     | 190      | Ryński Bogdan         | Lidzbark    |                                     | 1967   | M50 | 15      | 166     | <b>1:44:33</b> | 04:57        | 1:44:28 (189.) |
| 186.     | 119      | Balcerak Dariusz      | Olsztyn     |                                     | 1982   | M30 | 68      | 167     | <b>1:44:35</b> | 04:57        | 1:44:27 (188.) |
| 187.     | 407      | Filipczyk Joanna      | Ostróda     | Ostróda Runners                     | 1972   | K40 | 8       | 20      | <b>1:44:36</b> | 04:57        | 1:44:30 (190.) |
| 188.     | 168      | Polgaj Kinga          | Brodnica    |                                     | 1997   | K20 | 3       | 21      | <b>1:44:36</b> | 04:57        | 1:44:20 (186.) |
| 189.     | 238      | Wtorek Tomasz         | Grudziądz   |                                     | 1978   | M40 | 60      | 168     | <b>1:44:38</b> | 04:57        | 1:44:11 (181.) |
| 190.     | 286      | Wasielewski Krzysztof | Rybno       | Biegam U Kolesi                     | 1985   | M30 | 69      | 169     | <b>1:44:38</b> | 04:57        | 1:44:19 (185.) |
| 191.     | 141      | Apanowicz Radosław    | Elbląg      | #OddamObiadElbląg                   | 1977   | M40 | 61      | 170     | <b>1:44:39</b> | 04:57        | 1:44:36 (193.) |
| 192.     | 145      | Mejer Jacek MEZO      | Suchy Las   | #DRUŻYNA SZPIKU                     | 1982   | M30 | 70      | 171     | <b>1:44:39</b> | 04:57        | 1:44:38 (194.) |
| 193.     | 370      | Kowalska Amelia       | Ostróda     | Ostróda Runners                     | 1972   | K40 | 9       | 22      | <b>1:44:43</b> | 04:57        | 1:44:35 (192.) |
| 194.     | 196      | Wilczewska Martyna    | Rybno       | Biegam U Kolesi                     | 1991   | K20 | 4       | 23      | <b>1:44:51</b> | 04:58        | 1:44:32 (191.) |



| Msc open | Nr start | Nazwisko i imię      | Miejscowość        | Klub                             | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|----------------------|--------------------|----------------------------------|--------|-----|---------|---------|----------------|--------------|----------------|
| 195.     | 216      | Guski Paweł          | Dobre Miasto       |                                  | 1984   | M30 | 71      | 172     | <b>1:44:52</b> | 04:58        | 1:44:39 (195.) |
| 196.     | 454      | Nowicki Piotr        | Ostróda            | Ostróda Runners                  | 1985   | M30 | 72      | 173     | <b>1:45:13</b> | 04:59        | 1:45:04 (196.) |
| 197.     | 406      | Krajnik Ryszard      | Nowe Miasto        | Kurzętnik Biega                  | 1957   | M60 | 3       | 174     | <b>1:45:30</b> | 05:00        | 1:45:18 (198.) |
| 198.     | 388      | Błaszkiwicz Daniel   | Olsztyn            |                                  | 1979   | M40 | 62      | 175     | <b>1:45:38</b> | 05:00        | 1:45:15 (197.) |
| 199.     | 191      | Hyjek Karol          | Giżycko            | Giżycki Biegacz                  | 1983   | M30 | 73      | 176     | <b>1:45:44</b> | 05:00        | 1:45:30 (200.) |
| 200.     | 333      | Fafiński Michał      | Lubawa             |                                  | 1979   | M40 | 63      | 177     | <b>1:45:47</b> | 05:00        | 1:45:27 (199.) |
| 201.     | 225      | Włodarski Rafał      | Miłomłyn           |                                  | 1981   | M30 | 74      | 178     | <b>1:45:49</b> | 05:00        | 1:45:38 (201.) |
| 202.     | 309      | Prusik Arkadiusz     | Nidzica            | Nidzica Biega                    | 1982   | M30 | 75      | 179     | <b>1:45:54</b> | 05:01        | 1:45:43 (202.) |
| 203.     | 136      | Jurczyk Ewa          | Grudziądz          | LA RIVE TEAM                     | 1975   | K40 | 10      | 24      | <b>1:46:06</b> | 05:01        | 1:45:52 (203.) |
| 204.     | 137      | ŁUCKA ANNA           | Grudziądz          | LA RIVE TEAM                     | 1976   | K40 | 11      | 25      | <b>1:46:19</b> | 05:02        | 1:46:05 (204.) |
| 205.     | 111      | Krefta Dagmara       | Nowe               |                                  | 1980   | K30 | 8       | 26      | <b>1:46:19</b> | 05:02        | 1:46:06 (205.) |
| 206.     | 368      | Jacewicz Ryszard     | Olsztyn            | KS Neonet                        | 1962   | M50 | 16      | 180     | <b>1:46:33</b> | 05:03        | 1:46:20 (206.) |
| 207.     | 240      | Zwaliński Marcin     | Toruń              | Marmel Toruń                     | 1974   | M40 | 64      | 181     | <b>1:46:38</b> | 05:03        | 1:46:20 (207.) |
| 208.     | 80       | Skorupski Piotr      | Ostróda            |                                  | 1992   | M20 | 21      | 182     | <b>1:47:17</b> | 05:05        | 1:47:15 (210.) |
| 209.     | 139      | ŁUCKI MIROSŁAW       | Grudziądz          |                                  | 1973   | M40 | 65      | 183     | <b>1:47:20</b> | 05:05        | 1:47:05 (208.) |
| 210.     | 462      | Mogiłko Natalia      | Nowa Wieś          |                                  | 1986   | K30 | 9       | 27      | <b>1:47:31</b> | 05:05        | 1:47:16 (211.) |
| 211.     | 431      | Rafalski Rafał       | Ostróda            |                                  | 1984   | M30 | 76      | 184     | <b>1:47:34</b> | 05:05        | 1:47:09 (209.) |
| 212.     | 127      | Semeniuk Tomasz      | Ława               |                                  | 1986   | M30 | 77      | 185     | <b>1:47:39</b> | 05:06        | 1:47:20 (213.) |
| 213.     | 392      | Danelska Monika      | Ostróda            | Ala Team                         | 1984   | K30 | 10      | 28      | <b>1:47:42</b> | 05:06        | 1:47:40 (216.) |
| 214.     | 43       | OLSZEWSKI JAROSŁAW   | ŁAWA               | ŁAWA BIEGA                       | 1973   | M40 | 66      | 186     | <b>1:47:45</b> | 05:06        | 1:47:19 (212.) |
| 215.     | 340      | skonka aleksander    | gdńsk              | Olo Team                         | 1978   | M40 | 67      | 187     | <b>1:47:48</b> | 05:06        | 1:47:39 (215.) |
