

# Mistrzostw Świata Nordic Walking Bełchatów 2024 NW 5 km



## Wyniki OPEN 5 km NW Bełchatów 2024-08-24-2024-08-25

| Msc open | Nr start | Nazwisko, imię       | Miejscowość           | Klub                                       | Rok ur | Kat | Msc kat | Msc M/K | Msc NPS | Wynik netto | Tempo min/km | Kara min      |  |
|----------|----------|----------------------|-----------------------|--|--------|-----|---------|---------|---------|-------------|--------------|---------------|--|
| 1.       | 6        | Romero Delgado Pedro | AZAGRA                |  | 1988   | M30 | 1.      | 1.      |         | 00:28:55    | 05:47        | 2xWarning(YC) |  |
| 2.       | 10       | Witucki Jacek        | Poznań                | K.S. Victoria Potęgowo                     | 1971   | M50 | 1.      | 2.      |         | 00:29:42    | 05:56        |               |  |
| 3.       | 17       | Rosak Marcin         | Zielona Góra          | K.S. Victoria Potęgowo                     | 1977   | M40 | 1.      | 3.      |         | 00:30:09    | 06:01        | Warning       |  |
| 4.       | 18       | Szamotołski Henryk   | Trzebiatów            |  | 1977   | M40 | 2.      | 4.      |         | 00:30:17    | 06:03        |               |  |
| 5.       | 4        | Zdanowicz Arkadiusz  | Stanisławów           | K.S. Victoria Potęgowo                     | 1978   | M40 | 3.      | 5.      |         | 00:30:20    | 06:04        |               |  |
| 6.       | 19       | Stępak Piotr         | Tarnów                | K.S. Victoria Potęgowo                     | 1994   | M30 | 2.      | 6.      |         | 00:30:23    | 06:04        |               |  |
| 7.       | 1        | Stiller Karol        | Borowiec              | Polipack Team GWE                          | 1984   | M40 | 4.      | 7.      |         | 00:30:23    | 06:04        | 2xWarning(YC) |  |
| 8.       | 21       | Wetoszka Piotr       | Biała Podlaska        | K.S. Victoria Potęgowo                     | 1986   | M30 | 3.      | 8.      |         | 00:30:28    | 06:05        |               |  |
| 9.       | 5        | Ordzwojały Piotr     | Osielec               | SKL SUCHA BESKIDZKA                        | 1967   | M50 | 2.      | 9.      |         | 00:30:41    | 06:08        | Warning       |  |
| 10.      | 8        | Szewczykowski Adrian | Częstochowa           | Nordic Team Częstochowa                    | 1985   | M30 | 4.      | 10.     |         | 00:30:49    | 06:09        |               |  |
| 11.      | 801      | stanecki maciej      | Skierniewice          |  | 2003   | M18 |         | 11.     | kat.IV  | 1.          | 00:31:12     | 06:14         |  |
| 12.      | 59       | Mielecka Agnieszka   | Gąsawa                | Polipack Team GWE                          | 1969   | K50 | 1.      | 1.      |         | 00:31:13    | 06:14        |               |  |
| 13.      | 66       | Sosnowska Agnieszka  | Przyrów               | KS Victoria potęgowo                       | 1986   | K30 | 1.      | 2.      |         | 00:31:24    | 06:16        |               |  |
| 14.      | 7        | Tomczyk Jakub        | Huta Komorowska       | Klub Nordic Walking Hucieńskie Włóczy Kije | 2005   | M18 | 1.      | 12.     |         | 00:31:33    | 06:18        | Warning       |  |
| 15.      | 12       | Grodzki Ireneusz     | Gorzów Wlkp           | MIASTO GORZÓW WLKP.                        | 1972   | M50 | 3.      | 13.     |         | 00:31:39    | 06:19        |               |  |
| 16.      | 2        | Kowalak Robert       | Kostrzyn Wielkopolski | Walka Kostrzyn                             | 1984   | M40 | 5.      | 14.     |         | 00:31:44    | 06:20        |               |  |
| 17.      | 14       | Wojtasiński Daniel   | Częstochowa           | Nordic Team Częstochowa                    | 1978   | M40 | 6.      | 15.     |         | 00:31:58    | 06:23        |               |  |
| 18.      | 13       | Kulynych Mykola      | ?????                 | Karpatiya Nordic Walking Team              | 1961   | M60 | 1.      | 16.     |         | 00:32:03    | 06:24        | Warning       |  |
| 19.      | 11       | Filipiak Przemek     | Police                | Ekspedycja Nordic Team Szczecin            | 1981   | M40 | 7.      | 17.     |         | 00:32:09    | 06:25        |               |  |
| 20.      | 25       | Ludwiczak Dariusz    | Szczecin              | Ekspedycja Nordic Team Szczecin            | 1970   | M50 | 4.      | 18.     |         | 00:32:17    | 06:27        |               |  |
| 21.      | 27       | Rożynek Miron        | Wrocław               | NW CZŁAPSKI TEAM                           | 1963   | M60 | 2.      | 19.     |         | 00:32:22    | 06:28        | 3xWarning     |  |
| 22.      | 9        | Męczyński Sylwester  | Misie                 |  | 1979   | M40 | 8.      | 20.     |         | 00:32:24    | 06:28        | 2xWarning(YC) |  |
| 23.      | 16       | Cyrus Bogdan         | Strzebiń              |  | 1970   | M50 | 5.      | 21.     |         | 00:32:25    | 06:29        | 3xWarning     |  |
| 24.      | 61       | Karpienia Ewa        | Szczecin              | K.S. Victoria Potęgowo                     | 1969   | K50 | 2.      | 3.      |         | 00:32:37    | 06:31        |               |  |
