

Mistrzostwa Polski Nordic Walking Czerwonak

Wyniki OPEN 20 km NW Czerwonak 2024-04-27



| Msc | Nr | Nazwisko, imię | Miejscowość | Klub | Rok | Kat | Msc | Msc | Wynik | Tempo | Kara | ID |
|------|-------|------------------------|-------------|--------------------------|---------------|---------------|--------------|--------------|-----------------|--------|-----------|------|
| open | start | | | | 1km | 6km | 11km | 16km | | | | |
| | | | | | ur | | | kat | M/K | min/km | min | |
| 1. | 811 | Romanowski Daniel | Rybnik | Katowicki Nordic Walking | 1997 | M16 | 1 | 1 | 02:01:48 | 06:05 | Warning | 5561 |
| | | | | | 00:29:46 (2) | 01:00:20 (2) | 01:31:36 (1) | 02:01:48 (1) | | | | |
| 2. | 849 | Wojtowicz Tomasz | Widacz | K.S. Victoria Potęgowo | 1990 | M16 | 2 | 2. | 02:03:03 | 06:09 | 2xWarning | 2487 |
| | | | | | 00:29:45 (1) | 01:00:20 (1) | 01:31:37 (2) | 02:03:03 (2) | | | | |
| 3. | 809 | Stiller Karol | Borowiec | Polipack Team GWE | 1984 | M16 | 3 | 3. | 02:04:03 | 06:12 | Warning | 2461 |
| | | | | | 00:29:55 (3) | 01:00:24 (3) | 01:31:38 (3) | 02:04:03 (3) | | | | |
| 4. | 850 | Wojciechowska Elżbieta | Pakość | Polipack Team GWE | 1983 | K16 | 1 | 1. | 02:04:22 | 06:13 | 1xPGC | 6288 |
| | | | | | 00:30:19 (5) | 01:01:25 (5) | 01:32:42 (4) | 02:04:22 (4) | | | | |
| 5. | 819 | Madaliński Marcin | Leszno | K.S. Victoria Potęgowo | 1982 | M16 | 4 | 4. | 02:06:27 | 06:19 | | 5264 |
| | | | | | 00:30:03 (4) | 01:01:13 (4) | 01:33:20 (5) | 02:06:27 (5) | | | | |
| 6. | 833 | Małka Marian | Gliwice | NORDIC SPORT 2021 | 1956 | M55+ | 1 | 5. | 02:13:00 | 06:39 | | 2269 |
| | | | | | 00:32:05 (7) | 01:05:19 (6) | 01:39:10 (6) | 02:13:00 (6) | | | | |
| 7. | 801 | Rycąbel Bogdan | Licze | LKS ZANTYR SZTUM | 1968 | M55+ | 2 | 6. | 02:13:02 | 06:39 | | 8357 |
| | | | | | 00:32:06 (8) | 01:05:21 (7) | 01:39:11 (7) | 02:13:02 (7) | | | | |
| 8. | 822 | Połubiak Paweł | Siecino | NW CZŁAPSKI TEAM | 1985 | M16 | 5 | 7. | 02:17:00 | 06:51 | 1xPGC | 1054 |
| | | | | | 00:32:55 (11) | 01:06:48 (10) | 01:41:45 | 02:17:00 (8) | | | | |
| 9. | 820 | Kołodziej Joanna | Ruda Śląska | open sport team | 1968 | K55+ | 1 | 2. | 02:17:13 | 06:51 | | 2351 |
| | | | | | 00:32:41 (9) | 01:06:29 (9) | 01:41:18 (8) | 02:17:13 (9) | | | | |
| 10. | 828 | Kurzawiński Marcin | Konin | Triton Konin | 1978 | M45 | 1 | 8. | 02:17:57 | 06:53 | 2xPGC | 4649 |
| | | | | | 00:34:30 (18) | 01:09:13 (16) | 01:43:52 | 02:17:57 | | | | |
| 11. | 840 | FRĄCKOWIAK | SIEDLCE | ŚWIADOMI SIEDLCE | 1970 | M45 | 2 | 9. | 02:18:33 | 06:55 | Warning | 6074 |
| | | | | | 00:32:00 (6) | 01:05:33 (8) | 01:41:24 (9) | 02:18:33 | | | | |
| 12. | 804 | Raciborska Ewa | Warszawa | ESJA TEAM | 1979 | K45 | 1 | 3. | 02:19:08 | 06:57 | Warning | 5274 |
| | | | | | 00:32:48 (10) | 01:07:20 (11) | 01:43:06 | 02:19:08 | | | | |