| 216.     | 442      | Pietrzak Michał      | Olsztyn            |                                  | 1989   | M30 | 78      | 188     | <b>1:47:49</b> | 05:06        | 1:47:33 (214.) |
| 217.     | 336      | Orłowska Paulina     | Morąg              | Finisz Morąg                     | 1991   | K20 | 5       | 29      | <b>1:47:50</b> | 05:06        | 1:47:46 (218.) |
| 218.     | 263      | Olszewski Marek      | Lidzbark Warmiński | Klub Biegacza Lidzbark Warmiński | 1969   | M50 | 17      | 189     | <b>1:48:04</b> | 05:07        | 1:47:51 (219.) |
| 219.     | 396      | Grzemski Dariusz     | Wąbrzeźno          | Grzenuś-Team                     | 1981   | M30 | 79      | 190     | <b>1:48:13</b> | 05:07        | 1:48:03 (221.) |
| 220.     | 348      | Rykowski Paweł       | Barczewo           | Nidzica Biega                    | 1977   | M40 | 68      | 191     | <b>1:48:14</b> | 05:07        | 1:47:41 (217.) |
| 221.     | 367      | Kalisz Arkadiusz     | Lidzbark           |                                  | 1977   | M40 | 69      | 192     | <b>1:48:28</b> | 05:08        | 1:47:57 (220.) |
| 222.     | 52       | Wróblewski Tomasz    | Elbląg             |                                  | 1980   | M30 | 80      | 193     | <b>1:48:41</b> | 05:09        | 1:48:13 (222.) |
| 223.     | 252      | Witka Dawid          | Ostróda            |                                  | 1997   | M20 | 22      | 194     | <b>1:48:43</b> | 05:09        | 1:48:20 (223.) |
| 224.     | 226      | Włodarski Przemysław | Miłomłyn           | Ostróda Runners                  | 1986   | M30 | 81      | 195     | <b>1:48:45</b> | 05:09        | 1:48:34 (224.) |
| 225.     | 194      | Klimas Marek         | Barczewo           |                                  | 1960   | M50 | 18      | 196     | <b>1:48:53</b> | 05:09        | 1:48:46 (227.) |
| 226.     | 459      | Nikolajuk Robert     | Olsztyn            |                                  | 1982   | M30 | 82      | 197     | <b>1:48:56</b> | 05:09        | 1:48:45 (226.) |
| 227.     | 219      | Ornowski Zbigniew    | Grudziądz          | Wtorkowy Trening                 | 1968   | M50 | 19      | 198     | <b>1:48:58</b> | 05:09        | 1:48:49 (228.) |

| Msc open | Nr start | Nazwisko i imię           | Miejscowość | Klub                                  | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|---------------------------|-------------|---------------------------------------|--------|-----|---------|---------|----------------|--------------|----------------|
| 228.     | 64       | Sienkiewicz Wojciech      | Olsztyn     | Kriss Coaching                        | 1959   | M60 | 4       | 199     | <b>1:49:05</b> | 05:10        | 1:48:56 (230.) |
| 229.     | 125      | Kowalczyk MARIUSZ         | Brodnica    |                                       | 1977   | M40 | 70      | 200     | <b>1:49:08</b> | 05:10        | 1:48:42 (225.) |
| 230.     | 359      | Rybak Piotr               | Bartoszyce  |                                       | 1983   | M30 | 83      | 201     | <b>1:49:14</b> | 05:10        | 1:48:50 (229.) |
| 231.     | 304      | Folga Artur               | Ława        | ŁAWA BIEGA                            | 1971   | M40 | 71      | 202     | <b>1:49:27</b> | 05:11        | 1:49:01 (232.) |
| 232.     | 102      | Konecki Dariusz           | Ostróda     | Konecki Team                          | 1964   | M50 | 20      | 203     | <b>1:49:30</b> | 05:11        | 1:49:16 (233.) |
| 233.     | 134      | Stankiewicz Krzysztof     | Ostróda     | Ostróda Runners                       | 1982   | M30 | 84      | 204     | <b>1:49:32</b> | 05:11        | 1:49:17 (234.) |
| 234.     | 347      | Oszczęda Arkadiusz        | Nidzica     | Nidzica Biega                         | 1979   | M40 | 72      | 205     | <b>1:49:34</b> | 05:11        | 1:49:00 (231.) |
| 235.     | 318      | Motylewski Dariusz        | Bartoszyce  | Bartoszycka Grupa Biegowa Endorfiny   | 1985   | M30 | 85      | 206     | <b>1:49:37</b> | 05:11        | 1:49:17 (235.) |
| 236.     | 110      | Lenard Daniel             | Olsztyn     | Ostróda Runners                       | 1987   | M30 | 86      | 207     | <b>1:49:43</b> | 05:12        | 1:49:33 (237.) |
| 237.     | 150      | Radziwon Wojciech         | Ostróda     | Pacemaker 1:50:00                     | 1988   | M30 | 87      | 208     | <b>1:49:43</b> | 05:12        | 1:49:33 (238.) |
| 238.     | 291      | Olszewski Wojciech        | Ostróda     |                                       | 1977   | M40 | 73      | 209     | <b>1:49:54</b> | 05:12        | 1:49:24 (236.) |
| 239.     | 444      | Kupibida Paweł            | Olsztyn     | 4 WARMINSKO - MAZURSKA BRYGADA OBRONY | 1982   | M30 | 88      | 210     | <b>1:50:03</b> | 05:13        | 1:49:50 (241.) |
| 240.     | 441      | Sepiolo Katarzyna         | Olsztyn     |                                       | 1991   | K20 | 6       | 30      | <b>1:50:03</b> | 05:13        | 1:49:51 (242.) |
| 241.     | 307      | Lewalski Krzysztof        | Mława       |                                       | 1975   | M40 | 74      | 211     | <b>1:50:04</b> | 05:13        | 1:49:39 (239.) |
| 242.     | 394      | Krawczyk Marcin           | Łowo Osada  | Autsajder                             | 1980   | M30 | 89      | 212     | <b>1:50:10</b> | 05:13        | 1:49:40 (240.) |
| 243.     | 358      | Cichońska - Bazak Marzena | Bydgoszcz   | Czarne Stopy. SM                      | 1973   | K40 | 12      | 31      | <b>1:50:13</b> | 05:13        | 1:50:04 (246.) |
| 244.     | 310      | Kawałkowski Krzysztof     | Grudziądz   | PARKRUN GRUDZIĄDZ                     | 1971   | M40 | 75      | 213     | <b>1:50:18</b> | 05:13        | 1:50:00 (243.) |
| 245.     | 379      | Januszewski Karol         | Grodziczno  | Biegam U Kolesi                       | 1984   | M30 | 90      | 214     | <b>1:50:20</b> | 05:13        | 1:50:01 (244.) |
