

Wyniki OPEN 11km Mosina 2024-09-22

| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|-----------------------|--------------|--------------------------|-----------|------|------------|------------|---------------|----------------|---------------|----------------|
| 1. | 316 | Domański Łukasz | Mosina | | 1981 | M40 | gen. | 1. | 1. | 0:43:22 | 3:56 | 0:43:21 |
| 2. | 342 | Krzyżek Michał | Mosina | San Filippo | 1983 | M40 | gen. | 2. | 2. | 0:44:41 | 4:03 | 0:44:40 |
| 3. | 307 | Bielawski Piotr | Granowo | | 1985 | M30 | gen. | 3. | | 0:45:06 | 4:05 | 0:45:05 |
| 4. | 629 | Hampel Karolina | Zielona Góra | Szymanowski Team | 1994 | K30 | gen. | 1. | | 0:45:17 | 4:06 | 0:45:15 |
| 5. | 370 | Chrząszcz Bartosz | Poznań | | 1995 | M20 | 1. | 4. | | 0:45:37 | 4:08 | 0:45:35 |
| 6. | 326 | Bubiłek Michał | Czapury | | 1992 | M30 | 1. | 5. | 3. | 0:46:06 | 4:11 | 0:46:05 |
| 7. | 291 | Borowski Karol | Krosno | | 1990 | M30 | 2. | 6. | 4. | 0:46:47 | 4:14 | 0:46:43 |
| 8. | 188 | Żyłka Łukasz | Wiry | Orły Biegowe | 1992 | M30 | 3. | 7. | | 0:46:54 | 4:15 | 0:46:52 |
| 9. | 295 | Łukaszewski Kamil | Mosina | GB Wielkopolscy Biegacze | 1987 | M30 | 4. | 8. | 5. | 0:46:59 | 4:16 | 0:46:57 |
| 10. | 355 | Belak Sławek | Komorniki | | 1980 | M40 | 1. | 9. | | 0:47:09 | 4:17 | 0:47:07 |
| 11. | 261 | Grocholewski | Poznan | MOTOR LUBOŃ TEAM | 1972 | M50 | 1. | 10. | | 0:47:35 | 4:19 | 0:47:31 |
| 12. | 332 | Szczepaniak Adam | Poznań | Dirty Sparrows | 1993 | M30 | 5. | 11. | | 0:48:03 | 4:22 | 0:48:03 |
| 13. | 336 | PAWLAK Sławomir | Poznań | Biegam bo lubię | 1970 | M50 | 2. | 12. | | 0:51:06 | 4:38 | 0:51:04 |
| 14. | 280 | Biernacki Rafał | Koscian | | 1975 | M40 | 2. | 13. | | 0:51:16 | 4:39 | 0:51:13 |
| 15. | 318 | Hajduk Michał | Środa | MONDI SIMET | 1988 | M30 | 6. | 14. | | 0:51:24 | 4:40 | 0:51:21 |
| 16. | 189 | Kuras Justyna | Poznań | Pekabex team | 1992 | K30 | gen. | 2. | | 0:51:30 | 4:40 | 0:51:28 |
| 17. | 341 | Wawrzyniak Małgorzata | Poznań | #biegiemwlas | 1979 | K40 | gen. | 3. | | 0:51:34 | 4:41 | 0:51:33 |
| 18. | 249 | Bórkowska Aleksandra | Poznań | Maratończyk Poznań | 1989 | K30 | 1. | 4. | | 0:52:15 | 4:44 | 0:52:14 |
| 19. | 366 | Leśniewski Dominik | Krosinko | Team NATURALnie | 1986 | M30 | 7. | 15. | | 0:52:26 | 4:45 | 0:52:22 |
| 20. | 254 | Müller Andrzej | Puszczykowo | | 1958 | M60+ | 1. | 16. | | 0:52:45 | 4:47 | 0:52:43 |
| 21. | 241 | Leśniowski Andrzej | Mieczewo | | 1981 | M40 | 3. | 17. | 6. | 0:53:25 | 4:49 | 0:53:08 |
| 22. | 212 | Szymanowski Michał | Komorniki | | 1985 | M30 | 8. | 18. | | 0:53:20 | 4:50 | 0:53:17 |

| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|---------------------|-----------------|-------------------------|-----------|------|------------|------------|---------------|----------------|---------------|----------------|
| 23. | 320 | Krekora Sławomir | Mosina | FUNDACJA PRZYRODOBRANIE | 1981 | M40 | 4. | 19. | 7. | 0:53:27 | 4:51 | 0:53:22 |
| 24. | 329 | Okhrym Olga | Poznań | #biegiemwlas | 1995 | K20 | 1. | 5. | | 0:53:55 | 4:53 | 0:53:53 |
| 25. | 195 | Ryś Sebastian | Gowarzewo | | 1975 | M40 | 5. | 20. | | 0:54:05 | 4:54 | 0:53:56 |
| 26. | 193 | Piechowiak Paweł | Kościan | Kościan team | 1971 | M50 | 3. | 21. | | 0:54:16 | 4:55 | 0:54:13 |
| 27. | 317 | Kapciak Mateusz | Kostrzyn | | 1990 | M30 | 9. | 22. | | 0:54:38 | 4:56 | 0:54:25 |
| 28. | 348 | Bartoszak Magdalena | Wiry | | 1991 | K30 | 2. | 6. | | 0:54:42 | 4:57 | 0:54:34 |
| 29. | 338 | Mucha Mateusz | Luboń | Dirty Sparrows | 1994 | M30 | 10. | 23. | | 0:54:39 | 4:58 | 0:54:38 |
| 30. | 311 | MŁOTKOWSKI MARCIN | Czapury | | 1995 | M20 | 2. | 24. | 8. | 0:54:59 | 4:59 | 0:54:54 |
| 31. | 208 | Kosmecki Robert | Poznań | | 1966 | M50 | 4. | 25. | | 0:55:03 | 5:00 | 0:55:00 |
| 32. | 328 | Kowalski Mateusz | Mosina | Dirty Sparrows | 1987 | M30 | 11. | 26. | 9. | 0:55:09 | 5:00 | 0:55:07 |
| 33. | 202 | Wojszcz Radosław | Dymaczewo Stare | POVVER | 1984 | M40 | 6. | 27. | 10. | 0:55:14 | 5:01 | 0:55:11 |
| 34. | 633 | Kobyłańska Kruk | Mosina | | 1980 | K40 | 1. | 7. | 1. | 0:55:23 | 5:01 | 0:55:17 |
| 35. | 264 | GROCHOLEWSKI | LUBOŃ | MOTOR LUBOŃ TEAM | 1963 | M60+ | 2. | 28. | | 0:55:25 | 5:01 | 0:55:19 |
| 36. | 253 | Tokarski Karol | Poznań | | 1979 | M40 | 7. | 29. | | 0:55:38 | 5:03 | 0:55:34 |
| 37. | 263 | Sznajder Maciej | Komorniki | KGB GRZMOT Komorniki | 1972 | M50 | 5. | 30. | | 0:55:47 | 5:04 | 0:55:45 |
| 38. | 251 | Pawlicki Marek | Nowinki | Nowinki Letom! | 1992 | M30 | 12. | 31. | 11. | 0:56:04 | 5:05 | 0:55:56 |
| 39. | 300 | Matysiak Karol | Poznań | WLKP Mountains Ultra | 1974 | M50 | 6. | 32. | | 0:56:53 | 5:08 | 0:56:34 |
| 40. | 352 | Kaczmarek Jacek | Poznań | FIXLY.PL | 1989 | M30 | 13. | 33. | | 0:56:53 | 5:09 | 0:56:46 |
| 41. | 322 | Galewski Marcin | Kostrzyn | | 1992 | M30 | 14. | 34. | | 0:56:51 | 5:09 | 0:56:47 |
| 42. | 275 | Rogozik Ireneusz | Poznań | | 1986 | M30 | 15. | 35. | | 0:57:22 | 5:12 | 0:57:15 |
| 43. | 333 | Mikulski 2001-07-01 | Daszewice | TeamMajak | 2001 | M20 | 3. | 36. | | 0:57:27 | 5:12 | 0:57:17 |
| 44. | 334 | Wancek Paweł | Dużyna | | 1985 | M30 | 16. | 37. | 12. | 0:57:41 | 5:13 | 0:57:31 |
| 45. | 368 | Wawrzyniak Robert | Poznań | #biegiemwlas | 1979 | M40 | 8. | 38. | | 0:57:53 | 5:14 | 0:57:39 |