| 25.      | 802      | Pytlak Artur         | Knurów                | Rawimex                                    | 1971   | M50 |         | 22.     | kat.I   | 1.          | 00:32:46     | 06:33         |  |
| 26.      | 24       | Człapski Krzysztof   | Warszawa              | NW CZŁAPSKI TEAM                           | 1963   | M60 | 3.      | 23.     |         | 00:32:49    | 06:33        | Warning       |  |
| 27.      | 22       | Oliinyk Iryna        | Lviv                  | Karpatiya Nordic Walking Team              | 1985   | K30 | 2.      | 4.      |         | 00:32:54    | 06:34        | Warning       |  |
| 28.      | 46       | Dąbrowska Magdalena  | Szczecin              | Ekspedycja Nordic Team Szczecin            | 1978   | K40 | 1.      | 5.      |         | 00:33:01    | 06:36        |               |  |
| 29.      | 804      | Celiński Tomasz      | Otwock                | TUPTUŚ Otwock                              | 1968   | M50 |         | 24.     | kat.I   | 2.          | 00:33:03     | 06:36         |  |



| Msc open | Nr start | Nazwisko, imię      | Miejscowość                         | Klub                            | Rok ur | Kat  | Msc kat | Msc M/K | Msc NPS | Wynik netto     | Tempo min/km    | Kara min     |
|----------|----------|---------------------|-------------------------------------|---------------------------------|--------|------|---------|---------|---------|-----------------|-----------------|--------------|
| 30.      | 53       | Radzimski Karol     | Szczecin                            | Nordic Walking Kiekrz Poland    | 1954   | M70  | 1.      | 25.     |         | <b>00:33:03</b> | 06:36           |              |
| 31.      | 56       | LUDWICZAK Andżelika | Szczecin                            | Ekspedycja Nordic Team Szczecin | 1977   | K40  | 2.      | 6.      |         | <b>00:33:07</b> | 06:37           |              |
| 32.      | 44       | Haczyńska Izabela   | Gorzów Wielkopolski                 | MIASTO GORZÓW WLKP.             | 1984   | K40  | 3.      | 7.      |         | <b>00:33:08</b> | 06:37           | Warning      |
| 33.      | 57       | Motyl Anna          | Bełchatów                           | KS NW Bełchatów                 | 1968   | K50  | 3.      | 8.      |         | <b>00:33:11</b> | 06:38           |              |
| 34.      | 803      | Toporek Rafał       | Przodkowo                           | Polipack Team GWE               | 1977   | M40  |         | 26.     | kat.IV  | 2.              | <b>00:33:15</b> | 06:39        |
| 35.      | 48       | Zimnicka Lidia      | Kraków                              |                                 | 1980   | K40  | 4.      | 9.      |         | <b>00:33:25</b> | 06:41           |              |
| 36.      | 85       | Franczak Małgorzata | Warszawa                            | K.S. Victoria Potęgowo          | 2002   | K18  | 1.      | 10.     |         | <b>00:33:28</b> | 06:41           |              |
| 37.      | 808      | Janusik Krzysztof   | Częstochowa                         | Stowarzyszenie CROSS            | 1967   | M50  |         | 27.     | kat.II  | 1.              | <b>00:33:35</b> | 06:43        |
| 38.      | 23       | Zalisko Oksana      | Lviv                                | Karpatiya Nordic Walking Team   | 1956   | K65  | 1.      | 11.     |         | <b>00:33:36</b> | 06:43           |              |
| 39.      | 38       | Gudz-Kiciński Piotr | Przemyśl                            | SPRING Horyniec-Zdroj           | 1971   | M50  | 6.      | 28.     |         | <b>00:33:45</b> | 06:45           | 3xWarning    |
| 40.      | 28       | Kędzia Henryk       | Tarnobrzeg                          | KS Esteka                       | 1959   | M65  | 1.      | 29.     |         | <b>00:33:45</b> | 06:45           | Warning      |
| 41.      | 810      | Rosinski Michal     | Motherwell                          | Scotland Nordic Walking         | 1985   | M30  |         | 30.     | kat.IV  | 3.              | <b>00:33:47</b> | 06:45        |
| 42.      | 32       | Kubiszyn Tadeusz    | Lubaczów                            | SPRING Horyniec-Zdroj           | 1961   | M60  | 4.      | 31.     |         | <b>00:33:52</b> | 06:46           | 3xWarning    |
| 43.      | 40       | Kop Wiesław         | Piła                                | KS NORDIC WALKING PIŁA          | 1963   | M60  | 5.      | 32.     |         | <b>00:33:57</b> | 06:47           | 2xWarning(YC |
| 44.      | 26       | Jagiela Paweł       | Biała Podlaska                      | x-kom                           | 1991   | M30  | 5.      | 33.     |         | <b>00:33:58</b> | 06:47           |              |
| 45.      | 30       | Ragozina Tetiana    | Kremenchuk                          |                                 | 1964   | K60  | 1.      | 12.     |         | <b>00:34:06</b> | 06:49           | Yellow Card  |
| 46.      | 51       | Pasierb Marek       | Rzeszów                             | K.S. Victoria Potęgowo          | 1954   | M70  | 2.      | 34.     |         | <b>00:34:09</b> | 06:49           | Warning      |
| 47.      | 20       | Gajewski Eugeniusz  | Gorzów Wielkopolski                 | MIASTO GORZÓW WLKP.             | 1957   | M65  | 2.      | 35.     |         | <b>00:34:15</b> | 06:51           | 2xWarning(YC |
