

# XXXIII BIEG PRZYJAŹNI

## Wyniki OPEN 10km Widziszewo 2019-08-11



| Msc open | Nr start | Nazwisko i imię       | Miejscowość    | Klub                           | Rok ur | Kat  | Msc kat | Msc M/K | Gmina Kościan | Wynik brutto   | Tempo min/km | Czas netto |
|----------|----------|-----------------------|----------------|--------------------------------|--------|------|---------|---------|---------------|----------------|--------------|------------|
| 1.       | 126      | Stepanienko Paweł     | Ostrów Wlkp.   |                                | 1990   | M20  |         | 1.      |               | <b>0:34:53</b> | 03:29        | 0:34:53    |
| 2.       | 104      | Szymanowski Krzysztof | Kościan        | SZYMANOWSKI TEAM /JW1517       | 1993   | M20  |         | 2.      |               | <b>0:36:08</b> | 03:36        | 0:36:08    |
| 3.       | 125      | Nowak Łukasz          | Czempiń        | Helios Czempiń Team            | 1988   | M30  |         | 3.      |               | <b>0:36:12</b> | 03:37        | 0:36:11    |
| 4.       | 29       | Musiał Tomasz         | Rydzyzna       | SzymanowskiTeam PSP            | 1974   | M45  |         | 4.      |               | <b>0:36:46</b> | 03:40        | 0:36:46    |
| 5.       | 108      | Miaskowski Dawid      | Leszno         | MIASEK TEAM                    | 1980   | M30  |         | 5.      |               | <b>0:37:41</b> | 03:46        | 0:37:41    |
| 6.       | 133      | Lipowy Dawid          | Bukówiec Górny | TG Sokół Bukówiec Górny        | 1991   | M20  |         | 6.      |               | <b>0:38:47</b> | 03:52        | 0:38:46    |
| 7.       | 65       | Ptashuk Katsiaryna    | leszno         | Achilles Leszno                | 1991   | K20  |         | 1.      |               | <b>0:39:30</b> | 03:57        | 0:39:30    |
| 8.       | 1        | Szczepaniak Mariusz   | Kościan        | LKS SANA Kościan               | 1986   | M30  | 1.      | 7.      |               | <b>0:39:47</b> | 03:58        | 0:39:47    |
| 9.       | 98       | Wałkiewicz Paweł      | Leszno         |                                | 1982   | M30  | 2.      | 8.      |               | <b>0:40:12</b> | 04:01        | 0:40:11    |
| 10.      | 74       | Musielak Patryk       | Leszno         | Rozwiń z nami skrzydła         | 1983   | M30  | 3.      | 9.      |               | <b>0:41:10</b> | 04:07        | 0:41:09    |
| 11.      | 60       | Bieniek Krzysztof     | Kąkolewo       |                                | 1967   | M50  | 1.      | 10.     |               | <b>0:41:21</b> | 04:08        | 0:41:19    |
| 12.      | 15       | Janowicz Wojciech     | Rydzyzna       |                                | 1976   | M40  | 1.      | 11.     |               | <b>0:41:29</b> | 04:08        | 0:41:28    |
| 13.      | 46       | Kaczmarek Adam        | Poznań         | Parkrun Polska                 | 1970   | M45  | 1.      | 12.     |               | <b>0:41:31</b> | 04:09        | 0:41:30    |
| 14.      | 28       | Frąckowiak Norbert    | Kościan        |                                | 1972   | M45  | 2.      | 13.     |               | <b>0:41:37</b> | 04:09        | 0:41:28    |
| 15.      | 53       | Kaniuk Sławomir       | Grodzisk Wlkp  | GB Wielkopolscy Biegacze       | 1970   | M45  | 3.      | 14.     |               | <b>0:41:49</b> | 04:10        | 0:41:46    |
| 16.      | 127      | Kazimirowa Olga       | Kalisz         | ICE Mat Team Ostrów Wlkp.      | 1975   | K40  |         | 2.      |               | <b>0:41:59</b> | 04:11        | 0:41:57    |