| 246.     | 284      | Kaganiuk Patryk           | Grudziądz   | PARKRUN GRUDZIĄDZ                     | 1976   | M40 | 76      | 215     | <b>1:50:20</b> | 05:13        | 1:50:03 (245.) |
| 247.     | 19       | Karolewska Anna           | Olsztyn     |                                       | 1985   | K30 | 11      | 32      | <b>1:50:27</b> | 05:14        | 1:50:09 (248.) |
| 248.     | 20       | Chelstowski Krzysztof     | Ostróda     |                                       | 1980   | M30 | 91      | 216     | <b>1:50:30</b> | 05:14        | 1:50:07 (247.) |
| 249.     | 443      | Kurkiewicz Przemysław     | Ostróda     |                                       | 1994   | M20 | 23      | 217     | <b>1:50:35</b> | 05:14        | 1:50:12 (249.) |
| 250.     | 70       | Tadla Paweł               | Ostróda     | ZEGARKISPORTOWE.PL                    | 1982   | M30 | 92      | 218     | <b>1:50:38</b> | 05:14        | 1:50:23 (250.) |
| 251.     | 455      | STOLARCZYK Agnieszka      | OSTRÓDA     | Ostróda Runners                       | 1971   | K40 | 13      | 33      | <b>1:50:41</b> | 05:14        | 1:50:24 (251.) |
| 252.     | 360      | Bertel Marcin             | Olsztyn     | Fitness Club Sylwetka                 | 1982   | M30 | 93      | 219     | <b>1:51:05</b> | 05:15        | 1:50:44 (253.) |
| 253.     | 126      | Bielicki Radosław         | Olsztyn     | CTS Team Olsztyn                      | 1977   | M40 | 77      | 220     | <b>1:51:07</b> | 05:16        | 1:50:56 (259.) |
| 254.     | 41       | Markowska Katarzyna       | Grudziądz   |                                       | 1980   | K30 | 12      | 34      | <b>1:51:08</b> | 05:16        | 1:50:44 (254.) |
| 255.     | 271      | DULSKI Tadeusz            | Grudziądz   | SP 8 Grudziądz                        | 1969   | M50 | 21      | 221     | <b>1:51:08</b> | 05:16        | 1:50:50 (257.) |
| 256.     | 288      | Markowska Anna            | Grudziądz   | SP 8 Grudziądz                        | 1980   | K30 | 13      | 35      | <b>1:51:08</b> | 05:16        | 1:50:49 (256.) |
| 257.     | 322      | Lisowski Przemek          | Dywity      | Ctmir Spaszewski                      | 1976   | M40 | 78      | 222     | <b>1:51:10</b> | 05:16        | 1:51:03 (261.) |
| 258.     | 10       | Święcki Przemysław        | Ława        | SPORT A-Z TEAM ŁAWA                   | 1987   | M30 | 94      | 223     | <b>1:51:11</b> | 05:16        | 1:50:35 (252.) |
| 259.     | 458      | Sadowski Jakub            | Ostróda     |                                       | 1994   | M20 | 24      | 224     | <b>1:51:16</b> | 05:16        | 1:50:45 (255.) |
| 260.     | 305      | Kopczyński Piotr          | Grupa       | Akademia Biegania Grudziądz           | 1988   | M30 | 95      | 225     | <b>1:51:18</b> | 05:16        | 1:51:05 (262.) |





| Msc open | Nr start | Nazwisko i imię       | Miejscowość        | Klub                            | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|-----------------------|--------------------|---------------------------------|--------|-----|---------|---------|----------------|--------------|----------------|
| 261.     | 234      | Wierzbowska Agnieszka | Hartowiec          | Biegam U Kolesi                 | 1989   | K30 | 14      | 36      | <b>1:51:18</b> | 05:16        | 1:50:57 (260.) |
| 262.     | 352      | Pietrzak Marcin       | Ostroda            |                                 | 1984   | M30 | 96      | 226     | <b>1:51:27</b> | 05:16        | 1:50:53 (258.) |
| 263.     | 74       | Ośko Mirosław         | Olsztyn            |                                 | 1988   | M30 | 97      | 227     | <b>1:51:42</b> | 05:17        | 1:51:29 (263.) |
| 264.     | 301      | Nasuta Magda          | Olsztyn            | CTS Team Olsztyn                | 1978   | K40 | 14      | 37      | <b>1:51:56</b> | 05:18        | 1:51:33 (264.) |
| 265.     | 109      | Bartkowski Zdzisław   | Grudziądz          |                                 | 1963   | M50 | 22      | 228     | <b>1:52:07</b> | 05:18        | 1:51:47 (265.) |
| 266.     | 222      | Trukawka Piotr        | Rakowiec           | Rakowiec / Kwidzyn              | 1956   | M60 | 5       | 229     | <b>1:52:46</b> | 05:20        | 1:52:33 (266.) |
| 267.     | 160      | Tyszka Filip          | Stęki              |                                 | 1981   | M30 | 98      | 230     | <b>1:53:17</b> | 05:22        | 1:53:02 (267.) |
| 268.     | 184      | Decyk Leszek          | Stawiguda          | Team Kopeć                      | 1953   | M60 | 6       | 231     | <b>1:53:39</b> | 05:23        | 1:53:29 (271.) |
| 269.     | 249      | Niewiadomski Patryk   | Czarlin            | Biegający Tczew / Sowiński Team | 1992   | M20 | 25      | 232     | <b>1:53:50</b> | 05:23        | 1:53:48 (276.) |
| 270.     | 382      | Gąsior Paweł          | Susz               | Rozbiegany Susz                 | 1986   | M30 | 99      | 233     | <b>1:53:54</b> | 05:23        | 1:53:28 (270.) |
| 271.     | 354      | Wójcik Marcin         | Gdynia             |                                 | 1983   | M30 | 100     | 234     | <b>1:53:55</b> | 05:23        | 1:53:23 (269.) |
| 272.     | 99       | Wadowski Dawid        | Kielce             |                                 | 1987   | M30 | 101     | 235     | <b>1:53:57</b> | 05:24        | 1:53:15 (268.) |
| 273.     | 130      | Wąsik Katarzyna       | Reda               |                                 | 1978   | K40 | 15      | 38      | <b>1:54:05</b> | 05:24        | 1:53:35 (272.) |
| 274.     | 173      | Markiewicz Paweł      | Elbląg             |                                 | 1983   | M30 | 102     | 236     | <b>1:54:08</b> | 05:24        | 1:53:56 (280.) |
| 275.     | 243      | Nowicki Michał        | Nowa Wiś Malborska | BluMarianTeam                   | 1975   | M40 | 79      | 237     | <b>1:54:09</b> | 05:24        | 1:53:39 (274.) |