| 48.      | 15       | Mariconda Domenico  | Relays World Cup 2024 Tirano, Italy | Nordic Walking Valtellina       | 1961   | M60  | 6.      | 36.     |         | <b>00:34:15</b> | 06:51           | 3xWarning    |
| 49.      | 31       | Gudzio Maciej       | Czerwonak                           | Nordic Walking Kiekrz Poland    | 1966   | M50  | 7.      | 37.     |         | <b>00:34:22</b> | 06:52           |              |
| 50.      | 33       | Tobolík Jan         | Přerov                              | Nordic Walking Přerov           | 1978   | M40  | 9.      | 38.     |         | <b>00:34:22</b> | 06:52           | Warning      |
| 51.      | 60       | Tuzimek Agata       | Kurów                               | Kur-team                        | 1984   | K40  | 5.      | 13.     |         | <b>00:34:24</b> | 06:52           | Warning      |
| 52.      | 807      | Rubel Ruslan        | Kyiv                                | Guide Walker                    | 1969   | M50  |         | 39.     | kat.II  | 2.              | <b>00:34:25</b> | 06:53        |
| 53.      | 58       | Żuchowski Mateusz   | Biedrusko                           | UKS GIMNAZJON Suchy Las         | 2008   | M10  | 1.      | 40.     |         | <b>00:34:31</b> | 06:54           |              |
| 54.      | 78       | Maślanka Iwona      | Śmigiel                             | NORDIC SPORT 2021               | 1971   | K50  | 4.      | 14.     |         | <b>00:34:35</b> | 06:55           |              |
| 55.      | 805      | Strabel Wojciech    | Śrem                                | Nordic Walking - Śrem           | 1955   | M60+ |         | 41.     | kat.I   | 3.              | <b>00:34:39</b> | 06:55        |
| 56.      | 62       | Dembska Aleksandra  | Bełchatów                           | KS NW Bełchatów                 | 1991   | K30  | 3.      | 15.     |         | <b>00:34:43</b> | 06:56           | 3xPGC        |
| 57.      | 812      | Meger Paweł         | Graniczna Wieś                      |                                 | 1982   | M40  |         | 42.     | kat.I   | 4.              | <b>00:34:45</b> | 06:57        |
| 58.      | 815      | GAWIN ANDRZEJ       | CZĘSTOCHOWA                         | Stowarzyszenie CROSS            | 1985   | M30  |         | 43.     | kat.III | 1.              | <b>00:34:48</b> | 06:57        |
| 59.      | 29       | SPYCHAŁA Lesław     | Gościcino                           | Polipack Team GWE               | 1966   | M50  | 8.      | 44.     |         | <b>00:34:49</b> | 06:57           |              |
| 60.      | 43       | Odolińska Agnieszka | Ostróda                             |                                 | 1972   | K50  | 5.      | 16.     |         | <b>00:34:52</b> | 06:58           |              |
| 61.      | 811      | Abel Karol          | Kalisz                              | CARLOS KALISZ                   | 1964   | M60+ |         | 45.     | kat.I   | 5.              | <b>00:34:56</b> | 06:59        |



| Msc open | Nr start | Nazwisko, imię         | Miejscowość                          | Klub                                       | Rok ur | Kat  | Msc kat | Msc M/K | Msc NPS    | Wynik netto     | Tempo min/km | Kara min     |
|----------|----------|------------------------|--------------------------------------|--|--------|------|---------|---------|------------|-----------------|--------------|--------------|
| 62.      | 55       | Winiarski Hieronim     | Janków Zalesny                       | Nordic Walking Krotoszyn                   | 1974   | M50  | 9.      | 46.     |            | <b>00:34:58</b> | 06:59        | 2xWarning(YC |
| 63.      | 64       | Venturini Serena Maria | Relays World Cup 2024 Tirano, Italy  | Nordic Walking Valtellina                  | 1964   | K60  | 2.      | 17.     |            | <b>00:35:02</b> | 07:00        | Warning      |
| 64.      | 35       | Krakowski Jerzy Piotr  | Mielec                               | PTG Sokół 1893 Mielec                      | 1963   | M60  | 7.      | 47.     |            | <b>00:35:09</b> | 07:01        |              |
| 65.      | 809      | Duszeńko Zygmunt       | Lubin                                |  | 1962   | M60+ |         | 48.     | kat.I 6.   | <b>00:35:10</b> | 07:02        |              |
| 66.      | 83       | Juhásová Dáša          | Štrba                                | go-noow                                    | 2010   | K10  | 1.      | 18.     |            | <b>00:35:15</b> | 07:03        | Warning      |
| 67.      | 52       | Olczyk Andrzej         | Bełchatów                            | KS NW Bełchatów                            | 1976   | M40  | 10.     | 49.     |            | <b>00:35:15</b> | 07:03        | Warning      |
| 68.      | 168      | Marczak Tomasz         | Aleksandria I                        | K.S. Victoria Potęgowo                     | 1998   | M18  | 2.      | 50.     |            | <b>00:35:17</b> | 07:03        |              |
| 69.      | 75       | Franuszkiewicz Kacper  | Huta Komorowska                      | Klub Nordic Walking Hucieńskie Włóczy Kije | 2010   | M10  | 2.      | 51.     |            | <b>00:35:19</b> | 07:03        |              |
| 70.      | 47       | Kalicińska Agnieszka   | Bełchatów                            | KS NW Bełchatów                            | 1980   | K40  | 6.      | 19.     |            | <b>00:35:25</b> | 07:05        |              |