| 46. | 200 | Stąskiewicz Łukasz | Komorniki | Harpagany Komorniki | 1983 | M40 | 9. | 39. | | 0:58:23 | 5:17 | 0:58:11 |
| 47. | 265 | DRGAS ANDRZEJ | LUBOŃ | MOTOR LUBOŃ TEAM | 1955 | M60+ | 3. | 40. | | 0:58:19 | 5:17 | 0:58:11 |



| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|-------------------------|-------------|---|-----------|------|------------|------------|---------------|----------------|---------------|----------------|
| 48. | 315 | Więckowska Irena | Czapury | Mobilna Jednostka Dowodzenia Operacjami | 1982 | K40 | 2. | 8. | 2. | 0:59:01 | 5:20 | 0:58:40 |
| 49. | 340 | Wawrzyniak Julia | Poznań | | 2007 | K20 | 2. | 9. | | 0:58:56 | 5:20 | 0:58:43 |
| 50. | 273 | Rewolinski Jakub | Margonin | | 1986 | M30 | 17. | 41. | | 0:59:23 | 5:23 | 0:59:18 |
| 51. | 321 | Lala Krzysztof | Mosina | Chłodnia Misiorny TEAM | 1975 | M40 | 10. | 42. | | 0:59:29 | 5:23 | 0:59:20 |
| 52. | 190 | Madajewski Krzysztof | Puszczykowo | Mosina biega | 1982 | M40 | 11. | 43. | | 0:59:49 | 5:25 | 0:59:37 |
| 53. | 194 | Bilski Marcin | Poznań | N&M | 1987 | M30 | 18. | 44. | | 0:59:42 | 5:25 | 0:59:38 |
| 54. | 314 | Wiśniewski Dariusz | Skórzewo | | 1985 | M30 | 19. | 45. | | 1:00:22 | 5:26 | 0:59:54 |
| 55. | 239 | Świtalski Michał | Poznań | Groobasy Poznań | 1983 | M40 | 12. | 46. | | 1:00:26 | 5:27 | 1:00:07 |
| 56. | 257 | Moellenbrock Krzysztof | Wiry | KGB GRZMOT Komorniki | 1967 | M50 | 7. | 47. | | 1:00:35 | 5:30 | 1:00:31 |
| 57. | 271 | Taborek Zbigniew | Zalasewo | | 1979 | M40 | 13. | 48. | | 1:00:52 | 5:31 | 1:00:41 |
| 58. | 248 | Knapp Łukasz | Kórnik | | 1997 | M20 | 4. | 49. | | 1:01:03 | 5:31 | 1:00:46 |
| 59. | 323 | Linke Józef | Krosinko | Krosinko Biega :) | 1964 | M60+ | 4. | 50. | 13. | 1:01:09 | 5:31 | 1:00:47 |
| 60. | 182 | Steinke Agata | Koziegłowy | Budopol Poznań | 1979 | K40 | 3. | 10. | | 1:00:55 | 5:31 | 1:00:49 |
| 61. | 235 | Marszałkiewicz Adrianna | Chmielinko | ROZBIEGANY LWÓWEK | 1995 | K20 | 3. | 11. | | 1:00:57 | 5:31 | 1:00:51 |
| 62. | 230 | Lala Katarzyna | Mosina | Chłodnia Misiorny TEAM | 1979 | K40 | 4. | 12. | 3. | 1:01:14 | 5:33 | 1:01:04 |
| 63. | 181 | Staśkiewicz Piotr | Rawicz | Budopol Poznań | 1990 | M30 | 20. | 51. | | 1:01:29 | 5:34 | 1:01:23 |
| 64. | 217 | Murawski Paweł | Poznań | | 2002 | M20 | 5. | 52. | | 1:01:26 | 5:34 | 1:01:24 |
| 65. | 331 | Kaszak Dawid | Koziegłowy | | 1996 | M20 | 6. | 53. | | 1:01:53 | 5:35 | 1:01:30 |
| 66. | 347 | Gronek Damian | Czempiń | | 1987 | M30 | 21. | 54. | | 1:02:09 | 5:38 | 1:01:59 |
| 67. | 371 | Więckiewicz Krzysztof | Poznań | | 1995 | M20 | 7. | 55. | | 1:02:15 | 5:39 | 1:02:10 |