| 276.     | 353      | Wójcik Ryszard        | Wałdowo            |                                 | 1961   | M50 | 23      | 238     | <b>1:54:09</b> | 05:24        | 1:53:37 (273.) |
| 277.     | 380      | Zięba Mariusz         | Ława               | BIEGACZE GORSZEGO SORTU         | 1993   | M20 | 26      | 239     | <b>1:54:18</b> | 05:25        | 1:53:44 (275.) |
| 278.     | 408      | Jurewicz Arkadiusz    | Ostróda            | Ostróda Runners                 | 1978   | M40 | 80      | 240     | <b>1:54:21</b> | 05:25        | 1:53:51 (278.) |
| 279.     | 409      | Kamiński Janusz       | Ostróda            | Ostróda Runners                 | 1976   | M40 | 81      | 241     | <b>1:54:21</b> | 05:25        | 1:53:53 (279.) |
| 280.     | 449      | Burdyński Przemysław  | Nidzica            | Nidzica Biega                   | 1990   | M20 | 27      | 242     | <b>1:54:22</b> | 05:25        | 1:53:48 (277.) |
| 281.     | 366      | Ćwikowski Kamil       | Augustów           |                                 | 1994   | M20 | 28      | 243     | <b>1:54:27</b> | 05:25        | 1:54:20 (287.) |
| 282.     | 12       | Rutkowski Piotr       | Elbląg             | arobron.pl                      | 1980   | M30 | 103     | 244     | <b>1:54:30</b> | 05:25        | 1:54:07 (282.) |
| 283.     | 349      | Kępczyńska Marlena    | Brodnica           | Brodnica Biega                  | 1974   | K40 | 16      | 39      | <b>1:54:36</b> | 05:25        | 1:54:02 (281.) |
| 284.     | 399      | OSIŃSKI TOMASZ        | GRUPA              |                                 | 1984   | M30 | 104     | 245     | <b>1:54:42</b> | 05:26        | 1:54:12 (285.) |
| 285.     | 55       | PLEWA Bartosz         | Grudziądz          |                                 | 1976   | M40 | 82      | 246     | <b>1:54:42</b> | 05:26        | 1:54:12 (286.) |
| 286.     | 178      | Tyminski Przemysław   | Grudziądz          | LA RIVE TEAM                    | 1982   | M30 | 105     | 247     | <b>1:54:44</b> | 05:26        | 1:54:23 (288.) |
| 287.     | 432      | Dobrowolska Monika    | Nysa               |                                 | 1995   | K20 | 7       | 40      | <b>1:54:44</b> | 05:26        | 1:54:35 (290.) |
| 288.     | 278      | Ciepliński Rafał      | Jabłonowo          | Brodnica Biega                  | 1975   | M40 | 83      | 248     | <b>1:54:44</b> | 05:26        | 1:54:09 (283.) |
| 289.     | 344      | Gerka Jacek           | Brodnica           | Brodnica Biega                  | 1980   | M30 | 106     | 249     | <b>1:54:44</b> | 05:26        | 1:54:10 (284.) |
| 290.     | 313      | Ciepcieliński Dawid   | Brodnica           | biegam bo biegam                | 1985   | M30 | 107     | 250     | <b>1:54:52</b> | 05:26        | 1:54:31 (289.) |
| 291.     | 8        | Zych Dawid            | Elbląg             | Spartanie Dzieciom              | 1974   | M40 | 84      | 251     | <b>1:55:06</b> | 05:27        | 1:54:56 (291.) |
| 292.     | 465      | Woźniak Jakub         | Ostróda            |                                 | 1979   | M40 | 85      | 252     | <b>1:55:24</b> | 05:28        | 1:55:03 (293.) |
| 293.     | 27       | Chrabonszcz Jerzy     | Ostróda            |                                 | 1957   | M60 | 7       | 253     | <b>1:55:25</b> | 05:28        | 1:55:14 (297.) |



| Msc open | Nr start | Nazwisko i imię            | Miejscowość     | Klub                        | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|----------------------------|-----------------|-----------------------------|--------|-----|---------|---------|----------------|--------------|----------------|
| 294.     | 13       | Ławniczak-Pietrzak Dagmara | Zbiczno         |                             | 1981   | K30 | 15      | 41      | <b>1:55:26</b> | 05:28        | 1:55:03 (292.) |
| 295.     | 142      | Kaniewska Alicja           | Grudziądz       | Akademia Biegania Grudziądz | 1967   | K50 | 1       | 42      | <b>1:55:27</b> | 05:28        | 1:55:09 (294.) |
| 296.     | 198      | Pieczkowski Artur          | Nowe Miasto     | Radomno Biega               | 1985   | M30 | 108     | 254     | <b>1:55:27</b> | 05:28        | 1:55:11 (296.) |
| 297.     | 15       | Pytyńska Izabela           | Grudziądz       |                             | 1980   | K30 | 16      | 43      | <b>1:55:28</b> | 05:28        | 1:55:14 (298.) |
| 298.     | 14       | Pytyński Arkadiusz         | Grudziądz       |                             | 1980   | M30 | 109     | 255     | <b>1:55:29</b> | 05:28        | 1:55:15 (299.) |
| 299.     | 101      | nowik marika               | Bartąg          | CTS Team Olsztyn            | 1988   | K30 | 17      | 44      | <b>1:55:32</b> | 05:28        | 1:55:10 (295.) |
| 300.     | 463      | Lewandowski Wojciech       | Jamielnik       | Kurzętnik Biega             | 1990   | M20 | 29      | 256     | <b>1:55:46</b> | 05:29        | 1:55:27 (300.) |
| 301.     | 98       | Mączewska Marzena          | Grudziądz       |                             | 1969   | K50 | 2       | 45      | <b>1:56:05</b> | 05:30        | 1:55:52 (304.) |
| 302.     | 78       | Olszewik Arkadiusz         | Ostróda         | Brzozowski Team             | 1974   | M40 | 86      | 257     | <b>1:56:06</b> | 05:30        | 1:55:40 (301.) |
| 303.     | 433      | Strumiński Waldemar        | Elbląg          |                             | 1951   | M60 | 8       | 258     | <b>1:56:09</b> | 05:30        | 1:56:02 (307.) |
| 304.     | 169      | Odolińska Agnieszka        | Ostróda         | Pszczółkowski Team          | 1972   | K40 | 17      | 46      | <b>1:56:12</b> | 05:30        | 1:55:53 (305.) |
| 305.     | 170      | Odoliński Jacek            | Ostróda         | Pszczółkowski Team          | 1968   | M50 | 24      | 259     | <b>1:56:12</b> | 05:30        | 1:55:43 (302.) |