| Msc | Nr | Nazwisko, imię | Miejscowość | Klub | Rok | Kat | Msc | Msc | Wynik | Tempo | Kara | ID |
|------|-------|----------------------|-------------|-------------------------|---------------|---------------|----------|----------|-----------------|--------|-----------|------|
| open | start | | | | 1km | 6km | 11km | 16km | | min/km | min | |
| | | | | | ur | | kat | M/K | | | | |
| 13. | 807 | Becker Sławomir | Włocławek | SERCE NORDICA WŁOCŁAWEK | 1977 | M45 | 3 | 10. | 02:19:11 | 06:57 | 2xWarning | 7057 |
| | | | | | 00:34:04 (15) | 01:09:00 (14) | 01:43:54 | 02:19:11 | | | | |
| 14. | 847 | Petr Mark | Bruntal | | 1963 | M55+ | 3 | 11. | 02:21:36 | 07:04 | 3xWarning | |
| | | | | | 00:33:26 (13) | 01:08:27 (12) | 01:44:43 | 02:21:36 | | | | |
| 15. | 826 | Lumpeová Lenka | Aš | | 1967 | K55+ | 2 | 4. | 02:22:28 | 07:07 | Warning | 5423 |
| | | | | | 00:34:46 (19) | 01:10:08 (18) | 01:46:09 | 02:22:28 | | | | |
| 16. | 813 | Szczudlik Małgorzata | Trzemeszno | NORDIC SPORT 2021 | 1980 | K16 | 2 | 5. | 02:23:43 | 07:11 | | 510 |
| | | | | | 00:33:53 (14) | 01:09:09 (15) | 01:46:05 | 02:23:43 | | | | |
| 17. | 818 | Olejko Radosław | Gościcino | Polipack Team GWE | 1971 | M45 | 4 | 12. | 02:23:54 | 07:11 | | 5302 |
| | | | | | 00:33:17 (12) | 01:08:48 (13) | 01:45:56 | 02:23:54 | | | | |
| 18. | 835 | Rajek Magdalena | Częstochowa | Nordic Team Częstochowa | 1977 | K45 | 2 | 6. | 02:23:57 | 07:11 | 2xPGC | 1829 |
| | | | | | 00:35:10 (20) | 01:10:37 (20) | 01:46:40 | 02:23:57 | | | | |
| 19. | 825 | Stachowiak Tomasz | Konarzewo | STĘSZEW TEAM | 1978 | M45 | 5 | 13. | 02:24:07 | 07:12 | | 7167 |
| | | | | | 00:37:14 (33) | 01:12:33 (28) | 01:48:07 | 02:24:07 | | | | |
| 20. | 812 | Lewandowska Aneta | Konin | Triton Konin | 1974 | K45 | 3 | 7. | 02:24:08 | 07:12 | | 5905 |
| | | | | | 00:35:19 (22) | 01:11:38 (21) | 01:48:26 | 02:24:08 | | | | |
| 21. | 808 | Korbel Marcin | Bukowiec | LZS/CBL Justynów | 1975 | M45 | 6 | 14. | 02:24:34 | 07:13 | | 8418 |
| | | | | | 00:34:11 (16) | 01:09:51 (17) | 01:46:28 | 02:24:34 | | | | |
| 22. | 821 | Sittek Agnieszka | Katowice | | 1979 | K45 | 4 | 8. | 02:25:08 | 07:15 | | 5046 |
| | | | | | 00:35:41 (25) | 01:11:57 (22) | 01:48:37 | 02:25:08 | | | | |
| 23. | 854 | Sawicka Marta | Krościenko | K.S. Victoria Potęgowo | 1973 | K45 | 5 | 9. | 02:25:32 | 07:16 | Warning | |
| | | | | | 00:35:39 (24) | 01:12:07 (25) | 01:48:58 | 02:25:32 | | | | |
| 24. | 810 | Szwed Roman | Częstochowa | Nordic Team Częstochowa | 1978 | M45 | 7 | 15. | 02:25:53 | 07:17 | 1xPGC | 7865 |
| | | | | | 00:35:35 (23) | 01:12:10 (26) | 01:49:20 | 02:25:53 | | | | |
| 25. | 842 | Winczewski Piotr | Pabianice | Azymut Pabianice | 1966 | M55+ | 4 | 16. | 02:25:58 | 07:17 | | 6243 |
| | | | | | 00:34:13 (17) | 01:10:19 (19) | 01:47:47 | 02:25:58 | | | | |