| 68. | 192 | Kawczyński Maciej | Puszczykowo | | 1989 | M30 | 22. | 56. | | 1:02:30 | 5:40 | 1:02:22 |
| 69. | 289 | Bugiera Konrad | Poznań | Home of Body | 1985 | M30 | 23. | 57. | | 1:03:24 | 5:44 | 1:03:04 |
| 70. | 304 | Kamiński Jarosław | Poznań | Havana Club | 1969 | M50 | 8. | 58. | | 1:03:45 | 5:44 | 1:03:10 |
| 71. | 209 | Dembski Jacek | Kamionki | Havana Club | 1969 | M50 | 9. | 59. | | 1:03:45 | 5:45 | 1:03:16 |
| 72. | 339 | Roszak -Patela Justyna | Borkowice | SP Krosno | 1979 | K40 | 5. | 13. | | 1:03:25 | 5:45 | 1:03:17 |



| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|-----------------------|---------------|----------------------------|-----------|------|------------|------------|---------------|----------------|---------------|----------------|
| 73. | 252 | Tunowski Jarek | Komorniki | | 1987 | M30 | 24. | 60. | | 1:03:36 | 5:45 | 1:03:23 |
| 74. | 234 | ŻMINKOWSKI Paweł | Zalasewo | SW | 1976 | M40 | 14. | 61. | | 1:03:56 | 5:47 | 1:03:38 |
| 75. | 276 | Nowak Tatiana | Kościan | Said Team Kościan Team | 1977 | K40 | 6. | 14. | | 1:03:53 | 5:47 | 1:03:45 |
| 76. | 238 | Paluch Bartłomiej | Poznań | | 1993 | M30 | 25. | 62. | | 1:04:28 | 5:49 | 1:04:05 |
| 77. | 359 | Brogul Agnieszka | Daszewice | | 1984 | K40 | 7. | 15. | 4. | 1:04:25 | 5:50 | 1:04:18 |
| 78. | 312 | ŁASOCHA KAMILA | POZNAŃ | OwocBiega Team | 1982 | K40 | 8. | 16. | | 1:04:31 | 5:51 | 1:04:25 |
| 79. | 363 | Łączna Magdalena | Mosina | | 1993 | K30 | 3. | 17. | 5. | 1:04:35 | 5:51 | 1:04:28 |
| 80. | 191 | Kuras Damian | Poznań | | 1991 | M30 | 26. | 63. | | 1:04:43 | 5:51 | 1:04:30 |
| 81. | 268 | Garasz Michał | Komorniki | GaraszTeam | 1990 | M30 | 27. | 64. | | 1:05:27 | 5:54 | 1:05:04 |
| 82. | 362 | Szypura Jakub | Krosno | Jakub Szypura | 1996 | M20 | 8. | 65. | 14. | 1:05:14 | 5:55 | 1:05:06 |
| 83. | 237 | Kubiak Szymon | Ostroróg | | 1986 | M30 | 28. | 66. | | 1:05:30 | 5:55 | 1:05:07 |
| 84. | 294 | Senftleben Ryszard | Nowinki | Nowinki Letom! | 1980 | M40 | 15. | 67. | 15. | 1:05:29 | 5:55 | 1:05:13 |
| 85. | 351 | Szczepaniak Bronisław | KĘDZIERZYN-KO | | 1951 | M60+ | 5. | 68. | | 1:05:22 | 5:56 | 1:05:20 |
| 86. | 201 | Mieszkowska Magdalena | Poznań | Zmęczeni Już Przed Biegiem | 1974 | K50 | 1. | 18. | | 1:05:48 | 5:56 | 1:05:22 |
| 87. | 290 | Staszyk Dariusz | Puszczycow | | 1984 | M40 | 16. | 69. | | 1:05:29 | 5:56 | 1:05:25 |
| 88. | 221 | Kramarz Alicja | Poznań | | 1999 | K20 | 4. | 19. | | 1:05:41 | 5:57 | 1:05:37 |
| 89. | 232 | Stefaniak Tomasz | Mosina | | 1975 | M40 | 17. | 70. | 16. | 1:06:12 | 6:00 | 1:06:00 |
