

| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Czas netto | Tempo min/km | Wynik brutto |
|----------|----------|-----------------------|-------------------|-------------------------|--------|-----|---------|---------|------------|--------------|----------------|
| 1. | 99 | Poczwardowski Jędrzej | Toruń | MKL TORUŃ | 2002 | M30 | gen. | 1. | 0:22:36 | 3:16 | 0:22:36 |
| 2. | 40 | Filipiak Jakub | Osiek nad Notecią | | 1992 | M30 | gen. | 2. | 0:25:25 | 3:41 | 0:25:25 |
| 3. | 29 | Kolmer Artur | Kłęcko | Lechita Biega Kłęcko | 1982 | M40 | gen. | 3. | 0:26:04 | 3:46 | 0:26:04 |
| 4. | 98 | Radtko Tomasz | Łobżenica | LZS Jedność Łobżenica | 1974 | M40 | 1. | 4. | 0:26:11 | 3:47 | 0:26:11 |
| 5. | 132 | Feliksiak Łukasz | Oborniki | | 1982 | M40 | 2. | 5. | 0:26:15 | 3:48 | 0:26:15 |
| 6. | 139 | Kubiak Tomasz | Inowrocław | | 1975 | M40 | 3. | 6. | 0:26:33 | 3:50 | 0:26:34 |
| 7. | 12 | Szulc Patryk | Chodzież | Destroy Or Be Destroyed | 1991 | M30 | 1. | 7. | 0:26:52 | 3:53 | 0:26:52 |
| 8. | 70 | Pasternak Piotr | Margonin | Aktywny Margonin | 1994 | M30 | 2. | 8. | 0:27:23 | 3:58 | 0:27:23 |
| 9. | 59 | Tuński Adam | Trzcianka | | 1980 | M40 | 4. | 9. | 0:28:01 | 4:03 | 0:28:05 |
| 10. | 120 | Włodarczyk Tomasz | Witkowo | Said team | 1977 | M40 | 5. | 10. | 0:28:09 | 4:04 | 0:28:09 |
| 11. | 10 | Kucner Krystian | Szamocin | | 1992 | M30 | 3. | 11. | 0:28:40 | 4:09 | 0:28:40 |
| 12. | 153 | Kowalczyk Maciej | | Struś Kąkolowice | 1981 | M40 | 6. | 12. | 0:29:11 | 4:13 | 0:29:11 |
| 13. | 9 | Pawelec Kacper | Szamocin | | 2000 | M30 | 4. | 13. | 0:29:18 | 4:14 | 0:29:18 |
| 14. | 22 | Jeska Tomasz | Łukowo | | 1977 | M40 | 7. | 14. | 0:29:25 | 4:15 | 0:29:25 |
| 15. | 97 | Mazur Tomasz | Kcynia | | 1991 | M30 | 5. | 15. | 0:29:51 | 4:19 | 0:29:54 |
| 16. | 32 | Antosiak Krzysztof | Chodzież | | 1975 | M40 | 8. | 16. | 0:30:00 | 4:20 | 0:30:02 |
| 17. | 16 | Adamczak Adrian | Oborniki | Kęsy Team | 1988 | M30 | 6. | 17. | 0:30:14 | 4:22 | 0:30:16 |
| 18. | 101 | Matysiak Krzysztof | Srem | | 1977 | M40 | 9. | 18. | 0:30:17 | 4:23 | 0:30:19 |
| 19. | 68 | Przesławska Magdalena | Wągrowiec | | 1979 | K40 | gen. | 1. | 0:30:23 | 4:24 | 0:30:23 |
| 20. | 6 | Pawłowski Robert | Rataje | Vege Runners | 1977 | M40 | 10. | 19. | 0:31:17 | 4:32 | 0:31:20 |
| 21. | 4 | Mituta Jacek | Połajewo | Kama Run Czarnków | 1978 | M40 | 11. | 20. | 0:31:23 | 4:32 | 0:31:23 |
| 22. | 13 | Stolarczyk Kamil | Chodzież | | 2000 | M30 | 7. | 21. | 0:31:28 | 4:33 | 0:31:28 |