| 306.     | 143      | Falkowski Piotr            | Łława           |                             | 1977   | M40 | 87      | 260     | <b>1:56:22</b> | 05:30        | 1:55:55 (306.) |
| 307.     | 391      | Szcześniak Janusz          | Elbląg          |                             | 1980   | M30 | 110     | 261     | <b>1:56:27</b> | 05:31        | 1:55:52 (303.) |
| 308.     | 82       | PODLEWSKA ANNA             | OLSZTYN         |                             | 1980   | K30 | 18      | 47      | <b>1:56:29</b> | 05:31        | 1:56:20 (309.) |
| 309.     | 205      | Benz Sebastian             | TORUŃ           |                             | 1978   | M40 | 88      | 262     | <b>1:56:41</b> | 05:31        | 1:56:32 (311.) |
| 310.     | 87       | KUBKA ADAM                 | ŁÓDŹ            | FUNDACJA UDARU MÓZGU        | 1958   | M60 | 9       | 263     | <b>1:56:42</b> | 05:31        | 1:56:26 (310.) |
| 311.     | 437      | Sucheckí Tomasz            | Olsztyn         |                             | 1975   | M40 | 89      | 264     | <b>1:56:47</b> | 05:32        | 1:56:46 (313.) |
| 312.     | 355      | Ciarcíński Paweł           | Ostróda         |                             | 2001   | M20 | 30      | 265     | <b>1:56:51</b> | 05:32        | 1:56:17 (308.) |
| 313.     | 122      | Skowrońska Monika          | Suchacz         |                             | 1998   | K20 | 8       | 48      | <b>1:57:03</b> | 05:32        | 1:56:57 (315.) |
| 314.     | 272      | Baranowska-Jacewicz Wanda  | Olsztyn         | KS Neonet                   | 1964   | K50 | 3       | 49      | <b>1:57:12</b> | 05:33        | 1:56:44 (312.) |
| 315.     | 159      | Drapiewski Michał          | Łława           | #8RANOBASEN EMP ŁŁAWA       | 1982   | M30 | 111     | 266     | <b>1:57:21</b> | 05:33        | 1:57:00 (316.) |
| 316.     | 448      | SOBIETAJ Piotr             | Ostróda         |                             | 1974   | M40 | 90      | 267     | <b>1:57:24</b> | 05:33        | 1:56:49 (314.) |
| 317.     | 108      | Walentyłowicz Aneta        | Pruszcz Gdański | LOTOS Running Team          | 1977   | K40 | 18      | 50      | <b>1:57:43</b> | 05:34        | 1:57:24 (318.) |
| 318.     | 7        | Fras Mirek                 | Ostróda         | Ostróda Runners             | 1975   | M40 | 91      | 268     | <b>1:57:46</b> | 05:34        | 1:57:18 (317.) |
| 319.     | 361      | Rumocki Józek              | Grudziądz       | SPORT I REKREACJA DELFIN    | 1959   | M60 | 10      | 269     | <b>1:57:46</b> | 05:34        | 1:57:29 (319.) |
| 320.     | 90       | Laszczak Jerzy             | Olsztyn         | AKM Olsztyn/sklepiegacza.pl | 1961   | M50 | 25      | 270     | <b>1:58:01</b> | 05:35        | 1:57:45 (322.) |
| 321.     | 154      | Cybulska Monika            | Grudziądz       |                             | 1973   | K40 | 19      | 51      | <b>1:58:10</b> | 05:36        | 1:57:40 (320.) |
| 322.     | 375      | Piechocki Paweł            | Ostróda         | Ostróda Runners             | 1977   | M40 | 92      | 271     | <b>1:58:11</b> | 05:36        | 1:57:50 (324.) |
| 323.     | 404      | barański piotr             | Pruszków        |                             | 1982   | M30 | 112     | 272     | <b>1:58:11</b> | 05:36        | 1:57:44 (321.) |
| 324.     | 172      | Jędrak Marcin              | Grudziądz       |                             | 1985   | M30 | 113     | 273     | <b>1:58:14</b> | 05:36        | 1:57:53 (326.) |
| 325.     | 453      | Makarczuk-Jackowska Beata  | Ostróda         | Ostróda Runners             | 1985   | K30 | 19      | 52      | <b>1:58:15</b> | 05:36        | 1:57:52 (325.) |
| 326.     | 207      | Całka Aneta                | Olsztyn         |                             | 1974   | K40 | 20      | 53      | <b>1:58:15</b> | 05:36        | 1:57:53 (327.) |



| Msc open | Nr start | Nazwisko i imię       | Miejscowość         | Klub  | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|-----------------------|---------------------|---|--------|-----|---------|---------|----------------|--------------|----------------|
| 327.     | 116      | Filipowicz Albert     | Tyrowo              | Albert biega                                      | 1972   | M40 | 93      | 274     | <b>1:58:16</b> | 05:36        | 1:57:45 (323.) |
| 328.     | 208      | Krawczuk Andrzej      | Gdańsk              | TeamKaraś-Elbląg                                  | 1957   | M60 | 11      | 275     | <b>1:58:24</b> | 05:36        | 1:58:05 (330.) |
| 329.     | 314      | Hermanowski Krzysztof | Ostróda             | Ostróda Runners                                   | 1977   | M40 | 94      | 276     | <b>1:58:26</b> | 05:36        | 1:57:56 (328.) |
| 330.     | 259      | Macholla Danuta       | Ostróda, Szafranki  | Ostróda Runners                                   | 1983   | K30 | 20      | 54      | <b>1:58:27</b> | 05:36        | 1:57:57 (329.) |
| 331.     | 115      | Bogusławski Jarosław  | Ostróda             | Kolega Kolegi Brata Ciotecznego Ze Strony Szwagra | 1985   | M30 | 114     | 277     | <b>1:58:34</b> | 05:37        | 1:58:11 (331.) |
| 332.     | 50       | Nagiel Aneta          | McKinney stan Texas |   | 1969   | K50 | 4       | 55      | <b>1:58:46</b> | 05:37        | 1:58:40 (333.) |
| 333.     | 283      | Krajnik Wojciech      | Grudziądz           | PARKRUN GRUDZIĄDZ                                 | 1980   | M30 | 115     | 278     | <b>1:58:55</b> | 05:38        | 1:58:34 (332.) |
| 334.     | 401      | Sitnik Sylwia         | Ząbrowo             | Ostróda Runners/ OSP Turznica                     | 1993   | K20 | 9       | 56      | <b>1:59:16</b> | 05:39        | 1:58:54 (334.) |
| 335.     | 330      | RZESZOTEK MAREK       | RADOMNO             | Radomno Biega                                     | 1978   | M40 | 95      | 279     | <b>1:59:28</b> | 05:39        | 1:59:10 (335.) |