| Msc | Nr | Nazwisko, imię | Miejscowość | Klub | Rok | Kat | Msc | Msc | Wynik | Tempo | Kara | ID |
|------|-------|----------------------|-------------------|-------------------------|---------------|---------------|----------|------|-----------------|--------|-----------|-------|
| open | start | | | | 1km | 6km | 11km | 16km | | min/km | min | |
| | | | | | ur | | kat | M/K | | | | |
| 26. | 845 | Tarkowski Przemysław | Dobra (powiat | AleGazele NW | 1985 | M16 | 6 | 17. | 02:27:02 | 07:21 | 2xWarning | 15443 |
| | | | | | 00:35:48 (27) | 01:12:04 (24) | 01:49:23 | | 02:27:02 | | | |
| 27. | 817 | Reseman Sylwia | Gościcino | Polipack Team GWE | 1969 | K55+ | 3 | 10. | 02:27:16 | 07:21 | | 3857 |
| | | | | | 00:36:40 (31) | 01:13:28 (31) | 01:50:18 | | 02:27:16 | | | |
| 28. | 834 | Bartczak Mirosław | Częstochowa | Nordic Team Częstochowa | 1960 | M55+ | 5 | 18. | 02:27:22 | 07:22 | Warning | 7900 |
| | | | | | 00:36:24 (28) | 01:13:03 (29) | 01:49:55 | | 02:27:22 | | | |
| 29. | 824 | Zdrzałek Alicja | Tarnowskie Góry | NORDIC SPORT 2021 | 1979 | K45 | 6 | 11. | 02:29:12 | 07:27 | Warning | 10214 |
| | | | | | 00:35:15 (21) | 01:12:02 (23) | 01:50:00 | | 02:29:12 | | | |
| 30. | 830 | Zawadzki Krzysztof | ZIELONA GORA | NW CZŁAPSKI TEAM | 1956 | M55+ | 6 | 19. | 02:29:20 | 07:28 | | 4782 |
| | | | | | 00:36:35 (30) | 01:13:22 (30) | 01:50:49 | | 02:29:20 | | | |
| 31. | 843 | Posikata Joanna | Kalinowice Zamość | | 1978 | K45 | 7 | 12. | 02:30:01 | 07:30 | 1xPGC | 5165 |
| | | | | | 00:35:42 (26) | 01:12:19 (27) | 01:50:43 | | 02:30:01 | | | |
| 32. | 844 | Lejkowska Mirela | Gowino | Polipack Team GWE | 1982 | K16 | 3 | 13. | 02:30:56 | 07:32 | | 2958 |
| | | | | | 00:36:51 (32) | 01:14:33 (33) | 01:52:59 | | 02:30:56 | | | |
| 33. | 803 | Czekalak Anna | Stare Krasnodęby | AleGazele NW | 1984 | K16 | 4 | 14. | 02:31:52 | 07:35 | | 9699 |
| | | | | | 00:37:39 (34) | 01:15:31 (34) | 01:53:45 | | 02:31:52 | | | |
| 34. | 837 | Madaj Robert | Witobel | STĘSZEW TEAM | 1970 | M45 | 8 | 20. | 02:33:40 | 07:41 | Warning | 8061 |
| | | | | | 00:36:34 (29) | 01:14:04 (32) | 01:53:28 | | 02:33:40 | | | |
| 35. | 814 | Domagalska Monika | Stęszew | STĘSZEW TEAM | 1984 | K16 | 5 | 15. | 02:36:38 | 07:49 | | 10570 |
| | | | | | 00:37:57 (37) | 01:17:01 (37) | 01:56:48 | | 02:36:38 | | | |
| 36. | 827 | Musiał Ola | Częstochowa | Nordic Team Częstochowa | 1982 | K16 | 6 | 16. | 02:38:35 | 07:55 | | 6060 |
| | | | | | 00:37:57 (36) | 01:16:54 (36) | 01:58:19 | | 02:38:35 | | | |
| 37. | 823 | JÓŹWIAK MARIANNA | Włocławek | SERCE NORDICA WŁOCŁAWEK | 1973 | K45 | 8 | 17. | 02:38:36 | 07:55 | | 670 |
| | | | | | 00:37:41 (35) | 01:16:30 (35) | 01:57:06 | | 02:38:36 | | | |
| 38. | 841 | Falkowska Beata | Wiry | UKS GIMNAZJON Suchy Las | 1965 | K55+ | 4 | 18. | 02:38:48 | 07:56 | | 2034 |
| | | | | | 00:38:22 (38) | 01:17:47 (38) | 01:59:05 | | 02:38:48 | | | |