| 17.      | 8        | Kędzia Bartłomiej     | Radomicko      | LKS SANA Kościan               | 1977   | M40  | 2.      | 15.     |               | <b>0:42:34</b> | 04:15        | 0:42:33    |
| 18.      | 76       | Paradowski Kamil      | Zgorzelec      |                                | 1994   | M20  | 1.      | 16.     |               | <b>0:42:53</b> | 04:17        | 0:42:52    |
| 19.      | 20       | Franek Dawid          | Przemęt        |                                | 1981   | M30  | 4.      | 17.     |               | <b>0:43:00</b> | 04:18        | 0:42:55    |
| 20.      | 87       | Tomaszewski Grzegorz  | Poznań         | Parkrun Poznań                 | 1978   | M40  | 3.      | 18.     |               | <b>0:43:24</b> | 04:20        | 0:43:21    |
| 21.      | 61       | Michalski Marian      | Bruszczewo     | Bieganie na śniadanie w Śmiglu | 1963   | M55  | 1.      | 19.     |               | <b>0:43:32</b> | 04:21        | 0:43:31    |
| 22.      | 25       | Knaflewska Justyna    | Dąbcze         | R-TEAM RYDZYNA                 | 1979   | K40  |         | 3.      |               | <b>0:43:39</b> | 04:21        | 0:43:37    |
| 23.      | 57       | Janowicz Jerzy        | leszno         | Achilles Leszno                | 1957   | M60+ | 1.      | 20.     |               | <b>0:43:46</b> | 04:22        | 0:43:45    |



| Msc open | Nr start | Nazwisko i imię      | Miejscowość | Klub                         | Rok ur | Kat  | Msc kat | Msc M/K | Gmina Kościan | Wynik brutto   | Tempo min/km | Czas netto |
|----------|----------|----------------------|-------------|------------------------------|--------|------|---------|---------|---------------|----------------|--------------|------------|
| 24.      | 52       | Szczygieł Daniel     | Poznań      |                              | 1997   | M20  | 2.      | 21.     |               | <b>0:43:49</b> | 04:22        | 0:43:47    |
| 25.      | 122      | Chruszczewski Kacper | wschowa     | Endorfina Wschowa            | 2001   | M16  | 1.      | 22.     |               | <b>0:43:51</b> | 04:23        | 0:43:49    |
| 26.      | 59       | Ptaszyński Wojciech  | Kościan     |                              | 1966   | M50  | 2.      | 23.     |               | <b>0:44:12</b> | 04:25        | 0:44:08    |
| 27.      | 62       | Naskręt Filip        | Widziszewo  | nodon.pl                     | 1979   | M40  | 4.      | 24.     | 1.            | <b>0:44:20</b> | 04:26        | 0:44:18    |
| 28.      | 14       | Naskręt Przemysław   | Racot       | TEAM KOŚCIAN                 | 1980   | M30  | 5.      | 25.     | 2.            | <b>0:44:30</b> | 04:27        | 0:44:27    |
| 29.      | 134      | Kaczmarek Mirosław   | Kościan     | TEAM KOŚCIAN                 | 1970   | M45  | 4.      | 26.     |               | <b>0:44:37</b> | 04:27        | 0:44:35    |
| 30.      | 95       | Trzepacz Gabriela    | Milejów     | 100 batalion łączności       | 1993   | K20  |         | 4.      |               | <b>0:44:45</b> | 04:28        | 0:44:44    |
| 31.      | 101      | Bachorski Remigiusz  | Sława       | Zabiegani Sława              | 1984   | M30  | 6.      | 27.     |               | <b>0:44:45</b> | 04:28        | 0:44:40    |
| 32.      | 19       | ZIELIŃSKA MARTYNA    | LESZNO      | Krawczyk Team                | 1988   | K30  |         | 5.      |               | <b>0:45:01</b> | 04:30        | 0:45:01    |
| 33.      | 67       | Rejek Wiesław        | Krobia      |                              | 1955   | M60+ | 2.      | 28.     |               | <b>0:45:02</b> | 04:30        | 0:44:57    |