| 71.      | 42       | Mieczysław Sondel      | Swietochłowice                       |  | 1957   | M65  | 3.      | 52.     |            | <b>00:35:25</b> | 07:05        | Yellow Card  |
| 72.      | 817      | Zawadzki Krzysztof     | ZIELONA GORA                         | NW CZŁAPSKI TEAM                           | 1956   | M60+ |         | 53.     | kat.IV 4.  | <b>00:35:31</b> | 07:06        |              |
| 73.      | 39       | Michalski Andrzej      | Zmiennica                            | Polipack Team GWE                          | 1959   | M65  | 4.      | 54.     |            | <b>00:35:31</b> | 07:06        |              |
| 74.      | 72       | Polak Marcel           | Wrocław                              | Oborygeni                                  | 2010   | M10  | 3.      | 55.     |            | <b>00:35:32</b> | 07:06        | Warning      |
| 75.      | 67       | Horáčková Jaroslava    | Vrbčany                              | Nordic walking Kutná Hora                  | 1972   | K50  | 6.      | 20.     |            | <b>00:35:34</b> | 07:06        |              |
| 76.      | 69       | Męczyński Mikołaj      | Misie                                |  | 2005   | M18  | 3.      | 56.     |            | <b>00:35:34</b> | 07:06        |              |
| 77.      | 49       | Wiśniewski Mariusz     | Łyse                                 | NW CZŁAPSKI TEAM                           | 1970   | M50  | 10.     | 57.     |            | <b>00:35:37</b> | 07:07        | Warning      |
| 78.      | 54       | Hryciuk Teresa         | Biała Podlaska                       | K.S. Victoria Potęgowo                     | 1962   | K60  | 3.      | 21.     |            | <b>00:35:45</b> | 07:09        | Yellow Card  |
| 79.      | 813      | Skwirut Jerzy          | Rymanów                              |  | 1961   | M60+ |         | 58.     | kat.III 2. | <b>00:35:48</b> | 07:09        |              |
| 80.      | 806      | kacperski jarosław     | Międzzychód                          |  | 1965   | M50  |         | 59.     | kat.I 7.   | <b>00:35:50</b> | 07:10        |              |
| 81.      | 814      | Czekryszew Andrzej     | Włocławek                            | SERCE NORDICA WŁOCLAWEK                    | 1964   | M60+ |         | 60.     | kat.IV 5.  | <b>00:35:52</b> | 07:10        |              |
| 82.      | 152      | Lachnik Hubert         | Opole                                | NORDIC SPORT 2021                          | 1950   | M70  | 3.      | 61.     |            | <b>00:35:53</b> | 07:10        |              |
| 83.      | 65       | Brygala Agata          | Gdańsk                               | ESJA TEAM                                  | 1999   | K18  | 2.      | 22.     |            | <b>00:35:57</b> | 07:11        | Warning      |
| 84.      | 816      | Kaciotys Mieczysław    | Zawidów                              | ONWF                                       | 1957   | M60+ |         | 62.     | kat.III 3. | <b>00:35:59</b> | 07:11        |              |
| 85.      | 90       | Adamczyk Adam          | Warszawa                             | K.S. Victoria Potęgowo                     | 1949   | M75  | 1.      | 63.     |            | <b>00:36:01</b> | 07:12        |              |
| 86.      | 170      | Hryciuk Waldemar       | Potęgowo                             | K.S. Victoria Potęgowo                     | 1958   | M65  | 5.      | 64.     |            | <b>00:36:02</b> | 07:12        |              |
| 87.      | 76       | Kowacz Agata           | Wałbrzych                            | NORDIC SPORT 2021                          | 1982   | K40  | 7.      | 23.     |            | <b>00:36:06</b> | 07:13        |              |
| 88.      | 63       | Szumska Małgorzata     | Relays PGE World Cup 2023 Bełchatów, | KS NW Bełchatów                            | 1981   | K40  | 8.      | 24.     |            | <b>00:36:07</b> | 07:13        |              |
| 89.      | 850      | Dobrowolski Dariusz    | Jedlińsk                             | Stowarzyszenie CROSS                       | 1968   | M50  |         | 65.     | kat.II 3.  | <b>00:36:11</b> | 07:14        |              |
| 90.      | 70       | Olczyk Jolanta         | Bełchatów                            | KS NW Bełchatów                            | 1976   | K40  | 9.      | 25.     |            | <b>00:36:27</b> | 07:17        |              |
| 91.      | 50       | Stanisławski Jan       | Poznan                               | Nordic Walking Kiekrz Poland               | 1958   | M65  | 6.      | 66.     |            | <b>00:36:33</b> | 07:18        |              |
| 92.      | 74       | Sieracka Katarzyna     | Leszno                               | Nordic Walking Kiekrz Poland               | 1963   | K60  | 4.      | 26.     |            | <b>00:36:33</b> | 07:18        | Warning      |
| 93.      | 80       | Wiśniewski Julian      | Łyse                                 | NW CZŁAPSKI TEAM                           | 2010   | M10  | 4.      | 67.     |            | <b>00:36:33</b> | 07:18        | Warning      |



| Msc open | Nr start | Nazwisko, imię          | Miejscowość    | Klub                                   | Rok ur | Kat  | Msc kat | Msc M/K | Msc NPS    | Wynik netto     | Tempo min/km | Kara min      |