| 90. | 345 | Pazunczyn Marta | Książ | ZY | 2002 | K20 | 5. | 20. | | 1:06:30 | 6:01 | 1:06:17 |
| 91. | 346 | Kamiński Łukasz | Kórnik | ZY | 1985 | M30 | 29. | 71. | | 1:06:30 | 6:01 | 1:06:18 |
| 92. | 353 | Domżał Marcin | Poznań | | 1981 | M40 | 18. | 72. | | 1:06:49 | 6:02 | 1:06:31 |
| 93. | 242 | Misiorny Dawid | Dąbcze | Chłodnia Misiorny TEAM | 1986 | M30 | 30. | 73. | | 1:07:10 | 6:04 | 1:06:53 |
| 94. | 203 | Borowska Sylwia | Krosno | | 1983 | K40 | 9. | 21. | 6. | 1:07:07 | 6:05 | 1:06:59 |
| 95. | 236 | Rybarczyk Agnieszka | Puszczycow | #biegiemwlas | 1982 | K40 | 10. | 22. | | 1:07:22 | 6:05 | 1:07:05 |
| 96. | 354 | Misiorny Daniel | Lipno | Chłodnia Misiorny TEAM | 1985 | M30 | 31. | 74. | | 1:07:27 | 6:06 | 1:07:10 |
| 97. | 284 | Fiksa Piotr | Krosno | BIEGACZE ŚCIEMNIACZE | 1977 | M40 | 19. | 75. | 17. | 1:07:33 | 6:07 | 1:07:19 |



| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|----------------------|-------------|-------------------------|-----------|-----|------------|------------|---------------|----------------|---------------|----------------|
| 98. | 297 | Kuczkowiak Anna | Poznań | ZEUS | 1991 | K30 | 4. | 23. | | 1:07:30 | 6:07 | 1:07:25 |
| 99. | 288 | Janicka Magdalena | Krosinko | FUNDACJA PRZYRODOBRANIE | 1988 | K30 | 5. | 24. | 7. | 1:07:31 | 6:07 | 1:07:26 |
| 100. | 285 | Kerebko Julia | Komorniki | Fundacja Dzięki tobie | 1988 | K30 | 6. | 25. | | 1:07:38 | 6:08 | 1:07:31 |
| 101. | 286 | Grabińska Angelika | Komorniki | Fundacja Dzięki tobie | 1980 | K40 | 11. | 26. | | 1:07:39 | 6:08 | 1:07:31 |
| 102. | 270 | Andryszak Sławomir | ZALASEWO | | 1972 | M50 | 10. | 76. | | 1:07:57 | 6:09 | 1:07:46 |
| 103. | 279 | Wierzbińska Julita | Krosno | | 1988 | K30 | 7. | 27. | 8. | 1:08:17 | 6:11 | 1:08:01 |
| 104. | 364 | Ciąpała Jakub | Mosina | Człapiący królowie | 1991 | M30 | 32. | 77. | 18. | 1:08:24 | 6:11 | 1:08:04 |
| 105. | 224 | Leszkowicz Kinga | Rostarzewo | | 1981 | K40 | 12. | 28. | | 1:08:12 | 6:11 | 1:08:04 |
| 106. | 357 | Gendera Bartosz | Poznań | | 1981 | M40 | 20. | 78. | | 1:08:32 | 6:12 | 1:08:16 |
| 107. | 293 | Przybył Anna | Nowinki | Nowinki Letom! | 1983 | K40 | 13. | 29. | 9. | 1:08:45 | 6:13 | 1:08:28 |
| 108. | 243 | Mostowiak Agata | Poznań | KB Dębiec | 1976 | K40 | 14. | 30. | | 1:08:46 | 6:13 | 1:08:30 |
| 109. | 393 | Tomaszewska Monika | Komorniki | | 1978 | K40 | 15. | 31. | | 1:08:44 | 6:14 | 1:08:35 |
| 110. | 335 | Dydymaska Anna | Puszczkowo | | 1983 | K40 | 16. | 32. | | 1:09:18 | 6:16 | 1:09:02 |
| 111. | 244 | Dembiński Paweł | Dopiewiec | | 1990 | M30 | 33. | 79. | | 1:09:49 | 6:18 | 1:09:28 |