| 34.      | 72       | Wiśniewska Anna      | Poznań      | HERNIK TEAM                  | 1982   | K30  |         | 6.      |               | <b>0:45:14</b> | 04:31        | 0:45:11    |
| 35.      | 73       | Król Darek           | Świątniki   | HERNIK TEAM                  | 1967   | M50  | 3.      | 29.     |               | <b>0:45:23</b> | 04:32        | 0:45:20    |
| 36.      | 27       | Knaflewski Krystian  | Rydzyzna    | R-Team Rydzyzna              | 1978   | M40  | 5.      | 30.     |               | <b>0:45:24</b> | 04:32        | 0:45:21    |
| 37.      | 3        | Pospieszny Krzysztof | Kościan     | Kościan Team                 | 1972   | M45  | 5.      | 31.     |               | <b>0:45:51</b> | 04:35        | 0:45:48    |
| 38.      | 124      | Golak Agnieszka      | Wyrzeka     | Runner's Power               | 1976   | K40  | 1.      | 7.      |               | <b>0:45:54</b> | 04:35        | 0:45:53    |
| 39.      | 47       | Ciesielski Jakub     | Henrykowo   | TAKT/ ViaCon                 | 1984   | M30  | 7.      | 32.     |               | <b>0:46:24</b> | 04:38        | 0:46:20    |
| 40.      | 16       | Kuczyński Piotr      | Poznań      | NKB CHYŻY Nowy Tomyśl        | 1956   | M60+ | 3.      | 33.     |               | <b>0:46:24</b> | 04:38        | 0:46:17    |
| 41.      | 91       | WINKLER WIKTOR       | Leszno      |                              | 1981   | M30  | 8.      | 34.     |               | <b>0:46:40</b> | 04:40        | 0:46:38    |
| 42.      | 34       | Jęcz Adam            | Kościan     | Kościan Team                 | 1980   | M30  | 9.      | 35.     |               | <b>0:46:46</b> | 04:40        | 0:46:43    |
| 43.      | 63       | Lasik Bartłomiej     | Leszno      | Biegające Dziki              | 1984   | M30  | 10.     | 36.     |               | <b>0:46:52</b> | 04:41        | 0:46:47    |
| 44.      | 13       | Stefaniak Dariusz    | Racot       | PKS Racot RUN                | 1982   | M30  | 11.     | 37.     | 3.            | <b>0:46:53</b> | 04:41        | 0:46:51    |
| 45.      | 78       | Wachowiak Rafał      | Kościan     | Kościan Team                 | 1973   | M45  | 6.      | 38.     |               | <b>0:47:02</b> | 04:42        | 0:46:52    |
| 46.      | 131      | Kucharski Tomasz     | Śmigiel     |                              | 1980   | M30  | 12.     | 39.     |               | <b>0:47:20</b> | 04:44        | 0:47:15    |
| 47.      | 42       | Szczerbal Adam       | Kościan     | Kościan Team                 | 1961   | M55  | 2.      | 40.     |               | <b>0:47:30</b> | 04:45        | 0:47:27    |
| 48.      | 99       | Jurkowska Dominika   | Wschowa     | Endorfina Wschowa            | 1990   | K20  | 1.      | 8.      |               | <b>0:47:33</b> | 04:45        | 0:47:30    |
| 49.      | 116      | Kmiecik Kacper       | Wolsztyn    | Wolsztyńska Akademia Biegowa | 2003   | M16  | 2.      | 41.     |               | <b>0:47:37</b> | 04:45        | 0:47:37    |



| Msc open | Nr start | Nazwisko i imię       | Miejscowość        | Klub                          | Rok ur | Kat  | Msc kat | Msc M/K | Gmina Kościan | Wynik brutto   | Tempo min/km | Czas netto |
|----------|----------|-----------------------|--------------------|-------------------------------|--------|------|---------|---------|---------------|----------------|--------------|------------|