| 336.     | 285      | Kowalski Marcin       | MALBORK             | Radomno Biega                                     | 1977   | M40 | 96      | 280     | <b>1:59:28</b> | 05:39        | 1:59:11 (336.) |
| 337.     | 60       | Podsiadły Bartosz     | Dragacz             | OSP Dragacz                                       | 1990   | M20 | 31      | 281     | <b>1:59:59</b> | 05:41        | 1:59:37 (337.) |
| 338.     | 152      | Gnoza Karol           | Olsztyn             | CTS Team Olsztyn                                  | 1990   | M20 | 32      | 282     | <b>2:00:12</b> | 05:41        | 1:59:49 (339.) |
| 339.     | 365      | Sosnowka Leszek       | Działdowo           | KLUB SOSNOWY                                      | 1963   | M50 | 26      | 283     | <b>2:00:17</b> | 05:42        | 1:59:47 (338.) |
| 340.     | 386      | Czajka Daniel         | Gdańsk              | Zielone Skarpety                                  | 1984   | M30 | 116     | 284     | <b>2:00:23</b> | 05:42        | 1:59:59 (340.) |
| 341.     | 61       | Bartoszek Rafał       | Miłomłyn            |   | 1979   | M40 | 97      | 285     | <b>2:00:35</b> | 05:42        | 2:00:01 (341.) |
| 342.     | 94       | Psiuk Joanna          | Gdańsk              |   | 1997   | K20 | 10      | 57      | <b>2:00:35</b> | 05:42        | 2:00:18 (344.) |
| 343.     | 247      | Budzińska Dorota      | -                   | Biegam U Kolesi                                   | 1993   | K20 | 11      | 58      | <b>2:00:38</b> | 05:43        | 2:00:18 (343.) |
| 344.     | 203      | Grzebski Jerzy        | Mława               |   | 1959   | M60 | 12      | 286     | <b>2:00:49</b> | 05:43        | 2:00:11 (342.) |
| 345.     | 34       | Witkowski Damian      | Sierpc              |   | 1989   | M30 | 117     | 287     | <b>2:00:53</b> | 05:43        | 2:00:21 (345.) |
| 346.     | 187      | Gawińska Izabela      | Dolna Grupa         | LA RIVE TEAM                                      | 1973   | K40 | 21      | 59      | <b>2:00:57</b> | 05:44        | 2:00:39 (346.) |
| 347.     | 121      | ŚWIĘTKOWSKI TADEUSZ   | ŁAWA                |   | 1951   | M60 | 13      | 288     | <b>2:01:17</b> | 05:44        | 2:00:46 (347.) |
| 348.     | 182      | Kroemer Rafał         | Gdańsk              | Olo Team  | 1977   | M40 | 98      | 289     | <b>2:01:23</b> | 05:45        | 2:01:13 (348.) |
| 349.     | 239      | Potkaj Marcin         | Ostróda             | Ostróda Runners                                   | 1977   | M40 | 99      | 290     | <b>2:02:06</b> | 05:47        | 2:01:37 (349.) |
| 350.     | 255      | Romanowska Małgorzata | Ława                |   | 1987   | K30 | 21      | 60      | <b>2:02:30</b> | 05:48        | 2:02:07 (351.) |
| 351.     | 31       | Piotrowska Justyna    | Butowo              |   | 1977   | K40 | 22      | 61      | <b>2:02:37</b> | 05:48        | 2:02:02 (350.) |
| 352.     | 149      | Wszelak Tomasz        | Pieńki Królewskie   | Łubudubu  | 1974   | M40 | 100     | 291     | <b>2:02:58</b> | 05:49        | 2:02:30 (352.) |
| 353.     | 220      | Słowiński Maciej      | Olsztyn             |   | 1978   | M40 | 101     | 292     | <b>2:03:36</b> | 05:51        | 2:03:05 (353.) |
| 354.     | 334      | Wróblewski Michał     | Elbląg              |   | 1975   | M40 | 102     | 293     | <b>2:03:37</b> | 05:51        | 2:03:08 (354.) |
| 355.     | 147      | Sierdziński Tadeusz   | Ława                | ŁAWA BIEGA  | 1969   | M50 | 27      | 294     | <b>2:03:43</b> | 05:51        | 2:03:17 (355.) |
| 356.     | 175      | Tkacz Agnieszka       | Ruś                 |   | 1980   | K30 | 22      | 62      | <b>2:03:43</b> | 05:51        | 2:03:22 (356.) |
| 357.     | 88       | Gac Kamila            | Lidzbark Warmiński  |   | 1986   | K30 | 23      | 63      | <b>2:03:50</b> | 05:52        | 2:03:40 (357.) |
| 358.     | 389      | Danielewska Katarzyna | Olsztyn             | CTS Team Olsztyn                                  | 1984   | K30 | 24      | 64      | <b>2:04:13</b> | 05:53        | 2:03:50 (358.) |
| 359.     | 414      | Prusinowska Kamila    | Ostróda             |   | 1985   | K30 | 25      | 65      | <b>2:04:23</b> | 05:53        | 2:04:01 (359.) |



| Msc open | Nr start | Nazwisko i imię           | Miejscowość        | Klub   | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|---------------------------|--------------------|--|--------|-----|---------|---------|----------------|--------------|----------------|
| 360.     | 306      | Januszewska Izabela       | Grodziczno         | Biegam U Kolesi                                | 1984   | K30 | 26      | 66      | <b>2:04:30</b> | 05:54        | 2:04:09 (362.) |
| 361.     | 266      | Szwarc Krzysztof          | Ostróda            | Ostróda Runners                                | 1994   | M20 | 33      | 295     | <b>2:04:31</b> | 05:54        | 2:04:03 (360.) |
| 362.     | 242      | Nowicka Beata             | Nowa Wiś Malborska | BluMarianTeam                                  | 1974   | K40 | 23      | 67      | <b>2:04:37</b> | 05:54        | 2:04:07 (361.) |
| 363.     | 165      | Modrak Maciej             | Grudziądz          | PARKRUN GRUDZIĄDZ                              | 1969   | M50 | 28      | 296     | <b>2:05:28</b> | 05:56        | 2:05:03 (363.) |
| 364.     | 268      | Zdrojewska Agnieszka      | Grudziądz          |  | 1981   | K30 | 27      | 68      | <b>2:05:49</b> | 05:57        | 2:05:25 (364.) |
| 365.     | 398      | Peślak Marzena            | Ostróda            | Ostróda Runners                                | 1970   | K40 | 24      | 69      | <b>2:06:48</b> | 06:00        | 2:06:22 (365.) |
| 366.     | 500      | Leśnicki Paweł            | Ostróda            | Ostróda Runners                                | 1976   | M40 | 103     | 297     | <b>2:07:01</b> | 06:01        | 2:06:46 (367.) |
| 367.     | 188      | Kaszuba Michał            | Olsztyn            | Lecimy Tutej                                   | 1986   | M30 | 118     | 298     | <b>2:07:09</b> | 06:01        | 2:06:37 (366.) |