|----------|----------|-------------------------|----------------|--|--------|------|---------|---------|------------|-----------------|--------------|---------------|
| 94.      | 79       | Cyrulewska Małgorzata   | Glinnik        |  | 1971   | K50  | 7.      | 27.     |            | <b>00:36:37</b> | 07:19        |               |
| 95.      | 81       | Nazarova Tetiana        | Pokrovsk       |  | 1974   | K50  | 8.      | 28.     |            | <b>00:36:37</b> | 07:19        |               |
| 96.      | 89       | Pál Enikő               | Debrecen       | Nordic Walking Debrecen Sportegyesület | 1970   | K50  | 9.      | 29.     |            | <b>00:36:38</b> | 07:19        |               |
| 97.      | 77       | Kozłowska Ewa           | Warszawa       | ESJA TEAM                              | 2011   | K10  | 2.      | 30.     |            | <b>00:36:44</b> | 07:20        | 2xWarning(YC) |
| 98.      | 34       | Stryczyński Piotr       | Gdynia         | Włóczykije Gdynia                      | 1970   | M50  | 11.     | 68.     |            | <b>00:36:46</b> | 07:21        |               |
| 99.      | 86       | Rykała Irena            | Lubaczów       | SPRING Horyniec-Zdroj                  | 1980   | K40  | 10.     | 31.     |            | <b>00:36:49</b> | 07:21        |               |
| 100.     | 95       | Kubiszyn Wiesława       | Lubaczów       | SPRING Horyniec-Zdroj                  | 1969   | K50  | 10.     | 32.     |            | <b>00:36:51</b> | 07:22        |               |
| 101.     | 84       | Kowalczyk Tadeusz       | Kraków         | NORDIC SPORT 2021                      | 1954   | M70  | 4.      | 69.     |            | <b>00:36:54</b> | 07:22        |               |
| 102.     | 71       | Sztylka Katarzyna       | Warszawa       | NW CZŁAPSKI TEAM                       | 1980   | K40  | 11.     | 33.     |            | <b>00:36:58</b> | 07:23        | Warning       |
| 103.     | 822      | Serówka Lidia           | PIŁA           | KS NORDIC WALKING PIŁA                 | 1972   | K50  |         | 34.     | kat.I 1.   | <b>00:37:02</b> | 07:24        |               |
| 104.     | 73       | Pompa Urszula           | Bełchatów      | KS NW Bełchatów                        | 1987   | K30  | 4.      | 35.     |            | <b>00:37:04</b> | 07:24        | Warning       |
| 105.     | 820      | Mystkowski Leszek       | Warszawa       | Stowarzyszenie CROSS                   | 1956   | M60+ |         | 70.     | kat.III 4. | <b>00:37:10</b> | 07:26        |               |
| 106.     | 818      | SYPIEŃ TADEUSZ          | WROCLAW        | Stowarzyszenie CROSS                   | 1969   | M50  |         | 71.     | kat.III 5. | <b>00:37:12</b> | 07:26        |               |
| 107.     | 93       | Krawczyk Dorota         | Piła           | KS NORDIC WALKING PIŁA                 | 1958   | K65  | 2.      | 36.     |            | <b>00:37:12</b> | 07:26        | Warning       |
| 108.     | 88       | Zapalska-Czarny Iwona   | Horyniec-Zdrój | SPRING Horyniec-Zdroj                  | 1973   | K50  | 11.     | 37.     |            | <b>00:37:15</b> | 07:27        |               |
| 109.     | 825      | Zajac Joanna            | Lubaczów       | SPRING Horyniec-Zdroj                  | 1975   | K40  |         | 38.     | kat.I 2.   | <b>00:37:16</b> | 07:27        |               |
| 110.     | 41       | Zabłocki Karol          | Warszawa       |  | 1986   | M30  | 6.      | 72.     |            | <b>00:37:17</b> | 07:27        |               |
| 111.     | 91       | Kułakowska Halina       | OLKUSZ         | DRUŻYNA SMA                            | 1976   | K40  | 12.     | 39.     |            | <b>00:37:21</b> | 07:28        |               |
| 112.     | 169      | Wroński Włod            | Potęgowo       | K.s. Victoria Potęgowo                 | 1952   | M70  | 5.      | 73.     |            | <b>00:37:30</b> | 07:30        |               |
| 113.     | 94       | Styga Krystyna          | Kolbuszowa     | KS NW Bełchatów                        | 1962   | K60  | 5.      | 40.     |            | <b>00:37:32</b> | 07:30        |               |
| 114.     | 102      | Napierała Bogusław      | Bełchatów      | KS NW Bełchatów                        | 1946   | M75  | 2.      | 74.     |            | <b>00:37:32</b> | 07:30        |               |
| 115.     | 821      | Thiel Marysia           | Śmigiel        | Marsz Po Zdrowie                       | 1974   | K50  |         | 41.     | kat.IV 1.  | <b>00:37:43</b> | 07:32        |               |
| 116.     | 96       | Rusinowicz Andrzej      | Piła           | KS NORDIC WALKING PIŁA                 | 1944   | M80+ | 1.      | 75.     |            | <b>00:37:43</b> | 07:32        |               |
| 117.     | 98       | Bystra Mariia           | Kyiv           |  | 1977   | K40  | 13.     | 42.     |            | <b>00:37:47</b> | 07:33        | Warning       |
| 118.     | 106      | Jurczyk Anna            | Przęsocin      | Ekspedycja Nordic Team Szczecin        | 1987   | K30  | 5.      | 43.     |            | <b>00:37:50</b> | 07:34        |               |
| 119.     | 823      | Didenko Olexii          | Kyiv           | Guide Walker                           | 2000   | M18  |         | 76.     | kat.III 6. | <b>00:37:58</b> | 07:35        |               |