| 50.      | 49       | KOSEK DARIUSZ         | Żmigród            | 1966                          | 1966   | M50  | 4.      | 42.     |               | <b>0:47:39</b> | 04:45        | 0:47:34    |
| 51.      | 64       | Derlatko Marek        | Golina Wielka      |                               | 1978   | M40  | 6.      | 43.     |               | <b>0:47:45</b> | 04:46        | 0:47:41    |
| 52.      | 9        | Ujejska Danuta        | Święciechowa       |                               | 1978   | K40  | 2.      | 9.      |               | <b>0:47:46</b> | 04:46        | 0:47:43    |
| 53.      | 123      | Klimaszewski Jacek    | Krzemieniewo       | OD PONIEDZIAŁKU               | 1984   | M30  | 13.     | 44.     |               | <b>0:48:07</b> | 04:48        | 0:48:03    |
| 54.      | 71       | Sikora Piotr          | Kielczewo          | TGV Club                      | 1982   | M30  | 14.     | 45.     | 4.            | <b>0:48:13</b> | 04:49        | 0:48:06    |
| 55.      | 96       | Przybył WŁADYSŁAW     | Środa Wielkopolska | KB Aktywni Środa Wielkopolska | 1962   | M55  | 3.      | 46.     |               | <b>0:48:21</b> | 04:50        | 0:48:20    |
| 56.      | 89       | Budziszewska Sandra   | Wschowa            | Endorfina Wschowa             | 1989   | K30  | 1.      | 10.     |               | <b>0:48:25</b> | 04:50        | 0:48:22    |
| 57.      | 79       | Grzywaczyk Artur      | Suchy Las          | #BIEGACZE                     | 1964   | M55  | 4.      | 47.     |               | <b>0:48:25</b> | 04:50        | 0:48:16    |
| 58.      | 4        | Sielągowski Sebastian | Włoszakowice       | GOOD TEAM WŁOSZAKOWICE        | 1979   | M40  | 7.      | 48.     |               | <b>0:48:36</b> | 04:51        | 0:48:34    |
| 59.      | 112      | ANDRZEJEWSKI JACEK    | KOŚCIAN            | Kościan Team                  | 1966   | M50  | 5.      | 49.     |               | <b>0:48:58</b> | 04:53        | 0:48:49    |
| 60.      | 56       | Ratajczak Rajmund     | Poznań             |                               | 1962   | M55  | 5.      | 50.     |               | <b>0:49:22</b> | 04:56        | 0:49:19    |
| 61.      | 38       | Sapała Jacek          | Kościan            |                               | 1992   | M20  | 3.      | 51.     |               | <b>0:49:27</b> | 04:56        | 0:49:21    |
| 62.      | 100      | Drapała Marcin        | Kościan            | Kościan Team                  | 1975   | M40  | 8.      | 52.     |               | <b>0:49:48</b> | 04:58        | 0:49:38    |
| 63.      | 70       | Poprawski Tomasz      | Leszno             | Viacon                        | 1985   | M30  | 15.     | 53.     |               | <b>0:49:52</b> | 04:59        | 0:49:48    |
| 64.      | 83       | Górczak Krzysztof     | Kościan            | LKS SANA Kościan              | 2000   | M16  | 3.      | 54.     |               | <b>0:50:03</b> | 05:00        | 0:50:02    |
| 65.      | 12       | Chudy Roman           | Rydzyzna           | R-Team Rydzyzna               | 1958   | M60+ | 4.      | 55.     |               | <b>0:50:19</b> | 05:01        | 0:50:15    |
| 66.      | 88       | Majchrzak Jacek       | Kościan            | Kościan Team                  | 1980   | M30  | 16.     | 56.     | 5.            | <b>0:50:30</b> | 05:03        | 0:50:23    |
| 67.      | 119      | Knaź Władysław        | Gniezno            | Na Luzie                      | 1953   | M60+ | 5.      | 57.     |               | <b>0:51:11</b> | 05:07        | 0:51:10    |
