

Msc.	Nr	Nazwisko i imię	Miasto	200m 3000m	600m 3400m	1000m 3800m	1400m 4200m	1800m 4600m	2200m 5000m	2600m	Czas
5000m K											
1	90	Sobczak Emilia	Radzymin	0:44,07 1:43,39	1:31,22 1:42,27	1:36,42 1:41,06	1:37,40 1:43,11	1:41,25 1:42,68	1:41,81 1:44,84	1:40,67	20:50,25
2	94	Sikora Sylwia	Warszawa	0:56,95 1:52,32	1:53,04 1:53,78	1:53,30 1:53,19	1:52,47 1:53,32	1:51,28 1:50,08	1:53,23 1:46,10	1:52,98	23:22,10
3	105	Wasilewska Ewa	Białystok	0:49,43 1:53,87	1:50,04 1:55,52	1:52,98 1:53,76	1:54,00 1:53,58	1:54,53 1:51,53	1:54,58 1:49,28	1:53,18	23:26,34
4	119	ŚLUSARCZYK ANNA	Pruszków	0:56,77 1:53,83	1:55,06 1:54,59	1:53,07 1:55,17	1:53,63 1:54,92	1:51,74 1:55,33	1:53,62 1:42,20	1:54,80	23:34,80
5	135	Arabas Monika	Warszawa	0:56,14 2:00,47	1:57,19 2:00,67	2:00,94 2:02,28	1:58,33 2:01,61	2:01,67 2:00,24	2:02,82 1:58,15	2:01,77	25:02,34
6	92	Barczyńska Marta	Ząbki	0:54,57 2:10,25	2:03,78 2:08,31	2:05,27 2:03,63	2:06,99 2:08,62	2:07,22 2:08,03	2:09,30 1:59,64	2:11,82	26:17,47
7	113	Daniszewska Marta	Olszewnica Stara	1:02,59 2:01,02	2:20,57 1:58,23	2:22,22 1:57,61	2:28,41 2:00,12	2:24,89 1:57,81	2:07,24 1:45,26	2:01,36	26:27,38
8	109	Kunkel Anna	Gdańsk	0:57,69 2:10,06	2:04,46 2:09,68	2:05,81 2:09,67	2:06,08 2:07,96	2:10,55 2:09,12	2:10,27 2:00,37	2:08,42	26:30,20
9	106	Kostyra Renata	Kotuń	1:03,87 2:36,46	2:26,48 2:43,85	2:31,47 2:28,84	2:36,08 2:32,57	2:36,11 2:26,36	2:37,82 2:25,18	2:39,26	31:44,40

Msc.	Nr	Nazwisko i imię	Miasto	200m 3000m	600m 3400m	1000m 3800m	1400m 4200m	1800m 4600m	2200m 5000m	2600m	Czas
5000m M											
1	91	Wilk Tomasz	Wiązowna	0:37,94 1:26,87	1:24,94 1:27,97	1:25,60 1:28,84	1:26,80 1:29,11	1:25,79 1:27,55	1:27,18 1:23,27	1:27,44	17:59,36
2	122	Łakomski Paweł	Gliwice	0:38,36 1:33,64	1:25,15 1:34,13	1:25,37 1:33,78	1:26,68 1:36,09	1:27,54 1:36,13	1:32,08 1:27,76	1:33,74	18:50,49
3	99	Zajączkowski Tomasz	Poznań	0:42,08 1:33,86	1:32,59 1:36,26	1:35,24 1:33,29	1:33,52 1:34,81	1:35,03 1:31,35	1:34,48 1:18,21	1:36,22	19:17,00
4	130	Rudo Jakub	Łochów	0:42,42 1:34,20	1:31,08 1:34,72	1:35,51 1:33,09	1:35,30 1:33,96	1:33,83 1:32,46	1:35,29 1:33,56	1:36,61	19:32,09
5	111	Żurawski Sławomir	Warszawa	0:43,04 1:34,96	1:34,76 1:35,75	1:37,01 1:35,54	1:35,91 1:35,20	1:36,46 1:35,66	1:35,67 1:33,72	1:35,15	19:48,89
6	115	PLATEK PAWEŁ	KRAKOW	0:50,93 1:47,10	1:49,60 1:43,55	1:49,46 1:43,19	1:47,70 1:42,72	1:46,60 1:42,52	1:45,00 1:30,72	1:45,55	21:44,69
7	131	Kunkel Mariusz	Gdańsk	0:50,10 1:44,89	1:49,47 1:45,15	1:50,29 1:48,72	1:48,79 1:46,27	1:46,80 1:42,58	1:46,06 1:38,63	1:46,26	22:04,05
8	93	Michalak Artur	Błonie	0:51,32 1:47,37	1:50,83 1:47,54	1:49,34 1:48,33	1:47,49 1:48,47	1:46,97 1:35,90	1:46,30 2:44,29	1:46,32	23:10,54
9	101	Wojtas Janusz	Warszawa	0:58,34 1:55,77	1:57,29 1:54,26	1:58,07 1:54,60	1:54,76 1:54,26	1:54,99 1:54,03	1:55,62 1:46,45	1:55,97	23:54,46
10	136	Sobczak Kacper	Ostrówek	0:52,39 2:00,95	1:52,36 2:01,09	1:55,64 1:58,00	2:00,32 1:55,57	1:59,73 1:57,62	2:02,92 1:42,28	2:03,22	24:22,15
11	129	Szwede Rafał	Henryszew	0:47,08 1:57,57	1:54,31 2:01,99	1:59,53 2:04,00	2:00,98 2:06,06	1:59,45 2:03,27	2:02,79 1:51,87	1:57,72	24:46,65
12	100	Szopa Tomasz	Piaseczno	0:58,31 1:58,91	2:05,11 2:04,09	1:54,56 2:04,36	1:56,36 2:04,79	1:58,70 2:03,66	1:59,76 1:40,02	2:00,49	24:49,21



Msc.	Nr	Nazwisko i imię	Miasto	200m 3000m	600m 3400m	1000m 3800m	1400m 4200m	1800m 4600m	2200m 5000m	2600m	Czas
13	118	Szwede Paweł	Warszawa	0:53,67 2:11,97	2:03,96 2:14,67	2:05,87 2:14,49	2:07,19 2:14,30	2:07,40 1:54,55	2:09,69 2:26,54	2:12,20	26:56,54
14	120	Kacpura Piotr	Stoczek	0:57,53 2:14,39	2:06,58 2:12,76	2:09,18 2:11,92	2:10,10 2:12,36	2:12,96 2:10,99	2:12,37 2:01,41	2:11,47	27:04,09
15	153	Mikosz Filip	Warszawa	0:45,88 2:41,95	1:59,77 2:41,82	2:22,53 2:51,63	2:29,06 2:40,64	2:36,75 2:35,61	2:35,62 2:45,83	2:35,75	31:42,90
16	125	Kosieradzki Dariusz	Ząbki	1:04,39 2:45,01	2:19,79 2:49,62	2:23,30 2:48,26	2:33,39 2:49,19	2:35,45 2:47,09	2:40,37 2:29,32	2:43,76	32:48,98
17	123	Piątek Roman	Kraków	1:04,54 2:37,47	2:26,21 2:48,72	2:31,17 2:46,46	2:35,93 2:48,71	2:36,09 2:47,35	2:38,10 2:29,91	2:39,06	32:49,77