| 120.     | 99       | Vasilenko Olena         | Brovary        |  | 1979   | K40  | 14.     | 44.     |            | <b>00:38:06</b> | 07:37        | 3xWarning     |
| 121.     | 92       | Rokicka-Hebel Magdalena | Sopot          | ESJA TEAM                              | 1975   | K40  | 15.     | 45.     |            | <b>00:38:07</b> | 07:37        | Warning       |
| 122.     | 101      | Tomczyk Edward          | Poznań         | Marsz Po Zdrowie                       | 1948   | M75  | 3.      | 77.     |            | <b>00:38:16</b> | 07:39        | 3xWarning     |
| 123.     | 114      | Gawłowska Teresa        | Bełchatów      | KS NW Bełchatów                        | 1961   | K60  | 6.      | 46.     |            | <b>00:38:22</b> | 07:40        |               |
| 124.     | 104      | Łagodzińska Paulina     | Bełchawów      | KS NW Bełchatów                        | 1986   | K30  | 6.      | 47.     |            | <b>00:38:23</b> | 07:40        |               |
| 125.     | 103      | Bachanek Katarzyna      | Toruń          | Toruń - Idziemy bez Ryzyka             | 1964   | K60  | 7.      | 48.     |            | <b>00:38:27</b> | 07:41        |               |



| Msc open | Nr start | Nazwisko, imię        | Miejscowość          | Klub                                       | Rok ur | Kat  | Msc kat | Msc M/K | Msc NPS | Wynik netto     | Tempo min/km    | Kara min      |  |
|----------|----------|-----------------------|----------------------|--|--------|------|---------|---------|---------|-----------------|-----------------|---------------|--|
| 126.     | 82       | Sapula Dawid          | Wilkołaz             | K.S. Victoria Potęgowo                     | 2011   | M10  | 5.      | 78.     |         | <b>00:38:28</b> | 07:41           |               |  |
| 127.     | 117      | Ziegler Barbara       | Lipno                |  | 1952   | K70  | 1.      | 49.     |         | <b>00:38:38</b> | 07:43           |               |  |
| 128.     | 116      | Kuczyńska Anna        | Oborniki             | NORDIC TEAM OBORNIKI                       | 1961   | K60  | 8.      | 50.     |         | <b>00:38:40</b> | 07:44           |               |  |
| 129.     | 118      | Witucka Karolina      | Poznań, Jeżyce       | K.S. Victoria Potęgowo                     | 2008   | K10  | 3.      | 51.     |         | <b>00:38:40</b> | 07:44           | Warning       |  |
| 130.     | 115      | Canobbio Franca       | Villa di tirano      | Nordic Walking Valtellina                  | 1968   | K50  | 12.     | 52.     |         | <b>00:38:42</b> | 07:44           |               |  |
| 131.     | 111      | Szadkowska Małgorzata | Bełchatów            | Bolące Piszczele Bełchatów                 | 1979   | K40  | 16.     | 53.     |         | <b>00:38:42</b> | 07:44           |               |  |
| 132.     | 109      | Wróbel Anna           | Bukowiec             | LZS/CBL Justynów                           | 1975   | K40  | 17.     | 54.     |         | <b>00:38:44</b> | 07:44           |               |  |
| 133.     | 824      | Ostapchuk Yuliia      | Kyiv                 | Guide Walker                               | 1972   | K50  |         | 55.     | kat.III | 1.              | <b>00:38:46</b> | 07:45         |  |
| 134.     | 105      | Gelmuda Sabina        | Warszawa             | NW CZŁAPSKI TEAM                           | 1988   | K30  | 7.      | 56.     |         | <b>00:38:52</b> | 07:46           | 1xPGC         |  |
| 135.     | 830      | Pietrzyk Anna         | Kalisz Pomorski      | KaliszAnka                                 | 1967   | K50  |         | 57.     | kat.I   | 3.              | <b>00:38:55</b> | 07:47         |  |
| 136.     | 113      | Ostrowska Anna        | Bełchatów            | KS NW Bełchatów                            | 1987   | K30  | 8.      | 58.     |         | <b>00:39:07</b> | 07:49           |               |  |
| 137.     | 829      | Witczuk Aleksandra    | Siedlce              | KS NW Bełchatów                            | 1982   | K40  |         | 59.     | kat.IV  | 2.              | <b>00:39:07</b> | 07:49         |  |
| 138.     | 119      | Daroszewska Krystyna  | Włocławek            | SERCE NORDICA WŁOCLAWEK                    | 1958   | K65  | 3.      | 60.     |         | <b>00:39:08</b> | 07:49           |               |  |
| 139.     | 120      | Katona Viera          | Košice               | Košická Walkerka                           | 1959   | K65  | 4.      | 61.     |         | <b>00:39:13</b> | 07:50           | Warning       |  |
| 140.     | 126      | Reszka Barbara        | Skierniewice         | Kijowa Ekipa                               | 2007   | K10  | 4.      | 62.     |         | <b>00:39:26</b> | 07:53           | 1xPGC         |  |
| 141.     | 108      | Vasylenko Amina       | Brovary              |  | 2006   | K18  | 3.      | 63.     |         | <b>00:39:45</b> | 07:57           | 4xWarning(2Y) |  |
| 142.     | 826      | Morczyńska Milena     | Grudziądz            | Tuptusie Grudziądz                         | 1990   | K30  |         | 64.     | kat.I   | 4.              | <b>00:39:47</b> | 07:57         |  |