| 368.     | 206      | Miler Anna                | Grupa              |  | 1979   | K40 | 25      | 70      | <b>2:07:18</b> | 06:02        | 2:07:04 (368.) |
| 369.     | 85       | Kotowska Sylwia           | Olsztyn            |  | 1984   | K30 | 28      | 71      | <b>2:07:52</b> | 06:03        | 2:07:31 (369.) |
| 370.     | 62       | Bindas Jacob              | Żukowo             |  | 1992   | M20 | 34      | 299     | <b>2:07:58</b> | 06:03        | 2:07:55 (371.) |
| 371.     | 63       | Olewniczak Robert         | Żukowo             | Drużyna św. Mikołaja                           | 1967   | M50 | 29      | 300     | <b>2:07:58</b> | 06:03        | 2:07:53 (370.) |
| 372.     | 17       | Zieliński Przemysław      | Olsztyn            | WYDZIAŁ MATEMATYKI I INFORMATYKI UWM/Team Jana | 1976   | M40 | 104     | 301     | <b>2:09:18</b> | 06:07        | 2:09:02 (372.) |
| 373.     | 69       | Woronecka Sylwia          | Morąg              | Finisz Morąg                                   | 1984   | K30 | 29      | 72      | <b>2:09:29</b> | 06:08        | 2:09:02 (373.) |
| 374.     | 447      | Szymczak Anna             | Ostróda            | Ostróda Runners                                | 1975   | K40 | 26      | 73      | <b>2:09:50</b> | 06:09        | 2:09:23 (374.) |
| 375.     | 56       | Gajewski Jerzy-Piotr      | Olsztyn            | GAJÓWKA  | 1964   | M50 | 30      | 302     | <b>2:09:51</b> | 06:09        | 2:09:27 (376.) |
| 376.     | 46       | Kupis Marta               | Olsztyn            | biegam bo lubię                                | 1978   | K40 | 27      | 74      | <b>2:09:52</b> | 06:09        | 2:09:27 (375.) |
| 377.     | 53       | Pielgrzymowski Wojciech   | Ostróda            | Ostróda Runners / sezame.pl                    | 1981   | M30 | 119     | 303     | <b>2:10:09</b> | 06:10        | 2:09:39 (378.) |
| 378.     | 28       | Święcki Dariusz           | Łława              | SPORT A-Z TEAM ŁŁAWA                           | 1974   | M40 | 105     | 304     | <b>2:10:13</b> | 06:10        | 2:09:37 (377.) |
| 379.     | 461      | Chmielewska Magdalena     | Elbląg             |  | 1987   | K30 | 30      | 75      | <b>2:10:30</b> | 06:11        | 2:10:01 (379.) |
| 380.     | 251      | Jasińska Monika           | Malbork            | Absofuckinlutely Team                          | 1978   | K40 | 28      | 76      | <b>2:10:45</b> | 06:11        | 2:10:16 (381.) |
| 381.     | 97       | Gut Leopold               | Pozezdrze          | #Wkurw_Team                                    | 1991   | M20 | 35      | 305     | <b>2:10:45</b> | 06:11        | 2:10:17 (382.) |
| 382.     | 311      | Witek Sylwia              | Malbork            |  | 1977   | K40 | 29      | 77      | <b>2:10:45</b> | 06:11        | 2:10:15 (380.) |
| 383.     | 204      | Kamionowski Mariusz-Jacek | Ostrołęka          | Morsy Ostrołęka                                | 1966   | M50 | 31      | 306     | <b>2:11:32</b> | 06:14        | 2:11:12 (383.) |
| 384.     | 221      | Wysocka Magdalena         | Pacółtowo          |  | 1978   | K40 | 30      | 78      | <b>2:11:45</b> | 06:14        | 2:11:19 (384.) |
| 385.     | 446      | Kołąkowska Kamila         | Ostróda            | Ostróda Runners                                | 1980   | K30 | 31      | 79      | <b>2:12:49</b> | 06:17        | 2:12:23 (385.) |
| 386.     | 133      | Sobczyk Joanna            | Grudziądz          |  | 1980   | K30 | 32      | 80      | <b>2:13:14</b> | 06:18        | 2:12:51 (386.) |
| 387.     | 112      | Jodko Magda               | Grudziądz          | LA RIVE TEAM                                   | 1972   | K40 | 31      | 81      | <b>2:13:39</b> | 06:20        | 2:13:14 (387.) |
| 388.     | 274      | Kłosiński Paweł           | Płońsk             | KB IM. PIOTRA SĘKOWSKIEGO                      | 1967   | M50 | 32      | 307     | <b>2:14:03</b> | 06:21        | 2:13:36 (388.) |
| 389.     | 77       | Witka Bogdan              | Ostróda            |  | 1971   | M40 | 106     | 308     | <b>2:14:22</b> | 06:22        | 2:13:51 (390.) |
| 390.     | 350      | Szymanowicz Piotr         | Gietrzwałd         |  | 1972   | M40 | 107     | 309     | <b>2:14:26</b> | 06:22        | 2:13:51 (389.) |
| 391.     | 351      | Szymanowicz Joanna        | Gietrzwałd         | Lecimy Tutej                                   | 1978   | K40 | 32      | 82      | <b>2:14:29</b> | 06:22        | 2:13:54 (391.) |
| 392.     | 321      | Smędra Jacek              | Morąg              |  | 1964   | M50 | 33      | 310     | <b>2:15:04</b> | 06:24        | 2:14:39 (392.) |



| Msc open | Nr start | Nazwisko i imię        | Miejscowość        | Klub                               | Rok ur | Kat  | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto     |
|----------|----------|------------------------|--------------------|------------------------------------|--------|------|---------|---------|----------------|--------------|----------------|
| 393.     | 250      | SKOWRONEK LIDIA        | OLSZTYN            | są wolniejsi                       | 1984   | K30  | 33      | 83      | <b>2:15:21</b> | 06:24        | 2:14:48 (394.) |
| 394.     | 58       | Stradomski Marcin      | Olsztyn            | są wolniejsi                       | 1978   | M40  | 108     | 311     | <b>2:15:21</b> | 06:24        | 2:14:47 (393.) |
| 395.     | 292      | RUDZIŃSKA MAGDALENA    | OLSZTYN            |                                    | 1976   | K40  | 33      | 84      | <b>2:15:34</b> | 06:25        | 2:15:16 (395.) |
| 396.     | 393      | Gieraga Jerzy          | Łomża              |                                    | 1950   | M60  | 14      | 312     | <b>2:15:44</b> | 06:26        | 2:15:22 (396.) |
| 397.     | 413      | Grędziszewski Waldemar | Morań              |                                    | 1960   | M50  | 34      | 313     | <b>2:15:58</b> | 06:26        | 2:15:40 (397.) |