| 68.      | 111      | Lira Sebastian        | Januszewo          | brak klubu                    | 1999   | M20  | 4.      | 58.     | 6.            | <b>0:51:12</b> | 05:07        | 0:51:10    |
| 69.      | 26       | Olszewski Stanisław   | Wolsztyn           |                               | 1964   | M55  | 6.      | 59.     |               | <b>0:51:23</b> | 05:08        | 0:51:16    |
| 70.      | 121      | Frąszczak Marek       | Kościan            | Kościan Team                  | 1976   | M40  | 9.      | 60.     |               | <b>0:51:42</b> | 05:10        | 0:51:34    |
| 71.      | 238      | Kwiatkowski Tadeusz   | Wieleń             | Wolsztyński Klub Biegowy      | 1951   | M60+ | 6.      | 61.     |               | <b>0:51:43</b> | 05:10        | 0:51:38    |
| 72.      | 120      | Dajewski Andrzej      | Stare Oborzyska    |                               | 1959   | M60+ | 7.      | 62.     | 7.            | <b>0:51:54</b> | 05:11        | 0:51:48    |
| 73.      | 69       | Pawlak Monika         | Kościan            | Kościan Team                  | 1983   | K30  | 2.      | 11.     |               | <b>0:52:37</b> | 05:15        | 0:52:30    |
| 74.      | 66       | Michalski Hieronim    | Kościan            | TEAM KOŚCIAN                  | 1963   | M55  | 7.      | 63.     |               | <b>0:52:40</b> | 05:16        | 0:52:33    |
| 75.      | 128      | Kaźmierczak Roman     | Kościan            | Sztafeta Ateńska              | 1958   | M60+ | 8.      | 64.     |               | <b>0:52:53</b> | 05:17        | 0:52:52    |



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|----------|----------|-----------------------|-------------------|---------------------|--------|------|---------|---------|---------------|----------------|--------------|------------|
| 76.      | 32       | GAJKOWSKI ANDRZEJ     | WIEWIERZ          | Endorfiny Wasosz    | 1973   | M45  | 7.      | 65.     |               | <b>0:53:06</b> | 05:18        | 0:53:01    |
| 77.      | 93       | MAZUR KATARZYNA       | Krosno Odrzańskie | UMLAUT              | 1980   | K30  | 3.      | 12.     |               | <b>0:53:11</b> | 05:19        | 0:53:06    |
| 78.      | 94       | ROGOWSKI Tomasz       | KROSNO            | UMLAUT              | 1983   | M30  | 17.     | 66.     |               | <b>0:53:12</b> | 05:19        | 0:53:06    |
| 79.      | 86       | NOWAK JÓZEF           | SKÓRZEWO          | BBC SKÓRZEWO        | 1955   | M60+ | 9.      | 67.     |               | <b>0:53:37</b> | 05:21        | 0:53:29    |
| 80.      | 7        | Chojniak Wiesław      | Poznań            |                     | 1973   | M45  | 8.      | 68.     |               | <b>0:53:40</b> | 05:22        | 0:53:33    |
| 81.      | 39       | Janowska Olga         | Poznan            |                     | 1988   | K30  | 4.      | 13.     |               | <b>0:53:45</b> | 05:22        | 0:53:40    |
| 82.      | 75       | Zielinska Kinga       | Stare Oborzyska   | Speet Feet '16      | 1973   | K40  | 3.      | 14.     | 1.            | <b>0:54:02</b> | 05:24        | 0:53:57    |
| 83.      | 37       | Ratajczak Kazimierz   | Kościan           |                     | 1956   | M60+ | 10.     | 69.     |               | <b>0:54:03</b> | 05:24        | 0:53:55    |
| 84.      | 135      | Stężycki Mikołaj      | Kościan           |                     | 1962   | M55  | 8.      | 70.     |               | <b>0:54:05</b> | 05:24        | 0:53:58    |
| 85.      | 11       | Knasiak Tomasz        | Leszno            |                     | 1981   | M30  | 18.     | 71.     |               | <b>0:54:33</b> | 05:27        | 0:54:30    |