| 112. | 245 | Dembińska Marta | Dopiewiec | # DRUŻYNA SZPIKU | 1995 | K20 | 6. | 33. | | 1:09:49 | 6:18 | 1:09:28 |
| 113. | 259 | Kolankiewicz Roman | Mieczewo | | 1979 | M40 | 21. | 80. | 19. | 1:09:53 | 6:19 | 1:09:32 |
| 114. | 225 | Jagiełto Marta | Poznań | parkrun Las Dębiński | 1991 | K30 | 8. | 34. | | 1:09:52 | 6:19 | 1:09:35 |
| 115. | 220 | PŁACZEK ŁUKASZ | LESZNO | | 1987 | M30 | 34. | 81. | | 1:10:11 | 6:21 | 1:09:58 |
| 116. | 306 | ŁUCZAK MARTYNA | Leszno | | 1989 | K30 | 9. | 35. | | 1:10:11 | 6:21 | 1:09:58 |
| 117. | 296 | Smug Marcin | Mosina | | 1989 | M30 | 35. | 82. | 20. | 1:10:14 | 6:21 | 1:10:01 |
| 118. | 344 | Plenzler Alicja | Mosina | | 1987 | K30 | 10. | 36. | 10. | 1:10:49 | 6:25 | 1:10:41 |
| 119. | 305 | Chmielewska karolina | luboń | Mistrzowski Trening | 1975 | K40 | 17. | 37. | | 1:11:04 | 6:27 | 1:10:58 |
| 120. | 278 | Woźniak Marcin | Krosno | | 1987 | M30 | 36. | 83. | 21. | 1:11:16 | 6:28 | 1:11:13 |
| 121. | 205 | Woźniak Michał | Krosno | BIEGACZE ŚCIEMNIACZE | 1977 | M40 | 22. | 84. | 22. | 1:11:31 | 6:28 | 1:11:17 |
| 122. | 343 | Chojnicka Aneta | Mosina | | 1990 | K30 | 11. | 38. | 11. | 1:12:04 | 6:32 | 1:11:56 |



| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|----------------------|-------------|------------------------------|-----------|------|------------|------------|---------------|----------------|---------------|----------------|
| 123. | 313 | Kruk Joanna | Mosina | | 1987 | K30 | 12. | 39. | 12. | 1:12:03 | 6:32 | 1:11:56 |
| 124. | 211 | Osak Hubert | Pobiedziska | Pobiedziska Running Team | 1987 | M30 | 37. | 85. | | 1:12:29 | 6:33 | 1:12:04 |
| 125. | 282 | Gostyńska Beata | Poznań | | 1980 | K40 | 18. | 40. | | 1:12:34 | 6:35 | 1:12:26 |
| 126. | 226 | Madalińska Renata | Mosina | | 1973 | K50 | 2. | 41. | 13. | 1:12:47 | 6:35 | 1:12:35 |
| 127. | 361 | Miedziarek Monika | Mosina | | 1983 | K40 | 19. | 42. | 14. | 1:12:55 | 6:36 | 1:12:42 |
| 128. | 227 | Madaliński Krzysztof | Mosina | | 1972 | M50 | 11. | 86. | 23. | 1:12:47 | 6:37 | 1:12:47 |
| 129. | 350 | Gmerek Artur | Mosina | | 1992 | M30 | 38. | 87. | | 1:13:22 | 6:39 | 1:13:13 |
| 130. | 274 | Ratajczak Agnieszka | Kościan | | 1975 | K40 | 20. | 43. | | 1:13:42 | 6:40 | 1:13:25 |
| 131. | 216 | Krzyżańska Arleta | Kościan | Kościan team | 1966 | K50 | 3. | 44. | | 1:13:42 | 6:40 | 1:13:25 |
| 132. | 218 | Sapała Jolanta | Kościan | Kościan team | 1966 | K50 | 4. | 45. | | 1:13:56 | 6:41 | 1:13:37 |
| 133. | 228 | Nagórski Ryszard | Ciechocinek | | 1956 | M60+ | 6. | 88. | | 1:13:59 | 6:41 | 1:13:39 |
| 134. | 186 | Kurasz Jacek | Poznań | KB UE POZNAŃ | 1979 | M40 | 23. | 89. | | 1:14:03 | 6:42 | 1:13:43 |