| 23. | 113 | Szeliga Dawid | Gorzewo | Wolf Team | 1991 | M30 | 8. | 22. | 0:31:29 | 4:33 | 0:31:29 |

| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Czas netto | Tempo min/km | Wynik brutto |
|----------|----------|-------------------------|-----------------------|--------------------------------|--------|-----|---------|---------|------------|--------------|----------------|
| 24. | 114 | Kasperek Kamila | Oborniki | ruukki | 1983 | K40 | gen. | 2. | 0:31:40 | 4:35 | 0:31:40 |
| 25. | 18 | Łukasiewicz Ewelina | Poznań | | 1994 | K30 | gen. | 3. | 0:31:42 | 4:35 | 0:31:42 |
| 26. | 129 | Hermaszczuk Paweł | Budzyń | Budzyńskie Dziki | 1977 | M40 | 12. | 23. | 0:31:45 | 4:36 | 0:31:48 |
| 27. | 152 | Sobkowiak Kamil | Chodzież | | 1978 | M40 | 13. | 24. | 0:31:48 | 4:36 | 0:31:48 |
| 28. | 52 | Maret Robert | Piła | LOKATOR NIERUCHOMOŚCI PIŁA | 1976 | M40 | 14. | 25. | 0:31:39 | 4:35 | 0:31:48 |
| 29. | 149 | Rewers Katarzyna | Wyszyny | | 1978 | K40 | 1. | 4. | 0:32:05 | 4:39 | 0:32:05 |
| 30. | 36 | Deckert Beata | Kowanówko | □---- | 1983 | K40 | 2. | 5. | 0:32:10 | 4:39 | 0:32:10 |
| 31. | 127 | Towstokory Marek | ZŁOTÓW | 122 bbl | 1976 | M40 | 15. | 26. | 0:32:14 | 4:40 | 0:32:19 |
| 32. | 82 | Glegoła Rafał | Trzcianka | | 1984 | M30 | 9. | 27. | 0:32:21 | 4:41 | 0:32:23 |
| 33. | 147 | Kado Jakub | Margonin | | 2005 | M30 | 10. | 28. | 0:32:27 | 4:42 | 0:32:27 |
| 34. | 17 | Gehrke Robert | Chodzież | | 1987 | M30 | 11. | 29. | 0:32:25 | 4:41 | 0:32:32 |
| 35. | 142 | Dobrychłop Łukasz | Chodzież | | 1987 | M30 | 12. | 30. | 0:32:25 | 4:41 | 0:32:33 |
| 36. | 62 | Bejma Karol | Gołańcz | TEAM RUN GOŁAŃCZ | 1979 | M40 | 16. | 31. | 0:32:27 | 4:42 | 0:32:35 |
| 37. | 135 | Bonikowski Mikołaj | Margonin | | 1984 | M30 | 13. | 32. | 0:32:38 | 4:43 | 0:32:40 |
| 38. | 63 | Adamska Izabela | Janowiec Wielkopolski | | 1985 | K30 | 1. | 6. | 0:32:36 | 4:43 | 0:32:41 |
| 39. | 73 | Wykrota Patryk | Roznowo | | 1996 | M30 | 14. | 33. | 0:32:46 | 4:45 | 0:32:53 |
| 40. | 47 | Moroz Marcin | Tarnowo Podgórne | | 1981 | M40 | 17. | 34. | 0:33:05 | 4:47 | 0:33:06 |
| 41. | 100 | Dziurzyński Jan | Poznań | | 1981 | M40 | 18. | 35. | 0:33:08 | 4:48 | 0:33:08 |
| 42. | 92 | Chudzik Piotr | Łobżenica | LZS | 1968 | M40 | 19. | 36. | 0:33:04 | 4:47 | 0:33:09 |
| 43. | 44 | Nowak Anna | Chodzież | PCH_RUN / Lodołamacze Margonin | 1976 | K40 | 3. | 7. | 0:33:14 | 4:49 | 0:33:15 |
| 44. | 106 | Strychalska Rysz Danuta | Wagrowiec | Team Run Golancz | 1989 | K30 | 2. | 8. | 0:33:13 | 4:48 | 0:33:17 |
| 45. | 75 | Cieszyńska Urszula | Poznań | | 1990 | K30 | 3. | 9. | 0:33:29 | 4:51 | 0:33:29 |