| Msc | Nr | Nazwisko, imię | Miejscowość | Klub | Rok | Kat | Msc | Msc | Wynik | Tempo | Kara | ID |
|------|-------|-----------------------|------------------|---------------------------|---------------|---------------|----------|----------|-----------------|--------|-----------|-------|
| open | start | | | | 1km | 6km | 11km | 16km | | min/km | min | |
| | | | | | ur | | | kat | M/K | | | |
| 39. | 836 | Cegielska Beata | Konin | Triton Konin | 1972 | K45 | 9 | 19. | 02:39:05 | 07:57 | | 9408 |
| | | | | | 00:38:59 (40) | 01:18:50 (40) | 01:58:43 | 02:39:05 | | | | |
| 40. | 839 | Stelmach Piotr | Wrocław | STELMACH TEAM | 1973 | M45 | 9 | 21. | 02:41:03 | 08:03 | 3xWarning | 15387 |
| | | | | | 00:38:26 (39) | 01:18:32 (39) | 01:59:53 | 02:41:03 | | | | |
| 41. | 829 | Tarkowska Karolina | Dobra | AleGazele NW | 1985 | K16 | 7 | 20. | 02:44:33 | 08:13 | | 8688 |
| | | | | | 00:39:24 (42) | 01:20:13 (41) | 02:01:54 | 02:44:33 | | | | |
| 42. | 838 | Krzyżaniak Małgorzata | Lusówko | UKS GIMNAZJON Suchy Las | 1955 | K55+ | 5 | 21. | 02:48:13 | 08:24 | Warning | 6857 |
| | | | | | 00:39:13 (41) | 01:20:56 (42) | 02:03:40 | 02:48:13 | | | | |
| 43. | 806 | Czekalak Konrad | Stare Krasnodęby | AleGazele NW | 1977 | M45 | 10 | 22. | 02:52:30 | 08:37 | | 10700 |
| | | | | | 00:41:38 (44) | 01:23:39 (44) | 02:06:58 | 02:52:30 | | | | |
| 44. | 802 | Walot Joanna | Łódź | WŁÓCZYKIJE Nordic Walking | 1984 | K16 | 8 | 22. | 02:55:26 | 08:46 | Warning | 3919 |
| | | | | | 00:39:43 (43) | 01:21:41 (43) | 02:05:44 | 02:55:26 | | | | |
| 45. | 805 | Kostrzewa Elżbieta | Warszawa | | 1970 | K45 | 10 | 23. | 02:57:58 | 08:53 | | 9169 |
| | | | | | 00:42:35 (45) | 01:26:16 (45) | 02:12:01 | 02:57:58 | | | | |
| 46. | 831 | TabachkovaKostetska | Koziegłowy | | 1980 | K16 | 9 | 24. | 03:02:21 | 09:07 | | 13279 |
| | | | | | 00:42:36 (46) | 01:26:30 (46) | 02:13:02 | 03:02:21 | | | | |

Liczba zawodników: 46