| 135. | 337 | Leśniczak Paulina | Mosina | | 1991 | K30 | 13. | 46. | 15. | 1:14:13 | 6:43 | 1:13:56 |
| 136. | 281 | Szewczyk Marta | Krosno | | 1983 | K40 | 21. | 47. | 16. | 1:14:13 | 6:43 | 1:13:56 |
| 137. | 365 | Ciąpała Paulina | Mosina | 1 | 1988 | K30 | 14. | 48. | | 1:14:18 | 6:43 | 1:13:58 |
| 138. | 356 | Rosół Anna | Krosno | | 1969 | K50 | 5. | 49. | 17. | 1:14:10 | 6:43 | 1:14:02 |
| 139. | 292 | Walczak Tomasz | Czmoń | | 1987 | M30 | 39. | 90. | | 1:14:36 | 6:45 | 1:14:15 |
| 140. | 262 | Kaczmarek Roksana | Mosina | | 2009 | K20 | 7. | 50. | 18. | 1:14:24 | 6:45 | 1:14:23 |
| 141. | 256 | Rojewski Jacek | Mosina | | 1958 | M60+ | 7. | 91. | 24. | 1:15:03 | 6:48 | 1:14:53 |
| 142. | 219 | Mleczak Piotr | Poznań | KB Dębiec | 1957 | M60+ | 8. | 92. | | 1:15:43 | 6:51 | 1:15:23 |
| 143. | 358 | Zawitaj Tomasz | Poznań | | 1972 | M50 | 12. | 93. | | 1:15:49 | 6:51 | 1:15:31 |
| 144. | 187 | Urbanek Monika | Puszczkowo | Phoenix Contact Wielkopolska | 1986 | K30 | 15. | 51. | | 1:16:06 | 6:53 | 1:15:51 |
| 145. | 298 | Sowiński Klaudiusz | Wiry | | 2002 | M20 | 9. | 94. | | 1:16:28 | 6:56 | 1:16:22 |
| 146. | 185 | Marciniak Mariusz | Puszczkowo | Phoenix Contact Wielkopolska | 1985 | M30 | 40. | 95. | | 1:17:18 | 7:00 | 1:17:04 |
| 147. | 204 | Mantaj Marta | Krosno | | 1981 | K40 | 22. | 52. | 19. | 1:17:21 | 7:00 | 1:17:05 |



| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|------------------------|-------------------|--------------------------|-----------|------|------------|------------|---------------|----------------|---------------|----------------|
| 148. | 223 | Adamczewski Sebastian | Puszczkowo | Seba Szybko Biega | 1982 | M40 | 24. | 96. | | 1:18:05 | 7:03 | 1:17:42 |
| 149. | 349 | Charłęza Jagoda | Poznań | Charłęza Zawsze Zwycięża | 1990 | K30 | 16. | 53. | | 1:18:04 | 7:04 | 1:17:49 |
| 150. | 308 | Skowrońska Anna | Poznań | parkrun Las Dębiński | 1992 | K30 | 17. | 54. | | 1:19:22 | 7:11 | 1:19:06 |
| 151. | 266 | Frankowska Anna | Drużyna | | 1976 | K40 | 23. | 55. | 20. | 1:19:35 | 7:12 | 1:19:16 |
| 152. | 199 | Sitek Wiesława | Puszczkowo | KGB Mosina/Puszczkowo | 1978 | K40 | 24. | 56. | | 1:20:27 | 7:17 | 1:20:17 |
| 153. | 260 | Marczewski Maksymilian | Wiry | | 1974 | M50 | 13. | 97. | | 1:22:01 | 7:26 | 1:21:46 |
| 154. | 214 | Michalska Marlena | Kościan | Kościan team | 1967 | K50 | 6. | 57. | | 1:22:06 | 7:26 | 1:21:48 |
| 155. | 197 | Kiciński Lucjan | Puszczkowo | | 1973 | M50 | 14. | 98. | | 1:22:17 | 7:27 | 1:22:02 |
| 156. | 277 | Niewczas-Stefańska | Murowana | Ciastki.pz | 1971 | K50 | 7. | 58. | | 1:22:14 | 7:28 | 1:22:08 |