| 46. | 74 | Pazik Kamil | Poznań | | 1989 | M30 | 15. | 37. | 0:33:31 | 4:51 | 0:33:31 |
| 47. | 69 | Ziółkowski Marcin | Błękit | Rambo Team | 1999 | M30 | 16. | 38. | 0:33:30 | 4:51 | 0:33:41 |
| 48. | 88 | Jaskulski Tomasz | BUDZYŃ | | 1976 | M40 | 20. | 39. | 0:33:57 | 4:55 | 0:34:04 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Czas netto | Tempo min/km | Wynik brutto |
|----------|----------|-----------------------------|-------------|----------------------------|--------|-----|---------|---------|------------|--------------|----------------|
| 49. | 78 | Kutka Krzysztof | Wyszyny | Budzyńskie Dziki | 1974 | M40 | 21. | 40. | 0:33:58 | 4:55 | 0:34:04 |
| 50. | 20 | Kowalewski Krystian | Kcynia | | 1990 | M30 | 17. | 41. | 0:34:09 | 4:57 | 0:34:12 |
| 51. | 145 | Borakiewicz Agnieszka | Golańcz | TEAM RUN GOŁAŃCZ | 1985 | K30 | 4. | 10. | 0:34:26 | 4:59 | 0:34:26 |
| 52. | 72 | Wykrota Mikołaj | Ludomy | | 1993 | M30 | 18. | 42. | 0:34:21 | 4:58 | 0:34:26 |
| 53. | 5 | Sokołowska Adriana | Rataje | Vege Runners | 1987 | K30 | 5. | 11. | 0:34:41 | 5:01 | 0:34:46 |
| 54. | 60 | Malczewski Łukasz | Margonin | MGOK | 1983 | M40 | 22. | 43. | 0:34:48 | 5:02 | 0:34:51 |
| 55. | 103 | Gapski Bogdan | Pęckowo | Biegacze Józefa Noji | 1965 | M40 | 23. | 44. | 0:34:47 | 5:02 | 0:34:54 |
| 56. | 124 | Buczyński Bartek | Chodzież | Gld team piła | 2002 | M30 | 19. | 45. | 0:35:06 | 5:05 | 0:35:08 |
| 57. | 57 | Szypura Marta | Zalasewo | | 1975 | K40 | 4. | 12. | 0:35:13 | 5:06 | 0:35:16 |
| 58. | 27 | Czyż Janusz | Budzyń | Budzyńskie Dziki | 1977 | M40 | 24. | 46. | 0:35:20 | 5:07 | 0:35:27 |
| 59. | 80 | Nowak Marta | Chodzież | PCH_RUN | 1987 | K30 | 6. | 13. | 0:35:39 | 5:10 | 0:35:40 |
| 60. | 35 | Burbulis Agnieszka | Piła | LOKATOR NIERUCHOMOŚCI PIŁA | 1979 | K40 | 5. | 14. | 0:35:39 | 5:10 | 0:35:47 |
| 61. | 30 | Maret Wacław | Piła | LOKATOR NIERUCHOMOŚCI PIŁA | 1950 | M40 | 25. | 47. | 0:35:39 | 5:10 | 0:35:47 |
| 62. | 121 | Włodarczyk Karolina | Witkowo | Said team | 1984 | K30 | 7. | 15. | 0:35:52 | 5:11 | 0:35:52 |
| 63. | 23 | Woldan Jakub | Trzcianka | | 1987 | M30 | 20. | 48. | 0:36:10 | 5:14 | 0:36:19 |
| 64. | 128 | Śwital Mateusz | Margonin | Morsy Margonin | 1998 | M30 | 21. | 49. | 0:36:13 | 5:15 | 0:36:21 |
| 65. | 42 | Kurzawińska-Jabłońska Kasia | Czarne | Czarne Biega | 1972 | K40 | 6. | 16. | 0:36:16 | 5:15 | 0:36:23 |
| 66. | 11 | Skibińska Magdalena | Chodzież | Poranne truchtanie Team | 1980 | K40 | 7. | 17. | 0:36:26 | 5:16 | 0:36:28 |