| 86.      | 6        | Kapturek Wojciech     | CZEMPIŃ           | ChampionMan Team    | 1963   | M55  | 9.      | 72.     |               | <b>0:54:41</b> | 05:28        | 0:54:35    |
| 87.      | 132      | Walkowiak Agnieszka   | Kościan           | Kościan Team        | 1975   | K40  | 4.      | 15.     |               | <b>0:54:46</b> | 05:28        | 0:54:39    |
| 88.      | 36       | DOMAGAŁA TADEUSZ      | Kościan           |                     | 1960   | M55  | 10.     | 73.     |               | <b>0:54:53</b> | 05:29        | 0:54:46    |
| 89.      | 81       | Napierkowski Ksawery  | Kościan           | LKS SANA Kościan    | 1948   | M60+ | 11.     | 74.     |               | <b>0:56:08</b> | 05:36        | 0:56:00    |
| 90.      | 18       | Rybarski Rafał        | Murowana Goślina  |                     | 1970   | M45  | 9.      | 75.     |               | <b>0:56:25</b> | 05:38        | 0:56:22    |
| 91.      | 90       | Kasprzak Joanna       | Krzemieniewo      | OD PONIEDZIAŁKU     | 1985   | K30  | 5.      | 16.     |               | <b>0:57:17</b> | 05:43        | 0:57:13    |
| 92.      | 130      | Skrzypczak Artur      | Kościan           |                     | 1975   | M40  | 10.     | 76.     |               | <b>0:57:17</b> | 05:43        | 0:57:08    |
| 93.      | 110      | Matysiak Aleksandra   | GRODZISK WLKP     |                     | 1995   | K20  | 2.      | 17.     |               | <b>0:58:01</b> | 05:48        | 0:57:54    |
| 94.      | 22       | Wasielewska Agnieszka | Grodzisk Wlkp.    |                     | 1993   | K20  | 3.      | 18.     |               | <b>0:58:01</b> | 05:48        | 0:57:54    |
| 95.      | 129      | Włodarczyk Marcin     | Nowe Borówko      | Helios Czempiń Team | 1974   | M45  | 10.     | 77.     |               | <b>0:58:09</b> | 05:48        | 0:58:01    |
| 96.      | 31       | GEDA ELŻBIETA         | BOJANOWO          | MUKS SZOK BOJANOWO  | 1988   | K30  | 6.      | 19.     |               | <b>0:58:18</b> | 05:49        | 0:58:13    |
| 97.      | 54       | Terczewska Małgorzata | Kościan           | Kościan Team        | 1978   | K40  | 5.      | 20.     |               | <b>0:58:36</b> | 05:51        | 0:58:30    |
| 98.      | 2        | SALITA LECH           | GNIEZNO           | Altom Gniezno       | 1960   | M55  | 11.     | 78.     |               | <b>0:58:47</b> | 05:52        | 0:58:36    |
| 99.      | 50       | Marcinkowska Sylwia   | Oborniki          |                     | 1978   | K40  | 6.      | 21.     |               | <b>0:58:48</b> | 05:52        | 0:58:40    |
| 100.     | 97       | Jurga Michał          | Kościan           | Kościan Team        | 1989   | M30  | 19.     | 79.     |               | <b>0:58:56</b> | 05:53        | 0:58:47    |
| 101.     | 92       | Szulc Mirosław        | Luboń             |                     | 1951   | M60+ | 12.     | 80.     |               | <b>0:59:06</b> | 05:54        | 0:58:55    |



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|----------|----------|------------------------|------------------|------------------------|--------|------|---------|---------|---------------|----------------|--------------|------------|
| 102.     | 48       | Kokocińska Halina      | Kościan          | Kościan Team           | 1961   | K50+ | 1.      | 22.     |               | <b>0:59:34</b> | 05:57        | 0:59:23    |