| 143.     | 123      | Rybałtowski Paweł     | OBORNIKI ŚLĄSKIE     | Oborygeni                                  | 1944   | M80+ | 2.      | 79.     |         | <b>00:39:48</b> | 07:57           | Warning       |  |
| 144.     | 97       | Neumann Kamila        | Gdynia               | Włóczykije Gdynia                          | 1983   | K40  | 18.     | 65.     |         | <b>00:39:55</b> | 07:59           | Warning       |  |
| 145.     | 112      | Tomczyk Dorota        | Huta Komorowska      | Klub Nordic Walking Hucieńskie Włóczy Kije | 1973   | K50  | 13.     | 66.     |         | <b>00:39:57</b> | 07:59           | Yellow Card   |  |
| 146.     | 37       | Madejski Roman        | Poznań               | ROXKIJE ROKIETNICA                         | 1952   | M70  | 6.      | 80.     |         | <b>00:39:58</b> | 07:59           | 2xWarning(YC) |  |
| 147.     | 107      | Szewczyk Ewa          | Bełchatów            | KS NW Bełchatów                            | 1973   | K50  | 14.     | 67.     |         | <b>00:40:11</b> | 08:02           | 2xPGC         |  |
| 148.     | 828      | Młynarczyk-Jasińska   | Konstantynów Łódzki  | ZAWSZE MŁODZI NORDIC WALKING               | 1978   | K40  |         | 68.     | kat.IV  | 3.              | <b>00:40:17</b> | 08:03         |  |
| 149.     | 831      | Pochwat Ewa           | Częstochowa          | Stowarzyszenie CROSS                       | 1989   | K30  |         | 69.     | kat.III | 2.              | <b>00:40:20</b> | 08:04         |  |
| 150.     | 87       | Kaczmarek Maja        | Wejherowo            | Włóczykije Gdynia                          | 1980   | K40  | 19.     | 70.     |         | <b>00:40:21</b> | 08:04           | 1xPGC         |  |
| 151.     | 128      | Mader-Wnęk Ewa        | Kłodzko              | KGHM METRACO POLKOWICE                     | 1957   | K65  | 5.      | 71.     |         | <b>00:40:27</b> | 08:05           |               |  |
| 152.     | 121      | GRYGOROWICZ BOGDAN    | Lubin                |  | 1949   | M75  | 4.      | 81.     |         | <b>00:40:43</b> | 08:08           | Warning       |  |
| 153.     | 124      | Tylak Magda           | Żychlin              | Klub Biegacza Wartko                       | 1999   | K18  | 4.      | 72.     |         | <b>00:40:52</b> | 08:10           |               |  |
| 154.     | 834      | Kalisiak Justyna      | Piotrków Trybunalski | POKIKKOWANI Nordic Walking Piotrków        | 1995   | K18  |         | 73.     | kat.I   | 5.              | <b>00:40:52</b> | 08:10         |  |
| 155.     | 833      | Towarnicka Izabela    | Gdynia               | Polipack Team GWE                          | 1972   | K50  |         | 74.     | kat.IV  | 4.              | <b>00:40:53</b> | 08:10         |  |
| 156.     | 125      | Stefanek Anna         | Bełchatów            | KS NW Bełchatów                            | 2013   | K10  | 5.      | 75.     |         | <b>00:41:07</b> | 08:13           | YC+Warning    |  |
| 157.     | 127      | Świerczyński Marcin   | Bełchatów            | KS NW Bełchatów                            | 1940   | M80+ | 3.      | 82.     |         | <b>00:41:12</b> | 08:14           |               |  |



| Msc open | Nr start | Nazwisko, imię        | Miejscowość         | Klub                         | Rok ur | Kat  | Msc kat | Msc M/K | Msc NPS | Wynik netto     | Tempo min/km    | Kara min    |               |
|----------|----------|-----------------------|---------------------|------------------------------|--------|------|---------|---------|---------|-----------------|-----------------|-------------|---------------|
| 158.     | 129      | Thomalla Bogdan       | Zabrze              | NORDIC SPORT 2021            | 1942   | M80+ | 4.      | 83.     |         | <b>00:41:39</b> | 08:19           | Yellow Card |               |
| 159.     | 832      | STACH TERESA          | OLSZTYN             | Stowarzyszenie CROSS         | 1969   | K50  |         | 76.     | kat.II  | 1.              | <b>00:41:42</b> | 08:20       |               |
| 160.     | 849      | Ossowski Piotr        | Wrocławek           | Stowarzyszenie CROSS         | 1964   | M60  |         | 84.     | kat.II  | 4.              | <b>00:41:54</b> | 08:22       |               |
| 161.     | 837      | Płachciak Anna        | Słupsk              | Stowarzyszenie CROSS         | 1968   | K50  |         | 77.     | kat.III | 3.              | <b>00:42:11</b> | 08:26       |               |
| 162.     | 835      | Tazbir Małgorzata     | Piekary Śląskie     | Stowarzyszenie CROSS         | 1973   | K50  |         | 78.     | kat.III | 4.              | <b>00:42:32</b> | 08:30       |               |
| 163.     | 151      | Chabanova Viktoriia   | ODESSA              | LET'S GO ?? ODESSA           | 1968   | K50  | 15.     | 79.     |         |                 | <b>00:43:06</b> | 08:37       |               |
| 164.     | 130      | HU CHUN-LIEN          | Taoyuan             | Go Go Taiwan                 | 1954   | K70  | 2.      | 80.     |         |                 | <b>00:43:21</b> | 08:40       | 2W(YC)+2YC    |
| 165.     | 131      | Raczynska Aleksandra  | Chorzów             |                              | 1938   | K80+ | 1.      | 81.     |         |                 | <b>00:43:53</b> | 08:46       |               |