| 67. | 56 | Szypura Adam | Zalasewo | | 1970 | M40 | 26. | 50. | 0:36:34 | 5:18 | 0:36:36 |
| 68. | 54 | Szmania Mariusz | Margonin | Aktywny Margonin | 1983 | M40 | 27. | 51. | 0:36:34 | 5:17 | 0:36:40 |
| 69. | 41 | Siedlecki Grzegorz | Margonin | Aktywny Margonin | 1980 | M40 | 28. | 52. | 0:36:34 | 5:18 | 0:36:40 |
| 70. | 25 | Basiński Paweł | Bydgoszcz | | 1976 | M40 | 29. | 53. | 0:36:31 | 5:17 | 0:36:43 |
| 71. | 125 | Koźmiński Leszek | Piła | WITKOWSKI RUNNING TEAM | 1970 | M40 | 30. | 54. | 0:36:46 | 5:19 | 0:36:52 |
| 72. | 7 | Maćkowiak Łukasz | Szamocin | Polarni Szamocin | 1982 | M40 | 31. | 55. | 0:36:57 | 5:21 | 0:37:06 |
| 73. | 15 | Dubert Aleksandra | Laskowo | | 1981 | K40 | 8. | 18. | 0:36:58 | 5:21 | 0:37:06 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Czas netto | Tempo min/km | Wynik brutto |
|----------|----------|------------------------|-------------|-----------------------|--------|-----|---------|---------|------------|--------------|----------------|
| 74. | 85 | Kubiak Jakub | Poznań | Wilda Biega | 1980 | M40 | 32. | 56. | 0:37:14 | 5:23 | 0:37:16 |
| 75. | 93 | Dobosiewicz Sebastian | Szubin | | 1982 | M40 | 33. | 57. | 0:37:21 | 5:24 | 0:37:22 |
| 76. | 89 | Kubasik Artur | Wągrowiec | | 1989 | M30 | 22. | 58. | 0:37:33 | 5:26 | 0:37:41 |
| 77. | 45 | Krajewska Agnieszka | Chodzież | | 1990 | K30 | 8. | 19. | 0:37:44 | 5:28 | 0:37:44 |
| 78. | 151 | Skiera Kazimierz | Łobżenica | LZS Jedność Łobżenica | 1958 | M40 | 34. | 59. | 0:38:03 | 5:31 | 0:38:12 |
| 79. | 109 | Kużaj Sławomir | Piła | Sailing Team Ferajna | 1965 | M40 | 35. | 60. | 0:38:09 | 5:31 | 0:38:16 |
| 80. | 131 | Pauszek Marta | Gołańcz | TEAM RUN GOŁAŃCZ | 1994 | K30 | 9. | 20. | 0:38:17 | 5:32 | 0:38:27 |
| 81. | 1 | Nowak Łukasz | KCYNIA | TEAM RUN GOŁAŃCZ | 1982 | M40 | 36. | 61. | 0:38:17 | 5:32 | 0:38:27 |
| 82. | 144 | Borakiewicz Przemysław | Gołańcz | TEAM RUN GOŁAŃCZ | 1984 | M30 | 23. | 62. | 0:38:39 | 5:36 | 0:38:40 |
| 83. | 150 | Wylegała Izabela | Chodzież | PCH_RUN | 1980 | K40 | 9. | 21. | 0:38:59 | 5:39 | 0:39:05 |
| 84. | 49 | Zwoliński Remigiusz | Rogoźno | | 1993 | M30 | 24. | 63. | 0:39:03 | 5:39 | 0:39:17 |
| 85. | 43 | Januchowska Edyta | Margonin | Aktywny Margonin | 1986 | K30 | 10. | 22. | 0:39:16 | 5:41 | 0:39:21 |
| 86. | 61 | Bejma Magdalena | Gołańcz | TEAM RUN GOŁAŃCZ | 1980 | K40 | 10. | 23. | 0:39:16 | 5:41 | 0:39:24 |
| 87. | 146 | Kado Katarzyna | Margonin | | 1977 | K40 | 11. | 24. | 0:39:19 | 5:42 | 0:39:27 |
| 88. | 102 | Grzechnik Paulina | Królikowo | | 1982 | K40 | 12. | 25. | 0:40:02 | 5:48 | 0:40:09 |