| 103.     | 55       | Flajszer Monika        | Oborniki         |                        | 1990   | K20  | 4.      | 23.     |               | <b>1:00:00</b> | 05:59        | 0:59:51    |
| 104.     | 105      | Sęk Jarosław           | Włoszakowice     | GOOD TEAM WŁOSZAKOWICE | 1978   | M40  | 11.     | 81.     |               | <b>1:00:06</b> | 06:00        | 1:00:03    |
| 105.     | 85       | Wieland Lidia          | Leszno           |                        | 1972   | K40  | 7.      | 24.     |               | <b>1:00:09</b> | 06:00        | 1:00:03    |
| 106.     | 103      | Michalski Michał       | Kościan          | Kościan Team           | 1987   | M30  | 20.     | 82.     |               | <b>1:01:37</b> | 06:09        | 1:01:29    |
| 107.     | 102      | Michalska Ewelina      | Kościan          | Kościan Team           | 1987   | K30  | 7.      | 25.     |               | <b>1:01:37</b> | 06:09        | 1:01:29    |
| 108.     | 30       | Tomczak Danuta Jadwiga | Kościan          | TEAM KOŚCIAN           | 1957   | K50+ | 2.      | 26.     |               | <b>1:01:43</b> | 06:10        | 1:01:34    |
| 109.     | 51       | Bieniek Grzegorz       | Leszno           | PEKHO                  | 1957   | M60+ | 13.     | 83.     |               | <b>1:02:32</b> | 06:15        | 1:02:23    |
| 110.     | 10       | Ujejski Robert         | Święciechowa     |                        | 1968   | M50  | 6.      | 84.     |               | <b>1:03:14</b> | 06:19        | 1:03:04    |
| 111.     | 5        | jaś jolanta            | leszno           |                        | 1968   | K50+ | 3.      | 27.     |               | <b>1:03:31</b> | 06:21        | 1:03:22    |
| 112.     | 23       | Skrzypczak Barbara     | Kościan          |                        | 1974   | K40  | 8.      | 28.     |               | <b>1:04:57</b> | 06:29        | 1:04:46    |
| 113.     | 80       | Skąlecka Beata         | Kościan          | Kościan Team           | 1969   | K50+ | 4.      | 29.     |               | <b>1:05:50</b> | 06:35        | 1:05:44    |
| 114.     | 41       | Szczerbał Marta        | Kościan          |                        | 1991   | K20  | 5.      | 30.     |               | <b>1:05:55</b> | 06:35        | 1:05:47    |
| 115.     | 84       | kozak krystyna         | leszno           |                        | 1967   | K50+ | 5.      | 31.     |               | <b>1:09:45</b> | 06:58        | 1:09:38    |
| 116.     | 33       | Ratajczak Beata        | Kościan          | Kościan Team           | 1963   | K50+ | 6.      | 32.     |               | <b>1:09:52</b> | 06:59        | 1:09:45    |
| 117.     | 68       | Woźniak Adam           | Przysieka Polska |                        | 1993   | M20  | 5.      | 85.     |               | <b>1:10:18</b> | 07:01        | 1:10:08    |
| 118.     | 24       | Dusza Agnieszka        | Kościan          |                        | 1986   | K30  | 8.      | 33.     |               | <b>1:10:55</b> | 07:05        | 1:10:47    |
| 119.     | 35       | Waszyńska Aneta        | Bojanowo         | MUKS SZOK BOJANOWO     | 1982   | K30  | 9.      | 34.     |               | <b>1:11:33</b> | 07:09        | 1:11:28    |
| 120.     | 82       | Szkudlarek Michał      | Śmigiel          | OKSiR w Śmiglu         | 1936   | M60+ | 14.     | 86.     |               | <b>1:11:47</b> | 07:10        | 1:11:36    |
| 121.     | 58       | Kalecki Janusz         | Poznań           | Dragon Ball Z          | 1948   | M60+ | 15.     | 87.     |               | <b>1:24:28</b> | 08:26        | 1:24:22    |

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