| 157. | 309 | Marcinkowski Daniel | Kościan | | 1984 | M40 | 25. | 99. | | 1:22:49 | 7:30 | 1:22:34 |
| 158. | 229 | Malikowski Jacek | Kościan | | 1989 | M30 | 41. | 100. | | 1:22:49 | 7:30 | 1:22:34 |
| 159. | 196 | Jasiniak Karolina | Mosina | | 1989 | K30 | 18. | 59. | 21. | 1:22:55 | 7:31 | 1:22:49 |
| 160. | 299 | Makuch Magdalena | Poznań | 3gatas | 1980 | K40 | 25. | 60. | | 1:23:09 | 7:31 | 1:22:50 |
| 161. | 269 | Błaszczak Marta | Psarskie | | 1974 | K50 | 8. | 61. | | 1:23:40 | 7:35 | 1:23:29 |
| 162. | 360 | Krakowiak Wiesław | Mosina | KRAKOWIAK TEAM | 1964 | M60+ | 9. | 101. | | 1:24:21 | 7:38 | 1:24:08 |
| 163. | 301 | Wydimus Szymon | Gruszczyn | Kwiaty u Beaty Team | 1986 | M30 | 42. | 102. | | 1:25:10 | 7:42 | 1:24:46 |
| 164. | 246 | Rumińska Małgorzata | Poznań | | 1973 | K50 | 9. | 62. | | 1:25:12 | 7:43 | 1:24:54 |
| 165. | 367 | Sikora Zuzanna | Koziegłowy | | 1985 | K30 | 19. | 63. | | 1:25:13 | 7:43 | 1:24:56 |
| 166. | 240 | Jakubik Magdalena | Siekierki Wielkie | | 1991 | K30 | 20. | 64. | | 1:25:13 | 7:44 | 1:25:08 |
| 167. | 213 | Wartacz Joanna | Poznań | parkrun Las Dębiński | 1981 | K40 | 26. | 65. | | 1:25:29 | 7:44 | 1:25:11 |
| 168. | 303 | Bernacka Dorota | Rogalin | Team Leonardo | 1969 | K50 | 10. | 66. | 22. | 1:26:16 | 7:49 | 1:26:00 |
| 169. | 302 | Bernacka Marta | Mosina | Team Leonardo | 1993 | K30 | 21. | 67. | 23. | 1:26:16 | 7:49 | 1:26:01 |
| 170. | 250 | Przybył Paweł | Nowinki | Nowinki Letom! | 1982 | M40 | 26. | 103. | 25. | 1:29:25 | 8:06 | 1:29:10 |
| 171. | 325 | Orkiszewska Katarzyna | Mosina | FUNDACJA PRZYRODOBRANIE | 1987 | K30 | 22. | 68. | 24. | 1:29:28 | 8:07 | 1:29:17 |
| 172. | 206 | Wilczyński Krzysztof | POZNAŃ | | 1960 | M60+ | 10. | 104. | | 1:29:39 | 8:07 | 1:29:19 |



| Msc ope | Nr star | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmin Mosin | Czas brutto | Temp min/k | Wynik netto |
|------------|------------|----------------------|-------------|------|-----------|-----|------------|------------|---------------|----------------|---------------|----------------|
| 173. | 233 | Półczyńska Justyna | Luboń | | 1970 | K50 | 11. | 69. | | 1:32:36 | 8:23 | 1:32:14 |
| 174. | 210 | Owsianna Patrycja | Mosina | | 1997 | K20 | 8. | 70. | 25. | 1:32:58 | 8:25 | 1:32:35 |
| 175. | 183 | Cebulski Arkadiusz | Mosina | | 1968 | M50 | 15. | 105. | 26. | 1:33:33 | 8:28 | 1:33:12 |
| 176. | 231 | Frąckowiak Mirosława | Poznań | | 1973 | K50 | 12. | 71. | | 1:36:25 | 8:43 | 1:36:02 |
| 177. | 222 | Gruszecka Joanna | Poznań | | 1972 | K50 | 13. | 72. | | 1:37:21 | 8:49 | 1:37:00 |