| 89. | 123 | Kozłowska Karolina | Poznań | #BIEGACZE | 1983 | K40 | 13. | 26. | 0:40:09 | 5:49 | 0:40:14 |
| 90. | 66 | Kozłowski Marcin | Poznań | #BIEGACZE | 1979 | M40 | 37. | 64. | 0:40:10 | 5:49 | 0:40:16 |
| 91. | 31 | Rewers Agnieszka | Wyszyny | | 1987 | K30 | 11. | 27. | 0:40:19 | 5:50 | 0:40:21 |
| 92. | 55 | Szydzik Mikołaj | Zalasewo | | 1969 | M40 | 38. | 65. | 0:40:35 | 5:53 | 0:40:38 |
| 93. | 104 | Piechocka Agnieszka | Oborniki | | 1984 | K30 | 12. | 28. | 0:40:54 | 5:55 | 0:40:59 |
| 94. | 96 | Mazur Natalia | Kcynia | | 1993 | K30 | 13. | 29. | 0:41:02 | 5:56 | 0:41:06 |
| 95. | 77 | Maciejczak Karolina | Piła | Sailing Team Ferajna | 1979 | K40 | 14. | 30. | 0:41:01 | 5:56 | 0:41:08 |
| 96. | 136 | Ślęzak Mikołaj | Budzyń | | 1987 | M30 | 25. | 66. | 0:41:08 | 5:57 | 0:41:16 |
| 97. | 115 | Klejda Agnieszka | Moczydła | Biegacze Józefa Noji | 1988 | K30 | 14. | 31. | 0:41:23 | 5:59 | 0:41:29 |
| 98. | 2 | Sobczak Arkadiusz | Gołańcz | TEAM RUN GOŁAŃCZ | 1979 | M40 | 39. | 67. | 0:41:58 | 6:04 | 0:41:58 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Czas netto | Tempo min/km | Wynik brutto |
|----------|----------|---------------------------|-------------------|------------------------------|--------|-----|---------|---------|------------|--------------|----------------|
| 99. | 38 | Rolniczak Joanna | Trzcianka | | 1980 | K40 | 15. | 32. | 0:42:16 | 6:07 | 0:42:21 |
| 100. | 39 | Kledzik Joanna | Dziembówko | Grupa Biegowa Energy Kaczory | 1979 | K40 | 16. | 33. | 0:42:16 | 6:07 | 0:42:24 |
| 101. | 126 | Zbielska Ag6 | PIŁA | Piła | 1977 | K40 | 17. | 34. | 0:42:28 | 6:09 | 0:42:36 |
| 102. | 3 | Teda Adam | Margonin | | 1978 | M40 | 40. | 68. | 0:42:25 | 6:08 | 0:42:37 |
| 103. | 91 | Zawadzki Jacek | Białośliwie | | 1975 | M40 | 41. | 69. | 0:43:29 | 6:18 | 0:43:38 |
| 104. | 48 | Zwolińska Tatiana | Rogoźno | | 1994 | K30 | 15. | 35. | 0:43:25 | 6:17 | 0:43:38 |
| 105. | 110 | Przybysz Patrycja | Kalisz Pomorski | | 1992 | K30 | 16. | 36. | 0:44:14 | 6:24 | 0:44:16 |
| 106. | 137 | Kasprzycki Marek | Studzieniec | Grupa PCH_RUN Chodzież | 1976 | M40 | 42. | 70. | 0:44:17 | 6:25 | 0:44:26 |
| 107. | 148 | Szymkowiak Alicja | Chodzież | | 1983 | K40 | 18. | 37. | 0:44:24 | 6:26 | 0:44:26 |
| 108. | 122 | Pater Monika | Kcynia | Team Run Nakło nad | 1982 | K40 | 19. | 38. | 0:44:29 | 6:26 | 0:44:33 |
| 109. | 138 | Początek Michał | Piła | | 1955 | M40 | 43. | 71. | 0:44:29 | 6:26 | 0:44:33 |