| 166.     | 134      | Angielczyk Małgorzata | Poznań              | Marsz Po Zdrowie             | 1951   | K70  | 3.      | 82.     |         |                 | <b>00:43:54</b> | 08:46       |               |
| 167.     | 135      | Purzyńska Barbara     | Bełchatów           | KS NW Bełchatów              | 1953   | K70  | 4.      | 83.     |         |                 | <b>00:44:42</b> | 08:56       | Warning       |
| 168.     | 142      | Sejmicka Gabriela     | Łódź                |                              | 2015   | K1   | 1.      | 84.     |         |                 | <b>00:44:44</b> | 08:56       |               |
| 169.     | 838      | Zielińska Iwona       | Kłodzko             | Stowarzyszenie CROSS         | 1957   | K60+ |         | 85.     | kat.III | 5.              | <b>00:44:48</b> | 08:57       |               |
| 170.     | 132      | Błądek Jolanta        | Łódź                | ZAWSZE MŁODZI NORDIC WALKING | 1944   | K80+ | 2.      | 86.     |         |                 | <b>00:45:41</b> | 09:08       |               |
| 171.     | 137      | Husiatyńska Janina    | Horyniec-Zdrój      | SPRING Horyniec-Zdroj        | 1953   | K70  | 5.      | 87.     |         |                 | <b>00:45:52</b> | 09:10       | 2xYellow Card |
| 172.     | 133      | Błądek Witold         | Łódź                | ZAWSZE MŁODZI NORDIC WALKING | 1944   | M80+ | 5.      | 85.     |         |                 | <b>00:46:07</b> | 09:13       | YC+Warning    |
| 173.     | 136      | Jankowska Danuta      | Olsztyn             |                              | 1948   | K75  | 1.      | 88.     |         |                 | <b>00:46:17</b> | 09:15       | Warning       |
| 174.     | 139      | Smirnova Hanna        | Krivoy Rog          | UNWC "KR OK" UNWF            | 1949   | K75  | 2.      | 89.     |         |                 | <b>00:46:29</b> | 09:17       |               |
| 175.     | 140      | Golanowska Bogumiła   | Bełchatów           | KS NW Bełchatów              | 1947   | K75  | 3.      | 90.     |         |                 | <b>00:46:32</b> | 09:18       |               |
| 176.     | 827      | Hanus Joanna          | Krosno              | Pasjonanci Krosno            | 1986   | K30  |         | 91.     | kat.IV  | 5.              | <b>00:46:33</b> | 09:18       |               |
| 177.     | 841      | Bosek Ewa             | Bydgoszcz           | Stowarzyszenie CROSS         | 1982   | K40  |         | 92.     | kat.II  | 2.              | <b>00:46:52</b> | 09:22       |               |
| 178.     | 146      | Ostrowski Tomasz      | Bełchatów           | KS NW Bełchatów              | 2015   | M1   | 1.      | 86.     |         |                 | <b>00:47:17</b> | 09:27       |               |
| 179.     | 144      | Szulc Blanka          | Poznań              | Marsz Po Zdrowie             | 2016   | K1   | 2.      | 93.     |         |                 | <b>00:47:36</b> | 09:31       |               |
| 180.     | 836      | Macek Zbigniew        | Bielsko-Biała       | Stowarzyszenie CROSS         | 1953   | M60+ |         | 87.     | kat.II  | 5.              | <b>00:47:57</b> | 09:35       |               |
| 181.     | 839      | Albin Kamila          | Warszawa            |                              | 1986   | K30  |         | 94.     | kat.II  | 3.              | <b>00:48:28</b> | 09:41       |               |
| 182.     | 141      | Perego Maria Rita     | tirano (so)         | Nordic Walking Valtellina    | 1947   | K75  | 4.      | 95.     |         |                 | <b>00:48:53</b> | 09:46       |               |
| 183.     | 143      | Pompa Hania           | Bełchatów           | KS NW Bełchatów              | 2017   | K1   | 3.      | 96.     |         |                 | <b>00:49:32</b> | 09:54       | 1xPGC         |
| 184.     | 145      | Ostrowska Katarzyna   | Bełchatów           | KS NW Bełchatów              | 2017   | K1   | 4.      | 97.     |         |                 | <b>00:51:08</b> | 10:13       |               |
| 185.     | 148      | Czekalak Mikołaj      | Stare Krasnodęby    | AleGazele NW                 | 2017   | M1   | 2.      | 88.     |         |                 | <b>00:54:03</b> | 10:48       |               |
| 186.     | 147      | Tarkowski Tymoteusz   | Dobra               | AleGazele NW                 | 2017   | M1   | 3.      | 89.     |         |                 | <b>00:54:36</b> | 10:55       |               |
| 187.     | 150      | Szulc Oskar           | Poznań              | Marsz Po Zdrowie             | 2018   | M1   | 4.      | 90.     |         |                 | <b>00:55:24</b> | 11:04       |               |
| 188.     | 149      | Zemła Miłosz          | Międzyrzec Podlaski | CIAP CIAP ZEMŁA TEAM         | 2019   | M1   | 5.      | 91.     |         |                 | <b>01:12:57</b> | 14:35       |               |



| Msc<br>open | Nr<br>start | Nazwisko, imię | Miejscowość | Klub | Rok<br>ur | Kat | Msc<br>kat | Msc<br>M/K | Msc<br>NPS | Wynik<br>netto | Tempo<br>min/km | Kara<br>min |
|-------------|-------------|----------------|-------------|------|-----------|-----|------------|------------|------------|----------------|-----------------|-------------|
|-------------|-------------|----------------|-------------|------|-----------|-----|------------|------------|------------|----------------|-----------------|-------------|

Liczba zawodników: 188