| 398.     | 332      | Pawlik Anna            | Ostróda            | Ostróda Runners                    | 1971   | K40  | 34      | 85      | <b>2:17:24</b> | 06:30        | 2:16:54 (398.) |
| 399.     | 457      | Małkowski Łukasz       | Olsztyn            |                                    | 1989   | M30  | 120     | 314     | <b>2:17:28</b> | 06:30        | 2:16:56 (399.) |
| 400.     | 451      | Dzilińska Katarzyna    | Ostróda            | Ostróda Runners                    | 1974   | K40  | 35      | 86      | <b>2:17:32</b> | 06:31        | 2:17:05 (400.) |
| 401.     | 201      | Grabkowski Andrzej     | Łława              |                                    | 1947   | M70+ | 1       | 315     | <b>2:17:38</b> | 06:31        | 2:17:07 (401.) |
| 402.     | 11       | Nowakowski Czesław     | Warszawa           | Klub Biegacza GOCH                 | 1947   | M70+ | 2       | 316     | <b>2:17:44</b> | 06:31        | 2:17:26 (403.) |
| 403.     | 151      | Wronski Lesław         | Malbork            |                                    | 1972   | M40  | 109     | 317     | <b>2:17:45</b> | 06:31        | 2:17:11 (402.) |
| 404.     | 362      | Nieściór Mieczysława   | Stętkiny / Olsztyn | Młynago / Kąpiący się zimą Olsztyn | 1970   | K40  | 36      | 87      | <b>2:18:27</b> | 06:33        | 2:17:53 (404.) |
| 405.     | 224      | Jabłońska Małgorzata   | Grudziądz          | Wtorkowy Trening                   | 1968   | K50  | 5       | 88      | <b>2:21:44</b> | 06:43        | 2:21:10 (405.) |
| 406.     | 171      | Jabłoński Jakub        | Grudziądz          | Wtorkowy Trening                   | 1999   | M20  | 36      | 318     | <b>2:21:44</b> | 06:43        | 2:21:11 (406.) |
| 407.     | 343      | TRUKAWKA TADEUSZ       | JANOWO             |                                    | 1960   | M50  | 35      | 319     | <b>2:22:06</b> | 06:44        | 2:21:31 (407.) |
| 408.     | 345      | Antochowski Jan        | Ostróda            |                                    | 1953   | M60  | 15      | 320     | <b>2:22:28</b> | 06:45        | 2:22:20 (408.) |
| 409.     | 148      | Wszelak Iłona          | Pieńki Królewskie  |                                    | 1976   | K40  | 37      | 89      | <b>2:23:32</b> | 06:48        | 2:23:01 (409.) |
| 410.     | 395      | Wydrych Barbara        | Grudziądz          | PARKRUN GRUDZIĄDZ                  | 1983   | K30  | 34      | 90      | <b>2:23:37</b> | 06:48        | 2:23:05 (410.) |
| 411.     | 138      | GRACZYKOWSKA Natalia   | Grudziądz          | Łubudubu                           | 1980   | K30  | 35      | 91      | <b>2:24:08</b> | 06:49        | 2:23:37 (411.) |
| 412.     | 317      | Krokwińska Bożena      | Ostróda            | Ostróda Runners                    | 1961   | K50  | 6       | 92      | <b>2:24:53</b> | 06:52        | 2:24:35 (413.) |
| 413.     | 155      | Cybulski Mariusz       | Grudziądz          |                                    | 1971   | M40  | 110     | 321     | <b>2:25:01</b> | 06:52        | 2:24:27 (412.) |
| 414.     | 30       | Pawłowska Karolina     | Ostróda            |                                    | 1993   | K20  | 12      | 93      | <b>2:30:31</b> | 07:08        | 2:30:02 (414.) |
| 415.     | 37       | Karwowska Angelika     | Grudziądz          | Akademia Biegania Grudziądz        | 1984   | K30  | 36      | 94      | <b>2:31:11</b> | 07:09        | 2:30:37 (415.) |
| 416.     | 300      | Panfil Magdalena       | Ostroda            |                                    | 1978   | K40  | 38      | 95      | <b>2:31:42</b> | 07:11        | 2:31:05 (417.) |
| 417.     | 423      | Lipka Eliza            | Ostroda            | Ostróda Runners                    | 1977   | K40  | 39      | 96      | <b>2:31:42</b> | 07:11        | 2:31:05 (416.) |
| 418.     | 387      | Bąkała Sebastian       | Łódź               |                                    | 1992   | M20  | 37      | 322     | <b>2:33:38</b> | 07:16        | 2:33:09 (419.) |
| 419.     | 123      | Siger Adam             | Łódź               | FUNDACJA UDARU MÓZGU               | 1974   | M40  | 111     | 323     | <b>2:33:38</b> | 07:16        | 2:33:00 (418.) |
| 420.     | 23       | Chrabonszcz Maria      | Ostróda            |                                    | 1960   | K50  | 7       | 97      | <b>2:33:48</b> | 07:17        | 2:33:40 (420.) |
| 421.     | 329      | Jaworska Agnieszka     | Warszawa           |                                    | 1980   | K30  | 37      | 98      | <b>2:37:16</b> | 07:27        | 2:36:43 (421.) |
| 422.     | 419      | Błaszkiwicz Katarzyna  | Ostróda            | Ostróda Runners                    | 1965   | K50  | 8       | 99      | <b>2:38:24</b> | 07:30        | 2:37:52 (422.) |
| 423.     | 233      | Błaszkiwicz Piotr      | Ostróda            | Ostróda Runners                    | 1965   | M50  | 36      | 324     | <b>2:38:25</b> | 07:30        | 2:37:53 (423.) |
| 424.     | 162      | Więckowska Marta       | Stętkiny           | Rok                                | 1981   | K30  | 38      | 100     | <b>2:41:11</b> | 07:38        | 2:40:33 (424.) |
| 425.     | 29       | Kucharski Adam         | Strzelce Opolski   |                                    | 1994   | M20  | 38      | 325     | <b>2:49:25</b> | 08:01        | 2:48:52 (425.) |





| Msc<br>open | Nr<br>start | Nazwisko i imię   | Miejscowość | Klub | Rok<br>ur | Kat | Msc<br>kat | Msc<br>M/K | Wynik<br>brutto | Tempo<br>min/km | Czas<br>netto  |
|-------------|-------------|-------------------|-------------|------|-----------|-----|------------|------------|-----------------|-----------------|----------------|
| 426.        | 280         | MACKIEWICZ BOŻENA | OLSZTYN     |      | 1961      | K50 | 9          | 101        | <b>2:53:37</b>  | 08:13           | 2:53:16 (426.) |

Liczba zawodników: 426