| 110. | 112 | Bajdziak Monika | Nakło nad Notecią | Team Run Nakło | 1983 | K40 | 20. | 39. | 0:44:43 | 6:28 | 0:44:47 |
| 111. | 65 | Zawadzka Magdalena | Trzcianka | | 1985 | K30 | 17. | 40. | 0:45:17 | 6:33 | 0:45:23 |
| 112. | 34 | Łochowicz Magdalena Maria | Chodzież | | 1974 | K40 | 21. | 41. | 0:45:57 | 6:39 | 0:46:10 |
| 113. | 33 | Wołyński Maciej | Morzewo | | 1989 | M30 | 26. | 72. | 0:45:57 | 6:39 | 0:46:10 |
| 114. | 51 | Smolińska Daria | Nakło nad Notecią | Team Run Nakło | 1992 | K30 | 18. | 42. | 0:46:16 | 6:42 | 0:46:20 |
| 115. | 111 | Skorupa Sebastian | Naklp Nad Notecia | | 1976 | M40 | 44. | 73. | 0:47:04 | 6:49 | 0:47:09 |
| 116. | 50 | Smoliński Marek | Nakło nad Notecią | Team Run Nakło | 1957 | M40 | 45. | 74. | 0:47:05 | 6:49 | 0:47:09 |
| 117. | 64 | Jęsko Honorata | Trzcianka | Wolf Box | 1971 | K40 | 22. | 43. | 0:47:28 | 6:52 | 0:47:33 |
| 118. | 81 | Glegoła Paulina | Trzcianka | | 1985 | K30 | 19. | 44. | 0:48:23 | 7:00 | 0:48:28 |
| 119. | 58 | Olszewska Izabela | Rożnowo | | 1982 | K40 | 23. | 45. | 0:49:46 | 7:12 | 0:49:57 |
| 120. | 117 | Szymańska Monika | Żni | | 1991 | K30 | 20. | 46. | 0:53:55 | 7:48 | 0:54:01 |
| 121. | 83 | Śwital Marzena | Margonin | Morsy Margonin | 1974 | K40 | 24. | 47. | 0:54:29 | 7:53 | 0:54:38 |
| 122. | 130 | Genke Joanna | , | | 1981 | K40 | 25. | 48. | 0:54:29 | 7:53 | 0:54:38 |
| 123. | 133 | Antczak Ewelina | Margonin | | 1988 | K30 | 21. | 49. | 0:57:23 | 8:19 | 0:57:32 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Czas netto | Tempo min/km | Wynik brutto |
|----------|----------|---------------------------|-------------|----------------------|--------|-----|---------|---------|------------|--------------|----------------|
| 124. | 84 | Koźlarek Joanna | Chodzież | | 1994 | K30 | 22. | 50. | 0:57:22 | 8:18 | 0:57:33 |
| 125. | 143 | Szcześniak Katarzyna | Margonin | Lodołamacze Margonin | 1979 | K40 | 26. | 51. | 0:57:24 | 8:19 | 0:57:33 |
| 126. | 134 | Ćwirko Izabela | Margonin | | 1979 | K40 | 27. | 52. | 0:57:23 | 8:19 | 0:57:33 |
| 127. | 71 | Należyta Daria | Budzyń | | 1994 | K30 | 23. | 53. | 0:57:22 | 8:18 | 0:57:33 |
| 128. | 14 | Maćkowiak Katarzyna | Szamocin | Polarni Szamocin | 1980 | K40 | 28. | 54. | 0:59:44 | 8:39 | 0:59:55 |
| 129. | 119 | Stempniak-Lechowicz Lidia | Szamocin | WłóczyKije | 1983 | K40 | 29. | 55. | 0:59:44 | 8:39 | 0:59:55 |
| 130. | 108 | Małecka Jolanta | Miękowo | | 1983 | K40 | 30. | 56. | 1:00:52 | 8:49 | 1:01:06 |
| 131. | 107 | Zawiślak Katarzyna | Miękowo | Unilever team | 1976 | K40 | 31. | 57. | 1:00:53 | 8:49 | 1:01:06 |

